How were you as a student?

S Sood, (V D) AIS Gur 46

wife, Georgie Willis, in New South Wales. Opening left-handed batsman, is also known for his

Food for Thought

Distributed across: AIS Noida/Saket/Pushp Vihar/Vaishali/Delhi/Visakhapatnam/Blake

To make our future bright!

Let’s wake up and fight

Piles of rubbish lie everywhere.

Pollution has become an mighty scare.

Its time we wake up and take care.

No clean air to breathe

ware!

Pollution, pollution everywhere.

A Christmas present. I first started playing with my

a professional cricketer. I spent most of my after-

S N K-A-T-I-C-H’—to which he smiled and

my cricket as of now.

Endangered Future

Simon Katich, a professional cricketer born on August 21, 1975 in Middle Swan, Western

Australia has been nicknamed ‘Stifler’, on August 21, 1975 in Middle Swan, Western

AIS - 46, Gurgaon

Oorja Yadav, V

AIS Gur 46

I haven’t thought too much about what the future holds after cricket. I have a commerce degree so I

Ritchards. I loved his batting style and especially the way he attacked the bowlers and hit lots of sixes and fours.

Can you describe your emotions on the first day when you played for Australia? Which was your most memorable innings in your career?

It was a very emotional day with lots of nervous energy. I was very excited to be playing my first game for Australia as it had been my boyhood dream. My favourite innings was batting with Steve Waugh against India at the Sydney Cricket Ground in January 2004. I scored my first test century and it was also Steve Waugh’s last game for Australia.

How do you feel being compared to Michael Bevan?

Michael was a very talented cricketer, so it’s always nice to be compared to a great player.

What are your hobbies?

In my spare time, I like to watch Australian Rules Football, go for movies and swim at the beach.

Cooking is also one of my favourite hobbies. In fact, I am one of the contestants in MasterChef Australia.

You are at the pinnacle of your cricket career. But apart from cricket, do you have any other dreams to fulfill?

I haven’t thought too much about what the future holds after cricket. I have a commerce degree so I might like to work in business. I just want to enjoy my cricket as of now.

Simon Katich

Helping Hands

How to be a super此人

Dhawan, VIII, AIS Gur 46

Good student. My favourite subject was Mathematics. I loved learning about numbers and also enjoyed Biology classes.

Did you always dream to become a cricketer?

Yes, from a young age it was my dream to become a professional cricketer. I spent most of my after-

How were you as a student?

Life and Times of the Differently Abled

Hands Helping Hands Helping Hands

Special education, physiotherapists and vocational trainers are employed by the ashram to make the in-

They are abandoned individuals, with most of severely mentally challenged. Each child is pro-

Run by the Catholic Church under the guidance of Brother Jean Marie, the residential insti-

Deep faith

Mute vibrations

The Shravan Vaani Viklang Vinghna Karyalay Kendra is a school for deaf and dumb children. The Principal inspired by her son who despite being deaf and dumb overcame his disability and is today employed with one of the reputed multinational companies shares proudly, “My son drives his own car, supports his family and is a role model for many.”

Speaking about her students, she pointed out that being deaf prevents children from learning how to speak. For children who are stone deaf, no hearing aid can help so they are taught decoding skin vibrations to interpret sounds. Speech is taught by lip reading, picture reading and sign language. A well equipped lan-

guage lab is available for the chil-

The Chandanlal School for the Blind is home to 120 visually handicapped children from all cor-

ners of India. The loss of one sense, keenly develops other senses in the children to the extent that the students play cricket using ‘sound’ balls! During their long interaction with Amityians, the children expressed their ambition to become teachers and share the knowledge they have. They feel happy to live in the school as they do not feel lonely, different or inferior here. The school has employed several blind teachers and provides deserving children voca-

tional training and an opportunity to study further. A well equipped laboratory, a well stocked library and dedicated care providers, cre-

ates a wonderful environment for the children. As Kavita and Arti, say, “We have everything, but if we want anything, we just ask for it, and we get it!”

The Principal, however, expresses her dissatisfaction at the students not getting the marks they deserve in the Board exams. “During ex-

aminations my students are provid-

ed with writers who are usually one year junior. These children often do not have patience and fin-

ish the papers in a hurry and the res-

ult of our children goes down!”

Endangered Future

Endangered Future

Endangered Future

Endangered Future
Arunachal Pradesh and Maharashtra. Recently, the legislative assembly elections were held in the states of Haryana, India. We are all equal and are equally responsible for carrying out our duties as citizens of India. Currently, the government of India is at the forefront of democracy. Nobody rules over us; instead, we are governed by ourselves. What does the abovementioned signify? Are all of us too lazy to participate wholeheartedly in the democratic process? What has not been done and can we do about the corrupt system that does nothing to help the poor apart from making false promises? Do the people who complain so much, take part in voting to choose leaders whom they think are honest, and can help the country? The youth are struggling to make a difference in our governmental system. They are the people who can strive to create a future for India that we can be proud of. We may not be of voting age but those among us who are concerned about the future of our country can help by persuading elders who have not voted, to go and vote.

All these questions have answers and the suggestions are practical and easy to implement. However, for a positive outcome, we will have to strive hard and hope for the best.

The Race for the Cheapest Car

Chirag Agrawal
AIS Gur 46

Tata Nano created such a big hope in the world of cars that the newspapers had the headline, “Common man can also afford a car.” Tata’s magic spread all over India. But the race for the cheapest car is on. Bajaj, Renault and Nissan are planning to make the cheapest car that would have better mileage than 20 km per litre and will cost less than 1 lakh. India would be the primary market for the car. Volkswagen has also introduced its cheapest car ever—UP! This would be tagged at 3 lakhs. However, these cars are threat for the motor bike industry.

3. 2. 1. BLAST OFF! Atlantis!!!

Charu Aggarwal
AIS Gur 46

STS-129 (ISS assembly flight ULF3) is the current Space Shuttle mission to the International Space Station (ISS), flown by Space Shuttle Atlantis. It was a proud moment for NASA when the Atlantis STS-129 was launched into space on 16 November 2009 at 2:28 PM E.T. and will include minimum three space walks. The space craft was launched from Kennedy Space Center in Cape Canaveral, Florida. The space shuttle has seven members on board which include a pilot (Barry E. Wilmore), a commander (Charles O. Hobaugh) and 5 mission specialists (Leland D. Melvin, Randolph Bresnik, Michael Foreman, Robert Satcher, Nicole Stott).
Know Your Food-GM Crops

“Genetically modified crops -a Boon or a Curse”- an everlasting debate. Know more about Genetically Modified Crops

Unnamsra Bharati, class XI.
AIS-46, Gurgaon

What are GM Crops?
GM crops are genetically modified crops. These new varieties have many desired characteristics in them. Resistance to disease or pests, GM varieties of corn, cotton, tomato and rice have been developed.

What is the governing committee for GM products?
OECD is Genetic Engineering Approval Committee. It is the committee which decides whether a particular GM crop is safe enough to be in the market. It conducts various tests before the approval of the crop. Recently, it has suggested Indian farmers to grow Bt brinjal and has certified that it would not be either detrimental to the environment or human health.

What is Bt brinjal?
It is a new brinjal variety which is to be in the Indian markets soon. It is created by injecting a gene called cryIAC from a soil bacterium, Bacillus thuringiensis. It appears to have 15% less calories and different alkaloid content compared to non-GM brinjal. It contains 16-17 mg/kg Bt insecticide toxin. It is expected to enhance production without much use of insecticides.

How is Bt useful to us?
Bt crops have insecticidal properties in them. When an insect attacks the crop, the insecticidal toxins interfere with the normal functioning of the insect, thereby killing it. So, the use of insecticides can be reduced. This will enhance large scale production.Use of genetically modified crops in India opens the door to other GM crops including rice, wheat, soy, and sugar. Theoretically, Bt brinjal cultivation should lead to a reduced use of pesticides and vegetable wastage.

Does Bt have any ill effects?
Test results show that the blood clotting time for goats fed on Bt crops increased, their liver cells got damaged. GM fed rats had diarrhea. This shows it probably is not good for human consumption. So, long term tests for tumors or cancers have been conducted so far.

What is its impact on the environment?
There are no assurances that growing Bt brinjal will be safe for the environment. The tests conducted lack information on the indirect effect it can have on the food chain as a whole particularly with regard to other species (mostly to wild type crops) and the possibility of GM contamination of neighbouring brinjal crops. It is acceptable to all?
The dispute is most intense in Europe, where public concern about GM food is higher than in any other part of the world. There are many anti-GM groups who would favor a GM free India. Over 70,000 Indians have signed the “I love the Lab Rat” anti GM protest. They feel agri-culture should receive holistic treatment and not the pecuniary introduction of highly toxic inputs. It gives the example of Bt cotton farmers who are dealing with newer pests and diseases.

How would you know whether a food item is genetically modified or not?
In most countries where these are commercially available, it is mandatory to mention it on the packaging.
Biodiversity and its conservation

Angad Singh, VIII, AIS Gur 46

Biodiversity is the variety of life forms within an ecosystem. The biodiversity found on earth consists of many distinct biological species. Biologists must often define biodiversity as the total number of species and ecosystems in a region. 

Human benefits: Biodiversity supports a number of natural ecosystems. Some ecosystem services that benefit our society are air quality, water purification, pollination, prevention of erosion, regulating the chemistry of our atmosphere, water supply, recycling of nutrients and providing fertile soil.

Rate of loss of species: The rate of species extinction is difficult to estimate, but it has been estimated that species are now being lost at a rate approximately 100 times as fast as typical in the geological record, or perhaps as high as 10,000 times as fast. To feed such a large population, more land is being transformed from wilderness with wildlife into agricultural, mining, and electronic circuits.

Cons: Bulky as compared to the other mobiles that would work to make phone software easier to work with. Pros: 5MP camera, Digital compass, Dedicated search key, scenes quick picture switch, etc.

Cons: No flash, despite having a 5 MP camera. Price: Rs 3,100.00

Average Ratings: ***

Game on! For one’s free time, gaming consoles like Nintendo Wii, X Boxes, Sony Playstations are available at a reasonable price. The latest console to the PlayStation 3 Slim priced at Rs 25,000 approx, having features like Dolby 5.1ch, unique sounds, 256 MB RAM and a 20-60 GB hard disk.

Average Ratings: Framed. Digital photo frames have replaced albums. Now we can watch all the pictures on a small screen fixed in a very small memory card. Digital frames are available for prices starting Rs. 5000, and they come in all sizes.

Average Ratings: ****

Video gaggles: These videos, gaggles are also available eliminating dependency on televisions to watch favourite TV shows and movies. Do you know these gaggles and enjoy them?

Average Ratings: ****

Pod nano (5th Generation): Pros: Video camera, FM radio, voice record, built-in speaker, and a larger 2.2-inch screen.

Cons: The nano camera can’t shoot photos of HD quality. Storage capacities remain stuck at 8GB and 16GB.

Average Ratings: ***
The Green Fashionista

Eco-fashion trends are fast catching up with the fashion enthusiasts everywhere, be it in accessories, cosmetics or dress

Swati Kamra, XII
AIS Gur-46

The best way to condemn hazardous fashion wear is not to arrange a rally which will about allegorical anti-inorganic and pro-organic slogans and carrying out placards while marching. Simply condemning such products is too simplistic. Going green is not just about awareness; it’s about waking up from inaction and apathy. One, should simply stop buying all those products which are made using synthetic and unhealthy materials.

Green fashion: To feel about green fashion wear, one doesn’t have to explore alien planets. Almost all designers, have introduced at least one corner of their fashion house to organic clothing. So one can go to fashion apparel store of companies like Lavasa, Saffron Souje and Veggie that specially display green fashion wear. It is being promoted by a number of famous designers such as Oscar de la Renta and Proenza Schoulter.

Levi’s Strauss too has slipped into this arena. The basic material used for eco-friendly clothing is organic cotton, bamboo, corn, hemp, vegetable dyes and recycled fibres.

IN: Aate bag/Slipper/dresser
Accessory well: Go for natural clothes. Going green has extended to fashion accessories as well. Designers are all geared up to provide you with stuff which will help you go all green. Zen boutique—a designer label from Japan specializes in eco-friendly jewellery.

A designer belt, scar made of eco-friendly materials, a pair of eco-friendly shoes covering your feet along with eco-friendly clothes can make any person a brand ambassador of green fashion apparel.

IN: Kitten lab earrings, Terracotta and Aate earrings.
Skin friendly: Eco-friendly fashion is gentle on the skin, too. That’s not all. All those fashion conscious people who feel that eco-friendly clothing may not be stylish enough again. In this age, eco-friendly labels have taken over the world of renewable, energy-conscious fashionists allowing them to look good and feel good, too.

So go out there and take a good fashionist. Walk out with flane, oonu oonu and take environmental consciousness to the world with aplomb and panache.

IN: Green run

Lakshya & Amabhasht, VII, AIS Gur-46

Music has been with mankind since very early days. The ancient Indian scriptures state that when Lord Brahma created the universe, he also created music to enrich and embellish the lives of beings on this earth.

Nature has created mankind and also many other creatures on this earth. The seven musical notes have their origin from the cry of animals. Among these seven notes the note ‘Sa’ is from the cry of a peacock, ‘Re’ is from the bird chatak, ‘Ga’ from a goat, ‘Ma’ from a crow, ‘Pa’ from a cuckoo, ‘Dha’ from a frog and ‘Ne’ from that of an elephant. In this manner, nature has a strong impact on music.

Every aspect of music is related to the lives of human beings. A housewife sings a particular type of songs while doing household chores. Similarly songs of festivals like Holi, Teej, songs of birth of a child, marriages, songs of seed- sowing and harvest sung by field-laborers give rise to the Indian Folk Music.

Music has an effect on the human mind and body. It is known to have cured ailments and diseases. Noted musician Pandit Omkar Nath Thakur, used the power of music to cure infamous dictator Benito Mussolini of insomnia (a sleep disorder). The healing powers of music are now being widely recognized and practiced by medical practitioners to treat many disabilities in hospitals.

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IN: Rhythm

Lakshya & Amabhasht, VII, AIS Gur-46

IN: Comfy

Lakshya & Amabhasht, VII, AIS Gur-46

Myntra

IN: Authentic Trends

Poonja Sushita, XL, AIS Gur-46

Within the past few years, art in jewellery has become an established fact. The fashion trends today seem to be a redefining all parameters, experimenting with the old and new, setting new trends for all.

Let’s take a look at the new fashion trends that are here to stay.

Ageless Fashion: What was worn in the days of the Pharaohs is made to seem modern. It is acknowledged that it is this facile dexterity in combining past and present, the ability to cull suggestions from other era, and endow them with the personal touch of today—and tomorrow—that has given designers their supremacy in dictating modern fashions.

Fashion Fusion: Fashion repeats itself, that’s for sure, and fashion industry has embraced decade dressing as the trend.

Nehru coat and Khadi kurtas continue to remain a fashion statement at all elite gatherings.

Fashion Fusion: Fashion repeats itself, that’s for sure, and fashion industry has embraced decade dressing as the trend.

Ancient Greece was the birthplace of several types of fashion jewellery which are worn today such as cameo fashioned by greek jewellers.

Jewel mine: There has been a special craze for jewellery in every age irrespective of gender, religion, age, culture and fashion. No matter how traditional or modern a person is, the choice of jewell-ery makes him create his own fashion statement.

Body jewellery in particular is drawing significant attention of youngsters and exotic jewellery has the ability to make heads turn around.

Style-meter: Fashion trends and fashion sense are two different types of style, the fashion gurus live and breathe to distinguish the difference and judge lifestyles by that. This is why fashion is one of the billion industries of the world that is doing phenomenally well.

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Coming up with the Global Times issue has been an exciting journey for the students. Global Times has given our children a chance to experiment, to stretch beyond their comfort zones, to express themselves within the society. What the school seeks to do is to sensitise the school ‘able’ to 'at-risk' child or the child in need of support and sensitivity, a special school with customized teaching methods where learners with disabilities co-exist in sharing the burden, provides the answer. And we celebrate it everyday.

**Holistic Education**

"It is no longer the aptitude but the attitude that will determine the altitude attained in life under continuous comprehensive evaluation" - Ojasvi Khare

Education is a continuous process and development and growth occur in hand in hand. Holistic education is the need of the hour. We at Amity believe in comprehensive evaluation (CCE) which is not confined to academic results but it is a comprehensive and holistic approach to teaching and learning. CCE enables us to cover all the learning experience of the learner in both scholastic and co-scholastic areas. The individual perceptions of CCE are different but the motto is one, holistic development of the scholar. Under the dynamic leadership of our Chairperson, Dr. Ramakrishna Paramhansa, Amity is already following the CCE guidelines over the last decade. We always believe in maintaining a fine balance of academics, co-curricular activities and holistic development of a child’s personality.

As members of various prestigious clubs, we are inculcating the values which are so dear to us - learning, helping and building the future generation of the country. We at Amity are proud of all the achievements of our students.

**Discipline**

Discipline is the ability to force yourself to do something you know you should do, whether you like it or not. Discipline must be developed in order to succeed. The following quote describes the term ‘discipline’ more efficiently: “Discipline is the soul of an army. It makes small individual successes cumulative to the greatest success of all, victory to the weak, and esteem to all.”

The above quote by George Washington demonstrates the importance of discipline in our lives. Habits cultivated at a young age are generally permanent, and influence conduct throughout the life. Discipline should be inculcated in life at the earliest stage. The youth of the country or society are the leaders of tomorrow. It is imperative that the youth be taught discipline because an irresponsible generation will emerge when each citizen builds their character. We cannot prepare the future for our grandchildren. Discipline as a habit will prepare him/her for the future. This is where caring parents, teachers and caring teachers are most essential. Discipline is the very life force that we breathe in. It is the basic principle which makes a child a valuable member of society by imparting discipline.

Being a student, I know reading newspapers can be boring at times but this is not the case with The Global Times. I feel connected to my generation as I read articles written by my peers in The Global Times and I actually relate to them. Every column of The Global Times has a different article expressing its views. I particularly enjoy the columns of this newspaper that is the children whose article appear in the columns of this esteemed newspaper actually feel more confident and realize their strength and talent. It covers almost all the horizons of the school's life. The youth of the country or society are the leaders of tomorrow. It is imperative that the youth be taught discipline because an irresponsible generation will emerge when each citizen builds their character. We cannot prepare the future for our grandchildren. Discipline as a habit will prepare him/her for the future. This is where caring parents, teachers and caring teachers are most essential. Discipline is the very life force that we breathe in. It is the basic principle which makes a child a valuable member of society by imparting discipline.

**Stem cell: an ethical practice**

Srishti Kacker, VIII-AIS Gur46

Stem cells technology promises cure and treatments to a plethora of diseases such as Parkinson’s disease, Schizophrenia, Alzheimer’s, Cancer etc. However, it is faced with certain objections: It is unethical to destroy a blastocyst, which has been formed from laboratory-fertilized human eggs. Even though the human embryo deserves “profound respect”, it does not have the status of a human person.

You must kill the embryo to harvest its stem cells. This creation of ‘human’ subjects solely for the purpose of destructive research is unethical.

Scientists reply that only embryos leftover from IVF and those slated for elective abortions would be used & parental consent. Even the Bioethics Advisory Commission accepted that the government can fund ‘Fetal Tissue Research’, as long as the choice of abortion was independent and not for the sole purpose of research.

Imagine an Autistic person, who is unable to express herself and unable to grasp any external stimulus effectively, even though he has an excellent IQ. How long can such an exceptional mind survive in a vegetable-like body? Does an embryo, bereft of all feelings and identity, scheduled for disposal of mere respect than a conscious and feeling man? I leave you to ponder.

Ramakrishna Paramhansa was one of the greatest religious leaders ever born in India. One day, an old lady came to Ramakrishna Paramhansa with her ten year old grandson.

**Lady:** Master! I have come to seek your advice. My boy is grandmother.

He is very fond of sweets. He eats so much that his health is deteriorating day by day. The doctor has advised him not to eat sweets but this fellow does not pay any heed to their advice. However, he has great respect and adoration for you. So, he will listen to you.

**Ramakrishna Paramhansa:** Mother, don’t worry, come with your grandson after a month. The woman thanked him and took leave of him.

After a month the lady returned with her grandson. Both of them paid salutations to Ramakrishna Paramhansa. The boy sat beside him.

**Ramakrishna Paramhansa:** My dear boy! Remember your grandmother says, “Hey honey, I’m pregnant!”

The boy was elated.

**Ramakrishna Paramhansa:** Mother, I myself eat lots of sweets. How can I advise the boy to do something which I am not doing myself? One has no right to preach to others without practicing it himself.

This month I do not eat sweets. So I have earned the right to preach your grandson.

**Moral:** We should never advise anyone about anything which we ourselves don’t put in practice.

(Source: Chinna Katha D) Contributed by: Chirag Agarwal, VIII-AIS Gur46

GT Debate

Pratibha Vashisht, X-AIS Gur46

O ne of the most controversial debates raging at the moment is the ethics of embryonic stem cell research. The extraction of stem cells involves killing the embryo.

"Is a human embryo, human?" Yes! It has the same DNA as you and me. In fact, any pregnant woman hoping to break the news of her pregnancy to her baby says, "Hey honey, I’m pregnant!" and "Hey honey, I’m pregnant with your zombie!"

Among scientists, there is the desire to relieve the suffering of those who can’t become parents and this reinforces the incredible and immeasurable value of a human life. This makes the use of the human embryo for non-reproductive purposes such as embryonic stem cell research unethical. Only pregnant women can donate their eggs and they are asked to do so for free. The patient who can afford to pay for the eggs can go elsewhere and this is unethical. It is a basic scientific exploration into the potential benefits of killing human beings. Stem cells have sometimes mutated, been rejected by the recipient’s body or produced tumours. The researchers are nowhere near a definite solution to all the diseases this research promises to help.

It is the fact that only government can offer the clear definition of death in human. Stem cell research as far as a family, especially in patients of Parkinson’s and there is no sign of discovery on the horizon. Therefore, we can allow the killing of human cells, when nothing will be obtained from it.

Ramakrishna was one of the greatest religious leaders ever born in India. One day, an old lady came to Ramakrishna Paramhansa with her ten year old grandson.

**Lady:** Master! I have come to seek your advice. My boy is...
Disability is defined by the Americans with Disabilities Act of 1990 as “a physical or mental impairment that substantially limits one or more major life activities. Such impairments may include physical, mental, psychological, sensory, or cognitive or intellectual impairments. Mental disorders (also known as psychiatric or psychosocial disability) and various types of chronic disease may also qualify as disabilities.

The hardest thing to overcome is not a physical disability but the mental condition which it induces. Imagine having to lead a life where doing simple tasks such as climbing stairs or looking at the colors of a rainbow or copying from the class blackboard become intriecate chores. But as Stephen Hawking says, “It is a waste of time to be angry about one’s disability. One has to get on with life and people won’t have time for you if you are always angry or complaining.”

The National Disability Day which is organized every year on 1 December, has immense significance for the disability sector. It is a day to take stock of the achievements of disabled people. It is also a good chance to bring the needs, concerns and rights of persons with disabilities into the national limelight. There are a wide variety of disabilities—developmental, physical, mental, and acquired. Let us become more familiar with some of the most commonly encountered disabilities—

Physical Disabilities

Visual Impairment: Visual impairment is vision loss of a person to such a degree as to qualify as a handicap through a significant limitation of visual capability. This type of disability includes Blindness, Blurred Vision, Cataract and Color Blindness. Hearing Impairment: It is a partial or partial decrease in the ability to detect or understand sounds. It can take the form of hearing loss, Meniere’s Disease, or the inner ear that can affect hearing and balance) or Tinnitus (Ringing in the Ears).

Mobility Impairment: Cerebral Palsy—Cerebral palsy describes a group of permanent disorders of the development of movement and posture, causing activity limitation. Multiple Sclerosis—A chronic disease of the brain and spinal cord characterized by weakness, numbness, a loss of muscular control, and problems with vision, speech and bladder.

Muscular Dystrophy: Muscular dystrophy refers to a group of genetic, hereditary muscle diseases that weaken the muscles that move the human body. There are a few more disabilities listed in this category ranging from Arthritis, Paralysis and Stroke to Parkinson’s Disease.

Mental Disabilities

Alzheimer’s Disease: Alzheimer’s is the most common form of dementia. In the early stages, the most commonly recognized symptom is memory loss, such as difficulty in remembering recently learned facts. Bipolar Disorder is a condition in which people experience abnormally elevated and abnormally depressed states for a period of time in a way that interferes with functioning. Depression: It is a mental state characterized by a pessimistic sense and sad feelings of gloom and inadequacy. Depression is a term that can refer to a wide variety of abnormal variations in an individual’s mood.

OCD (Obsessive Compulsive Disorder): An anxiety disorder marked by the presence of obsessions and compulsions severe enough to interfere with the activities of daily life. Schizophrenia: A group of mental disorders characterized by abnormal thoughts, moods and actions; sufferers have a distorted sense of reality and a split personality.

Developmental Disabilities

Autism is a disorder of neural development that is characterized by impaired social interaction and communication, and by restricted and repetitive behavior. Asperger syndrome: People with Asperger syndrome show significant difficulties in social interaction, along with restricted and repetitive patterns of behavior and interests. Dyslexia is a learning disorder that manifests itself primarily as a difficulty with reading and spelling. ADHD is primarily characterized by the co-existence of attention problems and hyperactivity. The child may also demonstrate disruptive or aggressive behavior and has difficulty in concentrating.

Down Syndrome: An inherited birth defect that results in mental handicap. Down syndrome is associated with some impairment of mental ability and physical growth as well as facial appearance.

Famous people with disabilities

- Thomas Edison: was an American inventor who was deaf but has developed many devices including the phonograph and a long lasting light bulb.
- Stephen Hawking: Professor Stephen Hawking is a well-known example of a person and has lived for more than 40 years with cerebral palsy. The internationally renowned Physicist, has defied time and doctor’s pronouncements that he would not live 2 years beyond his 21 years of age.
- Michael Jackson: He has had over 30 open heart-surgery operations. Individuals with BDD display symptoms similar to those who are diagnosed with OCD (Obsessive Compulsive Disorder).
- I like winters because if there is a power failure, we don’t feel hot. - Bhaskar Dhar, KG 2, AIS Sect-4 Gurgaon

How can you help?

Creating impact and nurturing compassion is not an easy task but like they say, one man is an army in himself. So, if being asked about her views on the problems faced by disabled children, Mrs. Amardua said, “The biggest hurdle is that most people in our country consider a disabled child mad or ‘pugal’. They do not understand that they are just like other children. If you can find a prejudiced mindset needs to be altered if we want disabled people to join the mainstream.” According to her, teaching them is very rewarding as they are very obedient, affectionate and eager to learn. All they need is love, understanding and patience. She wished that other children wouldn’t tease or taunt the mentally challenged and develop sensitivity towards the physically handicapped. She was full of praise for schools that have opened their doors for the handicapped and hopes that other schools too would do so.

Observing the disabled gain motor control

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Visual Impairment: Visual impairment is vision loss of a person to such a degree as to qualify as a handicap through a significant limitation of visual capability. This type of disability includes Blindness, Blurred Vision, Cataract and Color Blindness. Hearing Impairment: It is a partial or partial decrease in the ability to detect or understand sounds. It can take the form of hearing loss, Meniere’s Disease, or the inner ear that can affect hearing and balance) or Tinnitus (Ringing in the Ears).

Mobility Impairment: Cerebral Palsy—Cerebral palsy describes a group of permanent disorders of the development of movement and posture, causing activity limitation. Multiple Sclerosis—A chronic disease of the brain and spinal cord characterized by weakness, numbness, a loss of muscular control, and problems with vision, speech and bladder.

Muscular Dystrophy: Muscular dystrophy refers to a group of genetic, hereditary muscle diseases that weaken the muscles that move the human body. There are a few more disabilities listed in this category ranging from Arthritis, Paralysis and Stroke to Parkinson’s Disease.

Mental Disabilities

Alzheimer’s Disease: Alzheimer’s is the most common form of dementia. In the early stages, the most commonly recognized symptom is memory loss, such as difficulty in remembering recently learned facts. Bipolar Disorder is a condition in which people experience abnormally elevated and abnormally depressed states for a period of time in a way that interferes with functioning. Depression: It is a mental state characterized by a pessimistic sense and sad feelings of gloom and inadequacy. Depression is a term that can refer to a wide variety of abnormal variations in an individual’s mood.

OCD (Obsessive Compulsive Disorder): An anxiety disorder marked by the presence of obsessions and compulsions severe enough to interfere with the activities of daily life. Schizophrenia: A group of mental disorders characterized by abnormal thoughts, moods and actions; sufferers have a distorted sense of reality and a split personality.

Developmental Disabilities

Autism is a disorder of neural development that is characterized by impaired social interaction and communication, and by restricted and repetitive behavior. Asperger syndrome: People with Asperger syndrome show significant difficulties in social interaction, along with restricted and repetitive patterns of behavior and interests. Dyslexia is a learning disorder that manifests itself primarily as a difficulty with reading and spelling. ADHD is primarily characterized by the co-existence of attention problems and hyperactivity. The child may also demonstrate disruptive or aggressive behavior and has difficulty in concentrating.

Down Syndrome: An inherited birth defect that results in mental handicap. Down syndrome is associated with some impairment of mental ability and physical growth as well as facial appearance.

Famous people with disabilities

- Thomas Edison: was an American inventor who was deaf but has developed many devices including the phonograph and a long lasting light bulb.
- Stephen Hawking: Professor Stephen Hawking is a well-known example of a person and has lived for more than 40 years with cerebral palsy. The internationally renowned Physicist, has defied time and doctor’s pronouncements that he would not live 2 years beyond his 21 years of age.
- Michael Jackson: He has had over 30 open heart surgery operations. Individuals with BDD display symptoms similar to those who are diagnosed with OCD (Obsessive Compulsive Disorder).
Beaver Stadium:
Pus of The Pennsylvania State University is located on the campus where children from 48 different countries had participating. This proved to be a golden opportunity for him to learn a lot about golf by observing his fellow competitors. Do you know what is his favourite part of the game? The opportunity to play… he loves that.

Kushal, AIS Gur 46

Prashant Rao, VI A, AIS Gur 46

The groomin:
Dr. Singh decided to nurture his talent under the watchful eye of Mr. Antyra Chaudhry who is currently the number 1 coach in India. Vital traits that Kushal learnt from his father were patience, integrity and emotional control. It took Kushal a great amount of time, patience and dedication to get the hang of this less known and complicated sport. Golf as a game itself, a gentleman's game which is mentally very challenging and sophisticated, is very similar to life and includes obstacles and ups and downs. A golfer needs to stay very focused, calm and honest while playing.

On Winning His First Tournament:

Kushal almost a year to get himself properly acquainted with the game and prepare himself for the national level tournaments. His regular practice, dedication and hard work resulted in his first tournament win in 2007. This boosted his confidence and morale – “Nothing succeeds like success”, according to Aristotle. There had been no looking back after this and he has been winning more tournaments and improving his game with every tournament. His prime break came in 2009 when he was selected for the “TOURNOI” from where children from 48 different countries had participated. This proved to be a golden opportunity for him to learn a lot about golf by observing his fellow competitors. Do you know what is his favourite part of the game? The opportunity to play… he loves that.

Prashant Rao, VI A, AIS Gur 46

Top 5 sports stadiums of the world

A. Beaver. It is the largest stadium in Pennsylvania used for American football matches.

Michigan stadium: (106,201 capacity) This stadium was built in 1927 and has a capacity of 106,201 spectators. It is located at the University of Michigan, USA. It is also called “The Campaign Hall of All Sports” and “the House that Yost built” and is again used for hosting American football matches.

Estadio Azteca: (105,000 capacity) This stadium located in Mexico City. Mexico was built in 1966 with a capacity of 105,000. It usually hosts football matches. It has the distinction of being the only stadium in the world to host 2 FIFA World Cup final matches in 1970 and 1996. It is here that Diego Maradona, Argentina's captain, scored both the “Hand of God goal” and the “Goal of the Century” during Argentina’s world cup triumph.

Compiled by: Dhruv Agarwal VIII A

Siddhant Chandel, VC

M has always liked challenging sports. Sports have a fascination that is hard to resist. They challenge our intelligence and physical fitness and act as a tonic to our ego.

Asit More of IX A, AIS Gur 46
digs out some unusual sports, “River bugging in New Zealand, Elephant Polo, which is played in Nepal and Sri Lanka, and Desert Racing in Rajasthan are some examples of unusual sports. It is believed, “Any game which involves speed and skilled maneuvering is always interesting.”

S Swapak Takrow is a sport native to South East Asia played on bathmat. It is a cross between soccer and volleyball and is also called foot volleyball. A player can play the game using any part of his body except his hands. Prashant Rao of VIII A español. “The game requires terrific reflexes, and the name itself is very interesting” “There is a popular sport in Brazil. It is much like cricket,” informs Marcos Lopes of VIII D. Disc Golf is a game in which individual players throw a flying disc into a basket or at a target. Sushant Baghav of IX C, copus, “Disc golf

Newspaper. It was fun doing the editing. Charvi Aggarwal, VIII C, AIS Gur 46

The Global Times, January 3, 2019

It was a great experience helping the GT team in making a newspaper. It was fun doing the editing, Shreyi Agarwal.
**Sachin Tendulkar**

**An acrostic poem by**

VIII, AIS Gur 46

Sachin is the greatest
A classy player, indeed!
Can mesmerize us with his strokes
Holds the greatest number of records
In the modern era
Never can he be replaced!
Tantalises us with his batting
Enrages the bowlers with his hits
Nearly God or Superman for Indians
Dons the No. 10 shirt and Indian colours with pride
Users an SRH bat
Loves the game of cricket
Kirsten is his coach
A player since 1989
Racing ahead on the path of glory and success!

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**Amazing Facts**

Nitya Choura, V, Daksh Shah V &
Sridhik Kaucker, VIII, AIS Gur 46

- The stonefish which lives off the coast of Australia is the most poisonous fish in the world.
- Octopuses have three hearts.
- Wild turkeys can run at a speed of 25 miles per hour.
- Dogs are colour blind.
- An ostrich is so powerful that a single kick would be fatal to a lion.
- The length from your wrist to your elbow is the same as the length of your foot.
- Your mouth produces 1 litre of saliva a day. Unless food is mixed with saliva you cannot taste it.
- On an average, people can hold their breath for about one minute. The world record is 21 minutes 29 seconds, by David Merlino.
- On an average you speak 5000 words a day — although almost 80% of speaking is self-talk.
- Einstein’s brain was of average size (1373 grams).
- The liver is the largest of the body’s internal organs. The skin is the body’s largest organ.
- Coca-Cola was originally green.
- The strongest muscle in the body is the tongue.
- TYPEWRITER is the longest word that can be typed using the letters only on one row of the keyboard.
- Stewardesses is the longest word typed with only the left-hand.
- The “sixth sick sheikh’s sixth sheep’s sick” is said to be the toughest tongue twister in the English language.
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**Contest: Eye Recognition**

Daksh Shah, Class V, AIS Gur 46

Q - Recognize the name of the celebrity by his/her eyes.

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**Blockbuster Movies Associated With Disability**

Kopal Chandra, VIII-B, AIS Gur 46

CHILDREN OF A LESSER GOD: The movie released in 1986 featured a deaf and dumb actress, Sarah Norman who won an Oscar for her commendable role in the film.

RAIN MAN: This multiple Oscar winner won an Oscar for her commendable role.

TARE ZAMEEN PAR: Released in 2007 was a movie full of the sufferings and frustrations of a dyed-in-the-wool deaf.

PAA: The movie which we all looked forward to features Abhishek Bachchan and Amitabh Bachchan.

---

**Our Country**

Vibh Verma, I F, AIS Gur 46

There are many things Which are good and pretty
A place where you can find It’s my own country
There are many people
Of different states
There are many festivals
Of all seasons, celebrated due to various reasons.
But we love our togetherness
A feeling of brotherhood
And oneness.
There is one thought and idea
Which we can find in our Country India.

---

**Parents**

Deepanjali Yadav, V A, AIS Gur 46

Parents are our guide
They are always by our side.
They teach us what is right
And make our future bright.
Parents teach us moral values.
They deserve our love and salutes.
Parents protect us from pain
Respecting them should be our aim.

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**Short story**

I like winters because I like to eat gajar halwa and drink hot soups.— Gautam, I A, AIS Sect 46 Gurgaon

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**Birds of a feather flock together!**

Dhiru Agarwal, VIII, AIS-46, Gur
Understanding intellectual property rights

Joy Goswami, Licensing Associate in the Office of Technology Transfer at the North Dakota State University, USA educated the Amity University students on “Intellectual Property Rights and its importance to Amity University.” Dr. Joy’s uncomplicated presentation talked of the basics of Intellectual Prop-

Amity Business School Manesar in association with Gurgaon Industrial Association (GIA), Gurgaon Management Association (GMA) Haryana State Productivity Council (HSPC), Gurgaon Chapter NCR Chamber of Commerce and Industry (NCCI) and IMT Industrial Association organized a National Seminar titled “Managing Business In Present Scenario: Lessons from Past, Strategies for Future”. The panelist for the discussion comprised Mr. Ajay Davesar, Head-External Communication, HCL Technologies, Mr. Vinod Anand, Chief Telecom Officer, Huawei Technologies, Mr. PK Rastagi, Vice President J K Tyres, Mr. Vijay Agarwal, Director - Finance & Controller, Coca Cola, Mr. Anil Chopra, Managing Director, Feedback Ventures presided over the event as the chief guest.

Mr. Ashok K. Chauhan, Founder-President, Amity University presided over the event as the chief guest. The event was held at Hotel 32nd Milestone, NH-8, Gurgaon exchanged valuable views on business incidences of the past and the lessons learnt from them. Stimulating discussions on business strategies and the scope of business in the coming years were also held.

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The event began by Dr. Prashant Gupta, Director, Amity Institute of Microbial Technology and Dr. R P Singh- Director, Amity Institute of Nanotechnology enthusiastically discussed the prospects of the success of the exchange of students, researchers and faculty members between the two countries. Special emphasis was given to the exchange of students. The debate participant spoke eloquently on the subject “Do women make better leaders?” The panel of judges then went on to shortlist 9 teams out of 15 which further competed for an on-the-spot round. Similarly, the quiz questions on current affairs were answered creditably by the various teams. However, 3 teams were chosen in the final round. The programme ended with the prize distribution ceremony. While LD Arts College won the first prize, JI College of Commerce bagged the second prize for the quiz competition. The debate competition concluded Xaviers College as the winner and the home team-AGBS finished second.

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Bet-ing) At- It!

Amity Chennai invited Dr. Pradeep Philip IPS, DG (on deputation as Chief Vigilance Officer to the Tamil Nadu Dairy Development Corporation Ltd.). An IPS officer, recipient of the British Queen Award, member of the Indian Prime Minister council for social reforms and the initiator of the concept of “Friends of Police Movement” in Tamil Nadu, Dr. Philip explained an interesting concept of friendship of others while SS marks the social skills required to achieve success. Further, Dr. Philip introduced terms like IQ (intellectual quotient), SQ (spiritual quotient) and EQ (emotional quotient). He established how the three concepts are an important way to achieving success. Besides, he talked of Peer counselling, Meta-cognition, Cognition and Recognition for the development of self-enhancement. In the extremely educative yet engaging seminar, Dr. Philip mentioned “earn to learn”, an idea which co-relates knowledge and income. The idea, he said, thrives on learning continuously in order to earn better. Dr. Philip concluded the seminar by coining the slogan of Be At- It, which, if broken up can be read as Be-At-It, thereby encouraging us to focus on our goals entirely.

The talk was followed by Dr. Philip addressing the issues brought up by students as well as the faculty and research staff members.

Amity Ahmedabad celebrates Ablaze ‘09

The popular event Ablaze organized by Amity University, Ahmedabad witnessed a large number of participants (17 undergraduates colleges with over 68 students). Prominent among them were LD Arts College, JI College of Commerce and Xaviers College. The event began by Dr. Prashant Gupta, Director Amity lighting the lamp and the students chanting the Saraswati Vanthana. The debate (Dwidad) and quiz competitions (Su-Cha?) comprising 15 and 14 teams respectively proved to be great success. The debate participants spoke eloquently on the subject “Do women make better leaders?” The panel of judges then went on to shortlist 9 teams out of 15 which further competed for an on-the-spot round. Similarly, the quiz questions on current affairs were answered creditably by the various teams. However, 3 teams were chosen in the final round. The programme ended with the prize distribution ceremony. While LD Arts College won the first prize, JI College of Commerce bagged the second prize for the quiz competition. The debate competition declared Xaviers College as the winner and the home team-AGBS finished second.

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I like winters because we can see beautiful scenery and I love to run in the fog. - Dev, I C, ABS Sect-46 Gurgaon
Amity International School, Noida: The school celebrated Founder’s Day on November 4, 2009. The school principal Mohina Dar accorded a warm welcome to Dr. Ashok K. Chauhan, Dr. Amita Chauhan, Heads of various institutions and members of the Chauhan family who graced the occasion. Students presented an enthralling cultural programme that included ‘Taal Tarang,’ by the school orchestra, a skit titled, ‘101 Attributes of an Amitian’ and a song by Ms. Manokta’s choir, ‘Aapko Janam Deewa Ho Mubarak. The Hindi and Konkani Debait, Mr. Naushad and Head Boy, Mohammad Qureshi expressed their respect and admiration for Dr. Chauhan who is a true role model for all Amityians and a perennial source of inspiration.

In his address to the audience Dr. Chauhan advised the students to utilize knowledge and make a meaningful contribution to society and to national development. He urged them to have a dream and mission in life in order to change the world.

On this occasion, over 450 prizes were given away to the meritorious students for their brilliant performance in academics and co-curricular activities for the year 2008-09. Two special trophies were awarded to Nikita Khattar and Arshi Khanedwal both of Class XII for their consistent academic excellence. Vice Principal, Reenu Singh proposed the Vote of thanks.

AIS Noida Leadership summit

Sharing international family values

Dr. Chauhan addressed the students and teachers on the topic of leadership. The event highlighted the qualities a leader should possess and further urged the urge for students to become future leaders of India. During the question answer session, the audience was free to question any team on their chosen leaders or throw a general question that was permissible to be answered by the other teams.

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A Star in the Making

Prashant Rao & Bhurag Araval, class VIII A AIS-46, Gurgaon

Many of Amittans have attained great heights... even when they are young.

One such example is Adit Dua, an adorabe student of KG-II, AIS, Gur 46. The “Hungry kya…?” girl is the star of a number of advertisements and has featured in the recent blockbuster, Love Aaj Kal.

Aditi, model turned actress, is just 5 years old. As she goes through the large collection of her ads, one notices that from them, she appears to be older than she actually is. She debuted in the Domino Pizza ad at the age of 3 and has since featured in more than 100 print and media ads for companies like Airtel, Nokia, Tupperware, GM & Co., Fortis, Samsung, Dr. Gold, etc. She has also modelled for the renowned fashion designer Ritu Beri and shared the ramp with Dandeel Safai.

To quote her mother, “As a child, Aditi would come running to me, show me the photographs of Kareena Kapoor, and say ‘Look! It’s me!’” Her role model continues to be Kareena Kapoor.

Aditi owes her success to the guidance of her mom and encouragement by her family. In fact, she claims that her mother is “her energy booster!” She enjoys all the things she does. She likes being pampered and loved on the sets, and is very popular and friendly with her co-stars. She loved spending time with Saif Ali Khan since he treated her with ice-cram! Her most memorable assignment is without doubt, ‘Love Aaj Kal’ with Saif and Deepika Padukone.

She completes her studies with the help of her teachers and is always eager to learn new things. “Aditi is charming and soft spoken. It is a treat to see her dance and enjoy with her friends,” says her class teacher, Ms. Gunneet Kaur.

Aditi aspires to become ‘Miss India’ when she grows up and eventually, an actress.

Jungle-Maia Hurry (ay)!

Prashant Rao, V VIII A AIS Gur 46

Jingles are very ad makers ka man god kar do hai!” This statement is quite applicable in today’s world. Jingles in ads are emerging as a new business! Singers are making songs out of the jingles they sang. Do you remember ‘Dil Tilo’ from Airtel Digital TV? Well, Aatish Adam, who sang it, has decided to make it a full-length title song of his magnificent album! Jingles need not be songs… they can be tunes too! Like Intel’s ‘bum-bum bum bum bum’!

The top jingles for 2008/2009 were:

ARTEL - AR Rahmam playing the soft notes on the piano… it has a mesmerising effect. It has been the top jingle ever since it came into existence.

VODAFONE-HUTCH Every day I want to fly, stay by my side… Vodafone’s jingle captured the hearts of many a human. And with the cute pit, it was simply fantastic… And before Hutch was taken over, the jingle, “You and I, in this beautiful world” was considered to be an all-time hit! INTEL - Perhaps the most famous old jingle, this jingle even got its ad making agency a Cannos award! Sponsors of tomorrow…

NIRMA - The Ahmedabad based detergent giant finally got a revamped jingle with the same old lyrics - Saif ki Parmesh Nirma! CLOSE UP - The song became very famous for its music mixing. Pana aao, Pana aao main…wohoho oh! AIRTDL DIGITAL TV - Atif Aslam’s song about lust love also became a favourite, starring Saif and Kareena. Didi dik! RELIANCE-ADAG It’s the default tune of every reliance cell phone… a huge hit amongst ring tones! CONGRESS: Remember the song from the election days? It was also very well liked due to its wonderful chorus. Aam admi Ke badhte kadam... har kadam par Bharat buland!

BSNL - Deepika Padukone dancing on a boat... with the background music of Hindustan bo ra ha also became a success.

HERO HONDA - This ad was made for the Olympics… featuring the Indian cricket team, Rayavardhhan Singh Rathore and Hrithik Roshan, this ad’s song Dhok Dhak go became immensely popular.

Is the world going to end in 2012? Or is this just one of the wild predictions of scientists?

The making of a newspaper was a great opportunity for us. It is a step towards professionalism. Arpit Singh, VIII B, AIS-46

Prashant Rao & Bhurag Araval, class VIII A AIS-46, Gurgaon

The Global Times, December 1-15, 2009

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