

On-Campus or Local Health And Wellbeing Services (Amity University Kolkata)

Amity University, Kolkata offers a variety of resources to support well-being of its students and staff.

On-campus health services:

We have a health center staffed with medical professionals who can address your immediate healthcare needs, provide confidential counselling, and connect you with specialists if needed.



Mental health services:

The university offers confidential counselling services to help manage stress, anxiety, or any other challenges one might be facing through Amity Institute of Behavioural Health and Allied Sciences, Kolkata.

The Amity Institute of Behavioural Health and Allied Sciences (AIBHASK), established in 2017 offers Clinical Psychology programs accredited with the Rehabilitation Council of India (RCI). AIBHASK got recognition and permission from RCI to offer M. Phil in Clinical Psychology program from the year 2018. This program is the one of three programs mandatory to have license to practise as Clinical Psychologist in India. AIBHASK is among only three institutes in West Bengal, and among less than 50 institutes across India to offer this program. The institute also got permission to offer professional Diploma in Clinical Psychology, another profession program recognized by the RCI, from the year 2023.

Since its inception AIBHAS has been dedicated not only in imparting professional training in clinical psychology; but also, has been active in providing mental health services, and creating awareness regarding mental health among mass.

The institute informally had been catering to mental health needs of the students of AUK since beginning; however, in September 2023 the Centre for Counselling and Psychotherapy was formally

inaugurated by Hon'ble Vice Chancellor Prof. Dr Sanjay Kumar on the occasion of World Suicide prevention day.

This centre provides diagnostic as well as psychotherapeutic services to students, faculty and staff of AUK, as well as general public.

Since September 2023 more than 200 individuals have benefitted from the services of this centre.

The services of the centre are without any charges and interested individuals can register themselves using QR code. Any individual willing to avail the services can scan the CODE to get appointment for services at the centre. The services are not only limited to counselling and therapy, but also offers psycho-diagnostic assessment for persons with disability.



SCAN THE QR CODE FOR REGISTRATION

AIBHASK has regularly conducted community outreach camps to create awareness among young students as well as general public.

The school of Psychology also conducts its own departmental academic fest, PSYNTHESIS. The fest seeks participation from students from AUK as well as outside and the events focus on promoting research and awareness on mental health.

AIBHASK also created awareness pamphlets during COVID 19 and offered telephonic helpline for mental health needs of students. Reports of relevant events are maintained at the institute.