



AMITY UNIVERSITY
— UTTAR PRADESH —

POLICY GUIDELINES FOR ON CAMPUS LOCAL HEALTH AND WELLBEING SERVICES

POLICY GUIDELINES FOR ON CAMPUS LOCAL HEALTH AND WELLBEING SERVICES

(In exercise of the powers conferred under the provisions of Sections 11 (l) of the Uttar Pradesh Private Universities Act 2019)

This policy aims to ensure the provision of health and well-being services to the students, staff and faculty members through cafeterias, food outlets, medical facilities, counselling centre, yoga centre etc. This policy focuses to establish guidelines that prioritize nutrition, ensure food safety and other health and well-being services for all. Amity University is committed to enhancing the quality of life for students, staff, and faculty members. This policy reflects our dedication to health, sustainability, and social responsibility.

1. SHORT TITLE, APPLICATION AND COMMENCEMENT

- 1.1 The policy may be called Amity University Uttar Pradesh Policy Guidelines for On-Campus Local Health and Wellbeing Services
- 1.2 The Policy shall apply to all the students, faculty and staff members in the campus.
- 1.3 The Policy shall come into force with effect from the date of approval.

2. PURPOSE:

- 2.1 To provide all our students, staff, and faculty members access to nutritious, affordable, and sustainable food options on campus. To create a community where everyone, regardless of their background, can access and benefit through improved nutrition, availability of all-time canteens & good quality food at reasonable price.
- 2.2 To provide a facility mental health services in the campus.
- 2.3 To provide facilities at the campus for physical healthcare services through different type of facilities like Clinics, OPDs, Yoga Centre etc.

3. INTRODUCTION

Amity University Uttar Pradesh provides ample facilities for Health & wellbeing services for the students, staff and faculty members. The university has well-established cafeterias, food outlets, sports facilities, Gymnasium, Swimming Pool, Clinical Services, Amity Centre for Guidance & Counselling, Yoga Facility and Happiness Centre. The facility has been created for the food with consideration for the wellbeing of its students, hostellers, faculty's, staff, and visitors. Multi-dimensional approach is followed towards food security with its objective of transforming food systems to achieve a more inclusive and sustainable world. Focused on maintaining the highest standards, the university ensures that food quality is consistently top-notch, with an emphasis on hygiene, nutritional value, freshness, diversity, seasonality, and affordability.

4. AVAILABILITY OF HEALTHY & AFFORDABLE FOOD CHOICES AT THE CAMPUS

- i. The campus cafeterias at Amity University Uttar Pradesh serves as a central hub for students, faculty, and staff to access meals and snacks. The diversity of the campus population necessitates a comprehensive range of food options to accommodate different cultural backgrounds, dietary preferences, and health requirements. The RO water facility is available throughout the campus.
- ii. Different cafeterias and food outlets have been established at prominent locations in the campus to cater the need of healthy and nutritious, and balanced diet to the students.

4.1 Monitoring & maintaining Quality of the Food:

4.1.1 Cafeteria management Committee: The cafeteria management Committee supervises the functioning of the cafeterias and takes the policy decisions as & when required and ensures the availability of best quality nutritious diversifies food to the students, staff & faculty members. The composition of Committee is given as under:

i.	Dean Student Welfare	Chairperson
ii.	Dean Faculty of Hospitality & Tourism	Member
iii.	Head Amity School of Hospitality	Member
iv.	Director General, Hostels	Member
v.	Director- Students' Welfare & Support	Member
vi.	Representative of QAE	Member
vii.	Faculty of Microbiology	Member
viii.	Faculty of Food Production	Member
ix.	Faculty of Food Technology	Member
x.	Faculty specialized in nutrition	Member
xi.	Sr. Director Administration	Member
xii.	Dy. Director, Administration	Member

- 4.2 The committee is supported by Administration Supervisors of different blocks and Managers of different cafeterias.
- 4.3 The meetings of the Committee is on regular basis in the presence of Cafeteria Contractors and their representative. Various issues of students related to food are discussed in the meetings.
- 4.4 **Student Mess Committee:** To ensure the involvement of the students in maintaining the quality and feedback from the students, the Student Mess Committee is constituted by DSW office in consultation with the cafeteria management Committee.

- 4.5 QAE department plays an important role in monitoring and maintaining the quality of food by regular visits to the different cafeterias and food outlets and accordingly send feedback to cafeterias and university authorities.

5. Physical Health & Mental Well Being Services:

- 5.1 Amity University offers 24/7 on-campus clinical services, including the availability of ambulance support at all times. For medical emergencies, the university has a Memorandum of Understanding (MoU) with reputed nearby hospitals to ensure prompt and quality healthcare for students, faculty, and staff.
- 5.2 The university offers complimentary physiotherapy services to all students, faculty, and staff members as part of its commitment to promoting health and well-being on campus.
- 5.3 Health check-up camps are regularly organized in collaboration with reputed hospitals. These camps aim to raise awareness among students about various health concerns, including sexual and reproductive healthcare.
- 5.4 Amity University houses the well-established Amity Centre for Guidance & Counselling (ACGC), dedicated to supporting students' mental well-being. The centre is staffed with expert psychologists who are available 24x7 to provide guidance, support, and professional counselling to students whenever needed.
- 5.5 A Yoga Centre has been established on campus to support the physical and mental well-being of students. It offers a serene environment where students can engage in practices that promote holistic health, balance, and inner peace.
- 5.6 Amity University has a well-established Happiness Centre on campus, dedicated to enhancing students' happiness quotient through a variety of engaging activities and thoughtfully designed courses. The centre plays a vital role in promoting emotional well-being and fostering a positive campus environment.
- 5.7 The university offers comprehensive sports and gym facilities on campus to promote the physical well-being of students. A wide range of sports and games are available, including football, cricket, basketball, lawn tennis, volleyball, shooting range, swimming, and more, ensuring ample opportunities for students to stay active and engaged.

6. GRIEVANCE REDRESSAL PROCESS:

If any student, faculty, or staff member encounters issues regarding any facility such as sports, clinic, unsatisfactory food quality, or inappropriate behaviour by the staff, they are encouraged to register their complaint through the Amizone portal which are resolved by the respective authorities of the university.

Further the grievance can be raised to DSW office using e – mail id dsw@amity.edu.