

C RONAVIRUS COVID-19



FACTS

Symptoms include fever, cough & shortness of breath



The virus typically appears 2-14 days after exposure

It spreads primarily from person to person via coughs, sneezes & close contact



IN CASE YOU FEEL SICK

Stay at home except to get medical care, get plenty of rest, drink adequate fluids

Separate yourself from other people



Cover your coughs & sneezes, wash hands often & do not share household items



Call your doctor if you have been exposed to Covid-19, or if you have any difficulty breathing, or any concerns



AMITY UNIVERSITY

GURUGRAM -



FOLLOW THESE DO'S & DON'TS



DO'S

Observe good personal hygiene

Practice frequent hand washing with soap



Follow basic respiratory etiquette – cover your mouth while sneezing & coughing



Throw used tissues into closed bins immediately after use

Maintain a distance of at least 6 ft. with another person

Consult a doctor if you feel unwell





DON'TS

Have a close contact with anyone, if you're experiencing cough & fever

Visit crowded places

Spit in public

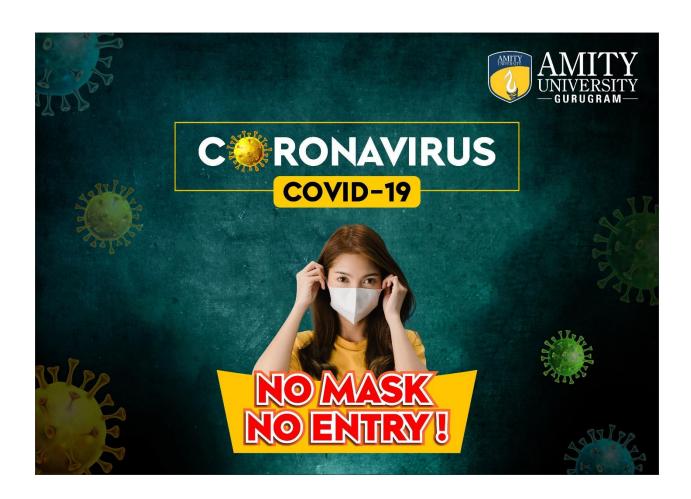


Come in contact with animals

Consumption of raw/undercooked meat

Travel to farms, live animal markets or where animals are slaughtered









MAINTAIN SOCIAL DISTANCING



MAINTAIN DISTANCE (OF ATLEAST 6 FT. WITH ANOTHER PERSON)



REGULARLY WASH YOUR HANDS





WEAR YOUR MASK PROPERLY



AVOID CROWDS



STAY AT HOME IN CASE YOU FEEL SICK



