

Dr. Ellen Zambo Anderson

Global advisor – Young Athletes, Special Olympics International

Ellen Zambo Anderson, PT, PhD is an Associate Professor in the Doctoral Program of Physical Therapy at Rutgers, The State University of New Jersey. She earned a BS in Physical Therapy from West Virginia University, an MA in Motor Learning and Control from Columbia University and a PhD in Health Sciences from Rutgers University. Her primary teaching responsibilities are in Therapeutic Exercise, Development Across the Lifespan and Clinical Inquiry. She is the Assistant Director of a student run physical therapy clinic in Newark, NJ and serves as the Special Olympics Global Advisor for Young Athletes. Dr. Anderson is the co-author of the textbook, *Complementary Therapies for Physical Therapy: A Clinical Decision Making Approach* and has spoken internationally on physical activity, mental health, and complementary health practices.