



AMITY BUSINESS SCHOOL

Training for Women Police Constables of 41 Battalion PAC

Amity Business School conducted a two day training program for the newly recruited Women Police Constables of 41 Battalion PAC.

The training program was conducted for a total of 250 Women Constables in total 4 batches of two days each during the period February-April 2026 at the 41 Battalion PAC, Ghaziabad.

The program focused on building essential professional capabilities such as self-awareness, empathetic and assertive communication, time management, resilience, and teamwork—aligned with the values and ethos of the Indian Police. Through interactive sessions, experiential learning, and reflective discussions, participants were equipped with practical tools to enhance both personal effectiveness and service excellence.

The following Faculty members of ABS were involved in the delivery of various sessions:

1. Prof (Dr.) Harminder Kaur Gujral
2. Prof (Dr.) Jaya Yadav
3. Prof (Dr.) Vijit Chaturvedi
4. Prof (Dr.) Puja Sareen
5. Prof (Dr.) Jaideep Kaur

The various sessions of the program are as given below:

DAY 1

Time	Session	Outcome
10:00–10:30 hrs.	Breaking the Ice and Program Overview	Participants were introduced to the Program objectives, pedagogy and outcome.
10:30-11:30 hrs.	Amalgamating the ‘Indian Police’ Values and Ethos in day-to-day behaviour	Participants developed a better and enhanced understanding of the Indian Police Values and Ethos for incorporating the same for a higher level of service to the nation.
11:30-12:45 hrs.	Understanding self	Participants gained deeper self-awareness to align their values, strengths, and goals for personal and professional growth.
12:45-13:30 hrs.	Lunch	
13:30-15:00 hrs.	Assertive and Empathetic Communication	Participants learnt the art of being assertive and at the same time show empathy to all stakeholders.
15:00-16:00 hrs.	Dealing with Difficult Situations and People	Participants were encouraged to think differently, diversely, and effectively to manage the planned as well as the unplanned.
16:00-16:15 hrs.	Discussions & Deliberations (Looking back –To think ahead)	Participants were oriented to develop their own Action Plans for professional excellence. All Trainers

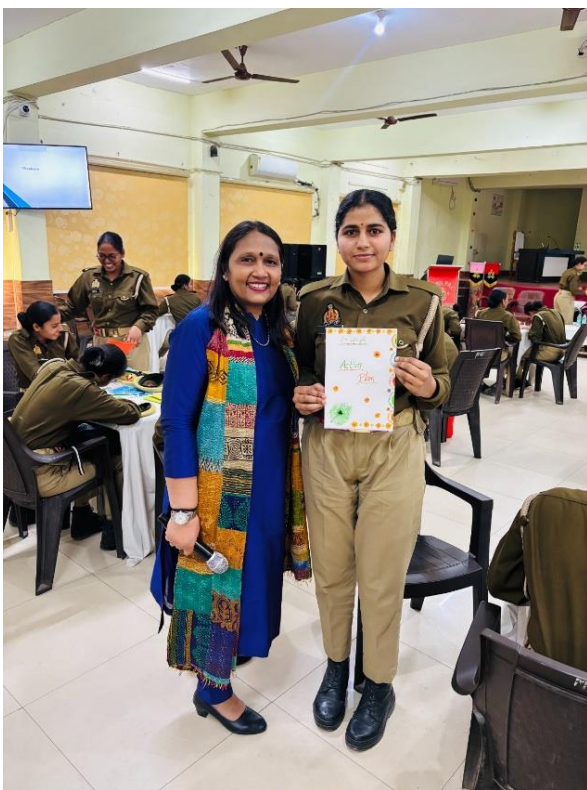
DAY 2

Time	Session	Outcome
10:00-11:15 hrs.	Managing Time	Participants learnt practical strategies to prioritize tasks, manage distractions and enhance productivity.
11:15-12:30 hrs.	Resilience in action: Managing Workplace Stress	Participants were equipped with practical tools to maintain mental and emotional balance.
12:30-13:15 hrs.	Lunch	
13:15- 14:45 hrs.	Building High Performance Teams	Participants learnt the art of Collaboration and Teamwork.
14:45 -16:00 hrs.	Key Reflections and Actionable Insights	Participants reflected on key concepts based on the two-day program and translated insights into concrete action plans.

Overall, the training program was quite appreciated by the participants and received positive feedback.

GLIMPSES (BATCH-WISE)

1. Batch 1- 25th and 26th February 2026



2. Batch 2- 12th and 13th March 2026



3. Batch 3- 9th and 10th April 2026



4. Batch 4- 15th and 16th April 2026



