



Directorate of Outcome
Outcome Report(Event/Activity Organized @ AUH)

1. General Information

Date: 05th, May, 2022

Event Type: Conference/Symposium/Seminar/FDP(Faculty Development Program)/SDP(Staff Development Program)/Workshop/Guest Lecture/**Society Outreach Program**/Panel Discussion/Alumni Meet/ Educational Visit/ Industrial Visit/Research Centre Visit/Launch/**Student Activity/Student Training**/Visit of Delegates/Convocation/Innovation Day/Orientation/Amifest/Any Other

Event Title: International Labour Day, 05th May, 2022

Event Theme: Mental Health Issues among employees

Venue: Hybrid Mode

Organized by (School): Amity Institute of Clinical Psychology (AICP)

Student Participation*: 15 Students (M. Phil Clinical Psychology Part1 and Part2)

Faculty Participation*: Dr. Mustafa Nadeem Kirmani and Dr. Mehfooz Ahmad and Ms Nidhi Mehta

Participation from outside AUH*: Nil

(Enclose attendance sheets in given format)

Event Coordinator(s) with designation: Dr. Mehfooz Ahmad, Assistant Professor, AICP

Details of Expert/Speaker/Resource Person/Judge: NA

SN	Country Name	Expert Name	Organization Name	Designation	Specialization	Contact No.	E-mail Id	Address	Major Areas where Amity can Collaborate with expert	CV of Expert (Yes/ No)
1	NA									
2	NA									

2. Outcome of the Event with Time Lines (Proposed/Achieved)

Envisaged Outcome	Tangible/Intangible	Achieved/Proposed	Target date & responsibilities (if proposed)	Details of outcome
1. Outcome related to Academia Connect				
a) Collaborations for Research Papers / Conference Papers/ Book Chapter etc.	NA	NA	NA	
b) Collaborations & MOU for Research Guidance [PhD, PG & UG (summer training, Dissertation)] & Projects/Use of Instruments etc.	Tangible	Achieved		Continued Utilization of the Institute as a Training Platform
c) Collaboration for Funded Projects	NA	NA	NA	NA
2. Outcome related to Industry Connect				
a) Placement	NA	NA	NA	NA
b) Collaborations for Research Papers	NA	NA	NA	NA
c) Collaborations & MOU for Research Guidance [PhD, PG & UG (summer training, Dissertation)] & Projects/Use of Instruments	NA	NA	NA	NA
d) Collaboration for Funded Projects	NA	NA	NA	NA
3. Outcome related to Society Outreach				
a) Benefit to society in terms of Health & Hygiene	Sensatizing employees/work worn about Mental Health Issues			

b) Benefit to society in terms of Education	Psychoeducation			
4. Outcome related to Students Learning & Grooming				
5. Any other				

3. Event Report along with glimpses of the event (Photographs)

General Introduction of the Event:

International Labour Day, 05th May, 2022

Amity Institute of Clinical Psychology (AICP), Amity University Haryana, Gurgaon organized one day programme in Hybrid Mode by the name of International Labor Day , 05th May, 2022 Dr. Mustafa Nadeem Kirmani(Associate Professor), Dr. Mehfooz Ahmed(Assistant Professor) and Ms. Nidhi Mehta(Assistant Professor) the faculties of AICP and M. Phil Clinical Psychology trainees participated in the program. Dr. Mehfooz Ahmed was the coordinator of the program. The session covered Overview of mental health among working in different types of industries, stress, anxiety, Alcohol addiction, safety and security, gender difference, working hours, sleep disturbance, working environment, organizational culture, company policy and promotion, mental health coping models for positive mental health, prevention models and mental health among employees and promotion of employee' mental health. The session also highlighted the coping strategies to deal with such issues by respective clients in the society. Moreover, the role and responsibilities of the clinical psychologist were discussed in reference to current situation. The programme also highlighted the strategies for early identification and prevention of mental health issues. The current situation was discussed in the light of social psychological perspective. The prevention strategies like sensitization and psychoeducation were discussed. The programme emphasized the role of practical and service oriented aspects among employees/workers.

The following M. Phil. trainees also participated in the program:

1. Ms. Jesmeen
2. Ms. Pryanks
3. Ms. Sakshi
4. Ms. Vasudha
5. Ms Miranda
6. Ms. Pooja Jaiswal
7. Ms. Shefeen Jacob
8. Ms Ria Bhatia
9. Ms sheenu
10. Ms Vandana Hooda
11. Ms Kanak

12. Ms Pragyasha
13. Ms Parnika
14. Ms Steffi Jadhava
15. Ms Akanksha

3.1 Objectives of the Event

1. To orient employees/workers about mental health issues.
2. Strategies to prevent mental health issues among employees/workers.

3.3 Brief about the address/talk of speakers: NA

3.3 Photographs with caption (also share high resolution JPEG files of photographs)

3.4 Scanned copy of attendance sheets

3.5 Few Scanned feedback forms of participants

<u>Attendance Sheet of Faculty Members (AUH)</u>				
Event Title: International Labour Day			Date: 05.05. 22	
S.No.	Participant Faculty Name	School	Designation	Signature
1	Dr. M.N. Kirmani	AICP	Associate Professor & Head	
2	Dr. Mehfooz Ahmad	AICP	Assistant Professor-II	<i>Mehfooz Ahmad</i>
3	Ms Nidhi Mehta	AICP	Assistant Professor	
Name & Signature of the Event Coordinator				

<u>Attendance Sheet of Students (AUH)</u>				
Event Title: International Labour Day			Date: 05.05. 22	
S.No.	Participant Name	School	Programme & Semester	Signature
1				
2				
3				
Name & Signature of the Event Coordinator				

<u>Attendance Sheet of Outside Participant</u>				
Event Title: International Labour Day			Date: 05.05. 22	
S.No.	Participant Name	School	Designation/Programme & sem(if student)	Signature
1				
2				

Mehjoor Ahmad

Name & Signature of the Event Coordinator

