

Mental and Emotional Development through Blended Learning Mode

Dr. Rekha Yadav*

Introduction

Education is a powerful instrument for the development of mankind. Nowadays ICT is being utilized in every part of life. With the help of ICT, we can improve the efficiency and effectiveness at all levels of learning. Today, students learning is not limited only to inside the classroom or school boundary, but outside of the school boundary. In the era of COVID-19, every individual is using ICT in his/her everyday life and for students it becomes an important tool for quality development in their learning. Students are learning in new ways for new purpose and school and teachers should adopt themselves for this new reality and rearrange their skills, achievements and previous experiences to adopt themselves to new opportunities.

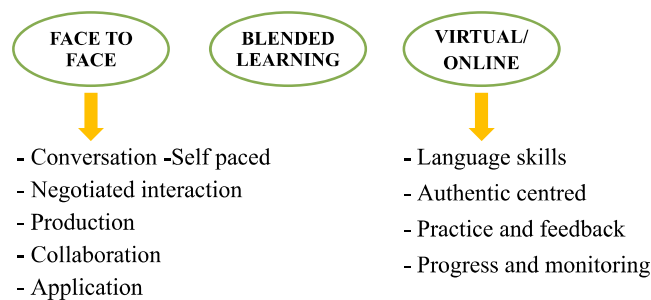
Blended learning

E-learning had an interesting impact on the learning although it represents tremendous potential in the way it could revolutionize learning and development. In the era of COVID-19 blended learning is the most effective and easy to access learning mode. Blended learning is a new mode of learning in which learners learn via electronic and online mode as well as traditional or face to face learning.

How does Blended Learning Works?

Learning style- Listening, speaking, reading, writing, doing anytime, anywhere learning. Building 21st century skills- Critical thinking, communication, relationship building, self-

awareness, self-learning and learning to learn.



Cognitive/mental Development

Cognitive development is the development of knowledge, skills, problem solving and dispositions which help a person for successful life. Brain development is similar to cognitive development.

Mental development is an essential part of growth and other mental activities It included such abilities as attending, perceiving, observing, remembering, thinking and problem solving.

Emotional Development

Emotional development refers to an individual's feeling for and about other people, objects, situations and experiences. Love, fear and anger are three main emotions. Emotions has a substitutional influence on the cognitive process in humans including perceptions, attentions, learning, memory, reasoning and problem solving. Emotion also facilitates encoding and helps retrieval of information efficiently.

New Kind of Learning in Pandemic-ERA

Today, learning models need to prepare our children for a new era. we are living currently in the fourth industrial revolution, where the impact of digitisation well extend in new and unanticipated

*Assistant Professor, R.B.S. College of Education, Rewari

ways. The demand of new learning model is higher than even before. At this time only school alone cannot be expected to execute the complex combination of STEM (Science, technology, engineering, maths) and imbibe digital and transferrable skills like collaboration, problem solving and soft skills which students will require in their future learning.

Offline

- Discussion -Self-directed -Online learning
- Assignment
- Tools of exam
- Group work
- Books

E-Learning

Self-learning

- Social media
- Group work
- Books
- Experimentation

Learners know that learning is their responsibility and not just confined to the physical space of a school. So, learning is also about awakened intelligence and deep sensitivity to life.

Habituating 21st century learning

Inspire | Create | Learn | Share

Pros and cons of blended learning

Pros

- Collaborative learning
- Better communication
- Increase student attitude towards learning

- Easy evaluation
- Skill building
- Knowledge building

Con

- Lack of IT knowledge
- Limited access to internet
- Limited data
- Struggle with technology
- Limited feedback and analysis
- Spamming
- Hacking

Aristotle: “Educating the mind without educating the heart is no Education at all”.

Reference:

1. Mangal.S.K.(2002):Advanced educational psychology. Prentice. Hall of India
2. Rimmi Annand, Shared saxena, Shilpi saxena(2012):”E-learning and . impact on rural area”. Modern education and computer science, volume5 pp.46-52.
3. V a n a j a , M : R a j a s a k e r , S t Atulsany.S(2014);ICT in education Neelkamal publications Pvt.Ltd.Hyderabad. <https://e-student.org>