

AMITY UNIVERSITY

HARYANA

(Accredited with Grade 'A' by NAAC)

Report on Sustainable Development Goal



SDG 3: Good Health and Well Being Year 2021



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Amity University Haryana is incessantly striving for the conduction of social awareness programs and activities to serve the society. Faculty of Health and Allied Sciences at AUH is training the students as healthcare workers who are beneficial to the society. The passed-out students are serving in various healthcare disciplines such as medical lab technicians, public health workers, nutritionists, dieticians, optometrists, audiologists, speech language pathologists, nurses, psychologists, pharmacists, and other professionals. At the outbreak of the pandemic, Faculty of Health and Allied Sciences at AUH came forward to conduct several extension activities in online mode and worked as frontline healthcare workers. Tele-rehabilitation and online health awareness programs through online mode has been widely used as extension activities. Online Health Awareness events were conducted by the Faculty of Health and Allied Sciences to deliver treatments to the public. The University is meaningfully contributing to the SDG-3, Good Health and Wellbeing through following measures:

- Extension, Educational and Outreach Events
- Linkages with various hospitals, corporates, NGO's, wellness sector and organizations are the initiatives taken to collaborate not only for placements but also to conduct mass drives such as blood donation camps, first aid trainings etc.
- Faculty of Health and Allied Sciences have many collaborations with local, national, and international levels for prosperity of a Medical and paramedical educational institute.
- The Academic curriculum is designed in such as way which helps the students to grow professionally and achieve the skills required at their workplace. The industry integrated curriculum helps the students to receive hands-on training and interactions with the industry experts.
- Faculty of Health and Allied Sciences organizes the events which are lead by students such as rallies, role plays, skits, and camps. The rehabilitation programs are organized through tele and video consultations. Other educational events are organized as webinars, panel discussions, and live videos.

RECOGNITIONS / COUNCILS



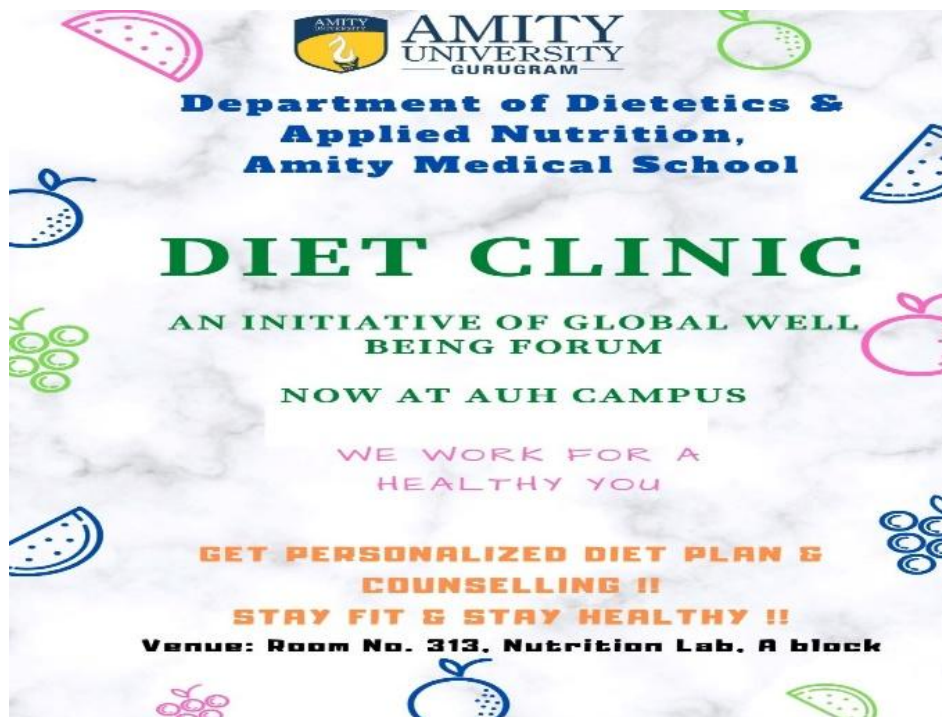
Rehabilitation Council of India
भारतीय पुनर्वास परिषद



Extension Education and Outreach Activities

Faculty of Health and Allied Sciences at Amity University Haryana is working continuously for extension Activities along with community outreach. Extension activities involves putting together knowledge and skills to help the community – rural and urban to improve their health and quality of life by means of Guest lectures, Health Camps, Health fair, Webinars, Conferences, Training Programs etc. Due to the Pandemic period, several Extension actions have been undertaken using e-platforms, with telemedicine being one of the primary prospective scenarios. Several online awareness webinars, training programs, recipe contests etc. has been organized by Department of Dietetics & Applied nutrition to increase the awareness about the nutrition and its impact on social wellbeing.

A “DIET CLINIC” has been started by the Department of Dietetics & Applied Nutrition in which free diet counselling has been provided to the students and staff of the Amity University on daily basis to make them aware about the healthy lifestyle and its impact on overall health and wellness.





Audiology and Speech Language Pathology clinic



Optometry and Vision science Department at AUH



Optometry and Vision science clinic

Events Conducted:



Webinar on Fighting Against Malnutrition among Children

Amity University Haryana conducted the nutrition awareness program under the aegis of **Unnat Bharat Abhiyan** by the Ministry of Human Resource Development. The event was conducted in the nearby village- Fazalwas on 9th December 2021 at 11:00 a.m.



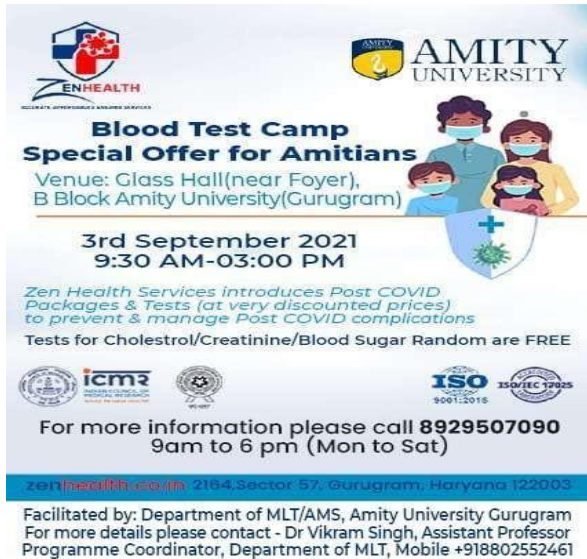
UNNAT BHARAT ABHIYAN

Department of Optometry has organized a webinar on “**Eye Health Awareness & addressing common people on Eye awareness**” to strengthen health promotion and education in the field of eye care.



Webinar on “Eye Health Awareness & addressing common people on Eye awareness”

The Blood Test camp was organized on **3rd Sept 2021** morning at 9: 30 AM, at Glass Hall (Seminal Hall) - B-Block, Amity University Haryana. The team of 5 people (Lab Director-1, Lab Manager -01, Senior Scientific Officer-1 and Lab Technician-02, from Zen Health Services Pvt Ltd, Gurugram arrived and initiated the event. Blood testing service, one test free from the Total cholesterol, blood sugar, and Creatinine. Remaining tests panels offered on discount along with free BP, weight, BMI, SpO2 and Heart Rate testing was done for Amity students, faculty, staff and community people. A total of 114 participants were benefited in this the camp.



ZENHEALTH
HEALTH & WELLNESS SOLUTIONS PROVIDER

AMITY UNIVERSITY

**Blood Test Camp
Special Offer for Amityans**
Venue: Glass Hall(near Foyer),
B Block Amity University(Gurugram)

**3rd September 2021
9:30 AM-03:00 PM**

Zen Health Services introduces Post COVID Packages & Tests (at very discounted prices) to prevent & manage Post COVID complications

Tests for Cholesterol/Creatinine/Blood Sugar Random are FREE

For more information please call **8929507090**
9am to 6 pm (Mon to Sat)

Facilitated by: Department of MLT/AMS, Amity University Gurugram
For more details please contact - Dr Vikram Singh, Assistant Professor
Programme Coordinator, Department of MLT, Mobile +918802552461



Blood Donation camp at Amity University Haryana

AUH conducted a speech and hearing camp at Govt. High School, Baghanki on 24th December 2021 and following are the main outcome of the camp:

1. Otoscopic Examination (Examination of outer ear) – 20 children (40 Ears)
2. Tuning fork Test based hearing screening - 20 children
3. Impedance screening Audiometry - 20 children
4. Pure tone Audiometry -20 children
5. Number of children short listed for details assessment at AUH clinic. – 5 children



Speech and Hearing camp at Govt. High School, Baghanki near AUH on 24th December 2021

A webinar has conducted to further discuss in detail about the Public health: Impact of Nursing practice on the health of humanity during Covid19 pandemic. The subtopics are Evolution of Nursing science - Future Directions and Strategies for Success, Pandemic and literature- the artistic domain of Nursing, Combat Covid 19 - Prevention and Management by Community Health Nurse and From Exhaustion to Extraordinary: Strategies to Reverse Nurse Fatigue.

Webinar on “Public health: Impact of Nursing practice on the health of humanity during Covid19pandemic” by Amity College of Nursing

Nursing management for patients with COVID-19 infection includes assessment, diagnosis, the development of nursing care plans and goals, interventions, evaluations, and documentation. Therefore, we planned a webinar series to further discuss in detail about the Nursing Management in Covid 19 times focusing on Government Initiatives for prevention, exploring psychology resilience, CPR skills in Covid and maintaining oxygenation and ventilation for Covid patients.

National Webinar on Nursing Care Perspectives : Paradigm Shift During Covid-19

Various events such as society outreach and awareness regarding pharmacy as a profession, safe and effective use of medicine, drug abuse and patient counselling was done and extempore talk was organized. Mr. Vinit from Vth Sem delivered a extempore talk on “Ergot alkaloids: Their clinical uses and side effects”. Mr. Himanshu talked about the “Growing menace of communicable diseases”.



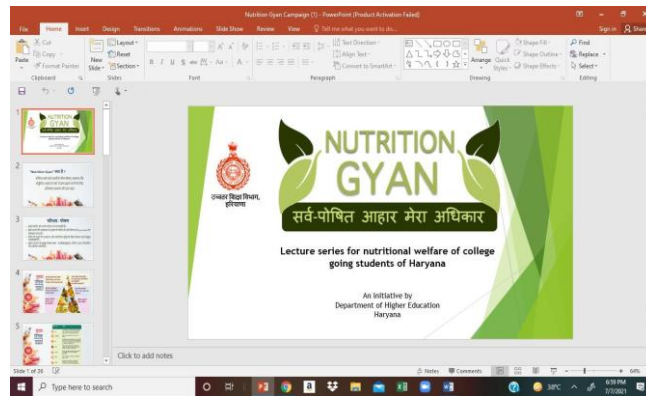
National Pharmacy Week-2021- Theme: Pharmacist: An Integral Part of Healthcare”



Take Homes” for the Guest and Attendees: Students as budding pharmacists learnt their duty and role as an essential component of the future healthcare system.

AUH in collaboration with Government of Haryana, organized a lecture series in the state colleges named “NUTRITION GYAN”. The theme of the series was for nutritional welfare of college going students of Haryana. It was an initiative of the Department of Higher Education, Haryana.

Selective Students of M.Sc. Dietetics & Applied Nutrition II and IV semester, B.Sc. DAN VI Semester and Ph.D. Scholars were the flag bearers of these lecture series. These students were trained and prepared to undertake the presentation in over **142 colleges of Haryana through online mode**. A stipend of Rs.500 per lecture was also paid to the students for presentation by the Department of Higher Education, Government of Haryana.



RESEARCH IN HEALTHCARE

Research has always been the focused on in the University when it comes to development and learning, both for the faculty and for the students. A number of research papers have been published in various journals of Scopus and Web of Science indicating a high-quality research work being conducted in the Department of Nutrition, Optometry, Audiology, Speech Language Pathology, Nursing, Psychology and Pharmacy. The Department of Dietetics and Applied Nutrition has filed 2 patents and three patents got published in the year 2020-2021. The faculty is very diligently published books to enhance the academics and their research forte. The Amity Medical School daily runs OPD in the clinics of Optometry and Vision Sciences and Audiology and Speech Language Pathology which is a support for patient based research and case studies for the faculty and the students.

MENTAL HEALTH SUPPORT

Faculty of Health and Allied Sciences at Amity University Haryana along with Amity Institute of Behavioral & Allied Sciences is providing Mental Health support free of cost to the student, faculties, staff, and Local Community on daily basis. Mental Health is an important domain which needs to be addressed, especially pertaining to the vulnerable age groups that most students belong to, Emphasis is laid on mental health when it comes to student development and giving them a comfortable environment, which develops an aura of positivity around them. Knowledge about psychological wellbeing is really important and for this, various programs have also been conducted by the University. Mental strength become more important during the pandemic time and for supporting this Amity University with the help of Amity Institute of Behavioral & Allied Sciences initiated Project JAI „victory“ which envisages mitigation of psychological impact of Covid19 among people infected and affected by SARS- CoV2 (Novel Corona virus). This Joint Advocacy Intervention - project JAI is an initiative under the aegis of Global Wellbeing Forum constituted at Amity University Haryana, Gurugram, India.



SEXUAL AND REPRODUCTIVE HEALTH CARE SERVICES

SAAKAR, Amity University Haryana's Youth Social Responsibility Group under the Dean of Students Welfare in collaboration with DRAMEBAAZ and AMOLI SOCIETY FOR WOMEN, successfully organized a 2-day event called WOMEN EMPOWERMENT MISSION from 7th – 8th October 2021. The drive led by young Saakarians was centered around providing sanitary pads to the doorsteps of Gurugram's underprivileged adolescent females and women. The drive also focuses on creating awareness around COVID norms and menstrual hygiene.



MOU & Collaborations

MoUs and collaborations are important tools for a medical and paramedical training institute's success. These academic relationships benefit both the organisation and the University, benefiting research and education in turn. Students can receive hands-on instruction and exposure from industry professionals. Through these agreements, students get internship, summer training, and research experience. In addition, the rich and useful expertise of the industry and its specialists has been shared with the students on a regular basis through a variety of guest lectures and expert presentations.



Venu Eye Institute