

## FREE DRINKING WATER

Providing free drinking water in university is a positive and essential service for several reasons, as it contributes to the well-being and sustainability of the campus community.

- 1. **Hydration and Health:** Access to free drinking water is crucial for the health and well-being of students, faculty, and staff. Proper hydration supports cognitive function, concentration, and overall physical health.
- 2. **Sustainability:** Offering free drinking water encourages the use of reusable water bottles and reduces the consumption of single-use plastic bottles. This aligns with sustainability goals and reduces plastic waste on campus.
- 3. **Inclusivity:** Providing free drinking water is an inclusive measure. It ensures that everyone, regardless of their financial situation, has access to a basic necessity.
- 4. **Convenience:** Accessible water fountains and filling stations make it convenient for people to stay hydrated throughout the day, which is particularly important in academic and work settings.
- 5. **Promotion of Healthy Habits:** Encouraging the consumption of water over sugary beverages is part of promoting a healthy lifestyle. This can contribute to a culture of wellness on campus.
- 6. **Reduced Environmental Impact:** Reducing the use of single-use plastic bottles and promoting the use of refillable containers can significantly reduce the university's environmental footprint.



