



Directorate of Outcome
Outcome Report(Event/Activity Organized @ AUH)

1. General Information

Date: 31st May, 2022

Event Type: Conference/Symposium/Seminar/FDP(Faculty Development Program)/SDP(Staff Development Program)/Workshop/Guest Lecture/**Society Outreach Program**/Panel Discussion/Alumni Meet/ Educational Visit/ Industrial Visit/Research Centre Visit/Launch/**Student Activity/Student Training**/Visit of Delegates/Convocation/Innovation Day/Orientation/Amifest/Any Other

Event Title: World No Tobacco Day and World Menstrual Hygiene Day, 31st, May, 2022

Event Theme: Management of tobacco addiction and menstrual psychosocial issues

Venue: Citizen Hospital, Gurugram

Organized by (School): Amity Institute of Clinical Psychology (AICP), AUH and Citizen Hospital, Gurugram

Student Participation*: 08 Students (M. Phil Clinical Psychology Part1)

Faculty Participation*: Dr. Mehfooz Ahmad and Dr. Amita Puri

Participation from outside AUH*: 3 interns from citizen Hospital

(Enclose attendance sheets in given format)

Event Coordinator(s) with designation: Dr. Mehfooz Ahmad, Assistant Professor, AICP

Details of Expert/Speaker/Resource Person/Judge: NA

SN	Country Name	Expert Name	Organization Name	Designation	Specialization	Contact No.	E-mail Id	Address	Major Areas where Amity can Collaborate with expert	CV of Expert (Yes/ No)
1	NA									
2	NA									

2. Outcome of the Event with Time Lines (Proposed/Achieved)

Envisaged Outcome	Tangible/Intangible	Achieved/Proposed	Target date & responsibilities (if proposed)	Details of outcome
1. Outcome related to Academia Connect				
a) Collaborations for Research Papers / Conference Papers/ Book Chapter etc.	NA	NA	NA	
b) Collaborations & MOU for Research Guidance [PhD, PG & UG (summer training, Dissertation)] & Projects/Use of Instruments etc.	Tangible	Achieved		Continued Utilization of the Institute as a Training Platform
c) Collaboration for Funded Projects	NA	NA	NA	NA
2. Outcome related to Industry Connect				
a) Placement	NA	NA	NA	NA
b) Collaborations for Research Papers	NA	NA	NA	NA
c) Collaborations & MOU for Research Guidance [PhD, PG & UG (summer training, Dissertation)] & Projects/Use of Instruments	NA	NA	NA	NA
d) Collaboration for Funded Projects	NA	NA	NA	NA
3. Outcome related to Society Outreach				
a) Benefit to society in terms of Health & Hygiene	Sensatizing participants about Tobacco			

	use and Menstruation cycle			
b) Benefit to society in terms of Education	Psychoeducation			
4. Outcome related to Students Learning & Grooming				
5. Any other				

3. Event Report along with glimpses of the event (Photographs)

General Introduction of the Event:

No Tobacco Day and World Menstrual Hygiene Day, 31st, May, 2022

Amity Institute of Clinical Psychology (AICP), Amity University Haryana, Gurgaon and Citizen Hospital, Gurugram organized one day programme on No Tobacco Day and World Menstrual Hygiene Day, 31st, May, 2022. Dr. Mehfooz Ahmed (Assistant Professor the faculties of AICP, Dr. Amita Puri, Director of Optimus and M. Phil Clinical Psychology trainees and interns at citizen Hospital participated in the program. Dr. Mehfooz Ahmed was the coordinator of the program. The basic concepts related with tobacco addiction were discussed for getting more clarity about the symptoms, etiology, theories of tobacco addiction, types, treatment and relapse prevention of the disorder. Moreover, psychosocial and awareness strategies for menstrual were also discussed. Subsequently, trainees share the experience with the tobacco addict patients and the family members. The programme also highlighted the strategies for early identification and prevention of tobacco use in the community. If the patient has strong will power social support, positive attitude and the proper treatment then it is not impossible to quit tobacco consumption. The emphasis was on developing the attitude to spread awareness in the community. There is strong need to remove the stigma in the community. Moreover, If the patient has adequate social support, financial support, positive attitude and the proper treatment then the recovery from the illness is not impossible. The prevention strategies like sensitization, psychoeducation were discussed. The programme emphasized the role of practical and service oriented aspects in community.

The following M. Phil. trainees also participated in the program:

1. Ms Ria Bhatia
2. Ms sheenu
3. Ms Vandana Hooda
4. Ms Kanak
5. Ms Pragyasha
6. Ms Parnika
7. Ms Steffi Jadhava
8. Ms Akanksha

Interns at Citizen Hospital

9. Ms Archika
10. Ms Khushboo
11. Ms Sharnya

3.1 Objectives of the Event

1. To identify the psychological issues among patients and the family members,
2. Strategies to prevent smoking behaviour in the community.
3. Spreading awareness about issues concerned with menstrual cycle.

3.3 Brief about the address/talk of speakers: NA

3.3 Photographs with caption (also share high resolution JPEG files of photographs)

3.4 Scanned copy of attendance sheets

3.5 Few Scanned feedback forms of participants

Attendance Sheet of Faculty Members (AUH)

Event Title: World No Tobacco Day and World Menstrual Hygiene Day Date: 31.05. 22

S.No.	Participant Faculty Name	School	Designation	Signature
2	Dr. Mehfooz Ahmad	AICP	Assistant Professor-II	<i>Mehfooz Ahmad</i>
3	Dr. Amita Puri	Optimus	Director	

Name & Signature of the Event Coordinator

Attendance Sheet of Students (AUH)

Event Title: World No Tobacco Day and World Menstrual Hygiene Day Date: 31.05. 22

S.No.	Participant Name	School	Programme & Semester	Signature
1				
2				
3				

Name & Signature of the Event Coordinator

Attendance Sheet of Outside Participant

Event Title: World No Tobacco Day and World Menstrual Hygiene Day Date: 31.05. 22

S.No.	Participant Name	School	Designation/Programme & sem(if student)	Signature
1				
2				
3				

Mehfooz Ahmad
Name & Signature of the Event Coordinator



