



AMITY UNIVERSITY MADHYA PRADESH, GWALIOR

AMITY INSTITUTE OF BEHAVIOURAL AND ALLIED SCIENCES

DEPARTMENT OF PSYCHOLOGY

Program Educational Objectives (PEOs)

PEO 1: Students will be able to use their fundamental knowledge and technical skills of basic psychological concepts and methods and develop an ability to appreciate the challenges in field settings required to achieve professional excellence.

PEO 2: Students will demonstrate strong and well-defined practical skills in conducting psychological experiments and understand the scientific and humanistic complexities of the human mind and behaviour.

PEO 3: Students will be able to use their cognitive, behavioral, and affective skills to display an ethical attitude, strong communication skills, and effective interpersonal skills to become psychology professionals.

PEO 4: Students will be able to use interpersonal and collaborative skills in major areas of application such as psychological testing, experimentation, counselling, interviewing, and developing psychological tools, behavior modification, data analysis and report writing.

PEO 5: Students will be able to participate in a lifelong learning process for a highly productive career and will be able to relate the concepts of psychology towards serving the cause of society.





PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOMES

Bachelor of Arts Applied Psychology, Academic Year – 2021-22

Program Outcomes:

[PO.1]. Professional Knowledge: Define and demonstrate an understanding of fundamental concepts, theories, principles, and terminology of psychology.

[PO.2]. Research: Identify, formulate, research literature, and analyse complex psychological problems reaching substantiated conclusions using different principles of psychology and social sciences. research literature and analyse complex psychological problems reaching substantiated conclusions using different principles.

[PO.3]. Effective Communication: Ability to identify, speak and write about concepts and approaches as well as the ability to understand and engage with current developments in the light of models, theories, and notions of concepts in psychology and its applications. Develop listening skills and empathy with others.

[PO.4]. Empowerment: Develop professional skills that empower the students to gain employment.

[PO.5]. Environment and Sustainability: Create awareness towards psychological well-being of other individuals and small groups and promote harmony in society.

[PO.6]. Inter and Trans-disciplinary development: Identify, differentiate, and assess how language, literature, history, sociology, psychology, political science, social work, science, technology, etc. are connected to one another and contribute to human society. Demonstrate an understanding of interdisciplinary and trans-disciplinary approach of learning.

[PO.7]. Autonomy: Create awareness towards psychological well-being which develop self-awareness among them to discover themselves that further evolves in higher human consciousness

[PO.8]. Problem analysis and solutions: Ability to think rationally, analyse situations and issues concerning language, literature, social sciences, human affairs/psyche and psycho-social or socio-political matters. Apply experience and knowledge of subject to solve existing problems in the field of study.





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[PO.9]. Self-Directed and Life-long Learning: Acquire the ability to engage in independent and life-long learning in the broadest context of Psycho-social changes.

[PO.10]. Ethics and Integrated Value System: Apply professional ethics, responsibilities towards society, culture, race, religion, and nation while suggesting new ideas or solutions to existing problems and try to establish integrated value system in society.





Programme Specific Outcomes:

PSO 1: Students of Psychology to grow in sensitivity, sympathy, and empathy towards others, learn to work in a team and develop leadership qualities, accept, and respect individual differences and work with responsibility and commitment and develop an understanding about inclusive education and its benefits through the Social Outreach Program.

PSO 2: Students understand the basic and foundational concepts of how data are classified, organized, measured, and analysed using statistical methods and encouraged to conduct short empirical and archival research so that they develop an understanding about application of statistics and research methodologies.

PSO 3: It helps students of Psychology to get an understanding about the practical applications, implications, and generalizations about the different aspects of the subject from books to real life situations.





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Note - Correlation levels 1, 2 and 3 as defined below:

1: Slight (Low), 2: Moderate (Medium) and 3 : Substantial (High)

If there is no correlation, put “-”

		PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3
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V SEM	PSY501	3	1	3	-	3	-	-	2	3	2	3	2	1
	PSY502	3	-	-	-	2	-	-	-	1	2	3	-	1
	PSY503	3	-	3	-	3	-	2	2	2	2	3	-	3
	PSY504	3	-	3	-	1	1	2	2	3	2	3	-	2
	PSY505	1	-	2	2	3	1	1	1	3	3	1	-	3
	PSY506	3	-	2	2	3	3	-	2	2	2	3	-	2
	PSY507	2	-	3	2	3	-	-	-	-	2	2	2	3
	PSY508	3	3	3	3	3	-	-	-	-	3	3	3	2
	PSY509	3	2	2	2	3	-	-	-	-	2	3	-	2
	PSY500	3	-	-	3	1	3	-	3	3	2	3	-	3
	BSU543	3	-	3	2	2	2	2	2	3	2	3	-	3
	NTP503	3	3	3	3	2	3	2	3	3	2	3	3	3
NSP506	3	2	3	3	3	3	3	3	3	3	3	-	3	
VI SEM	PSY601	3	-	3	2	3	2	-	-	3	3	3	-	3
	PSY602	2	2	3	3	3	3	2	3	3	3	3	2	3
	PSY603	3	-	3	2	3	-	-	-	3	2	3	-	3
	PSY604	3	2	3	3	2	2	2	-	3	3	3	2	3
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	PSY606	2	2	3	2	2	-	-	-	2	-	2	-	3
	PSY607	3	3	3	2	2	3	2	1	3	1	3	3	3
	PSY608	3	2	3	-	1	-	-	1	1	1	3	2	1
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Sr No	Program Outcome [PO]	Program Outcome	Mapping with SDGs.
1	PO-1	Amity Institute of Behavioral & Allied Sciences is committed to excellence in undergraduate and graduate education. Our faculty and graduates are expected to be competent and ethical professionals committed to the science of psychology and its application to real-world situations.	SDG 4 (Quality Education) as it aims to provide comprehensive knowledge about psychology.
2	PO-2	Our undergraduate program provides a foundation for scientific understanding of behavior and mental process and promotes mental health service.	SDG 3 (Good Health and Well- Being) It is focus on scientific understanding of behavior and mental process and promotes mental health service.
3	PO-3	The BA Applied Psychology program at Amity Institute of Behavioral & Allied Sciences (AIBAS) offer a broad and self-contained introduction which covers the basic principles of learning biological basis of behavior thinking memory personality social influences on behavior.	SDG 3 (Good Health and Well- Being) It is focus on scientific understanding of behavior and mental process and promotes mental health service.
4	PO-4	The range of classes provides greater understanding of human development and interaction, cognitive processes, and individual differences.	SDG 3 (Good Health and Well- Being) It is focus on scientific understanding of behavior and mental process and promotes mental health service.
5	PO-5	A verity of optional classes is offered, in which the student study an area of psychology in greater depth.	SDG 4 (Quality Education) and SDG 16 (Peace, Justice, and Strong Institutions) by promoting awareness, enlightenment, and commitment to ethics and professionalism in psychology.





6	PO-6	Inter and Trans-disciplinary development: Identify, differentiate, and assess how language, literature, history, sociology, psychology, political science, social work, science, technology, etc. are connected to one another and contribute to human society. Demonstrate an understanding of interdisciplinary and trans-disciplinary approach of learning.	SDG 4 (Quality Education) as it aims to provide comprehensive knowledge about psychology
7	PO-7	Create awareness towards psychological well-being which develop self-awareness among them to discover themselves that further evolves in higher human consciousness	Goal 11: Sustainable Cities and Communities Ability to think rationally, analyse situations and issues concerning language, literature, social sciences, human affairs/psyche and psycho-social or socio-political matters.
8	PO-8	Ability to think rationally, analyse situations and issues concerning language, literature, social sciences, human affairs/psyche and psycho-social or socio-political matters. Apply experience and knowledge of subject to solve existing problems in the field of study.	SDG 4 (Quality Education) and SDG 16 (Peace, Justice, and Strong Institutions) by promoting awareness, enlightenment, and commitment to ethics and professionalism in psychology.
9	PO-9	Acquire the ability to engage in independent and life-long learning in the broadest context of Psycho-social changes.	SDG 3 (Good Health and Well-Being) It is focus on scientific understanding of behavior and mental process and promotes mental health service
10	PO-10	Apply professional ethics, responsibilities towards society, culture, race, religion, and nation while suggesting new ideas or solutions to existing problems and try to establish integrated value system in society.	SDG 4 (Quality Education) and SDG 16 (Peace, Justice, and Strong Institutions) by promoting awareness, enlightenment, and





PROGRAM OUTCOME MAPPING OF SYLLABUS B.A APPLIED PSYCHOLOGY WITH THE SDGs.
COURSE BPH 103 - Biopsychology

Sr No	Program Outcome [PO]	Program Outcome	Mapping with SDGs.
1	PO-1	To equip students with skills of various methods and techniques for scientific conduct of research in psychology.	SDG 4 (Quality Education) as it aims to provide comprehensive knowledge about research in psychology.
2	PO-2	The paper on Biopsychology correlates the discipline to the physiological aspect of human life and emphasizes the need to study physiology for complete understanding of human beings.	SDG 3 (Good Health and Well- Being) It is focus on scientific understanding of behavior and mental process and promotes mental health service.
3	PO-3	It will also provide an overview of issues that many physiological psychologists consider in understanding how the brain and behaviour interact.	SDG 3 (Good Health and Well- Being) It is focus on scientific understanding of behavior and mental process and promotes mental health service.
4	PO-4	The range of classes provides greater understanding of human development and interaction, cognitive processes, and individual differences.	SDG 3 (Good Health and Well- Being) It is focus on scientific understanding of behavior and mental process and promotes mental health service.
5	PO-5	This will facilitate the students to develop an understanding of the cognitive skills in themselves and others.	SDG 4 (Quality Education) as it aims to provide comprehensive knowledge about research in psychology.
6	PO-6	Apply ethical principles and commit to professional ethics and responsibilities and norms of the psychological practices	SDG 4 (Quality Education) as it aims to provide comprehensive knowledge about research in psychology
7	PO-7	Function effectively as an individual, and as a member or leader in diverse teams, and in multidisciplinary settings	
8	PO-8	Communicate effectively on different psychological perspectives with the psychological community and with society at large, such as, able to	SDG 3 (Good Health and Well- Being) It is focus on scientific understanding of behavior and mental process and promotes mental health service.





		connect general population and understand the problems they are facing.	
9	PO-9	Develop initial abilities and skills for professional growth, able to comprehend and write effective reports and documentation, make effective presentations, and give and receive clear instructions.	SDG 3 (Good Health and Well- Being) It is focus on scientific understanding of behavior and mental process and promotes mental health service
10	PO-10	Students will recognize and respect the complexity of sociocultural diversity and individual differences. Able to develop ability to flourish and manage diversity for personal and professional development.	SDG 3 (Good Health and Well- Being) It is focus on scientific understanding of behavior and mental process and promotes mental health service





AIBAS- Courses Mapped with various National Missions

Sr. No.	Name of School	Program Name	Semester/ Yearly	Course Code	Course Name	National Mission
1.	Amity Institute of Behavioral & Allied Sciences	MPhil Clinical Psychology	I	PSY-131	Psychosocial Foundations of Behaviour and Psychopathology	National Health Protection Mission (AB-NHPM)
2.	Amity Institute of Behavioral & Allied Sciences	MPhil Clinical Psychology	I	PSY-131	Psychosocial models of disability; impact	National Health Protection Mission (AB-NHPM)
3.	Amity Institute of Behavioral & Allied Sciences	MPhil Clinical Psychology	I	PSY-133	Conceptualization of Psychopathology from different etiological perspectives,	National Health Protection Mission (AB-NHPM)
4.	Amity Institute of Behavioral & Allied Sciences	MPhil Clinical Psychology	I	PSY-133	Psychiatric consultation in general hospital; primary care setting.	National Health Protection Mission (AB-NHPM)
5.	Amity Institute of Behavioral & Allied Sciences	MPhil Clinical Psychology	II	PSY-231	Biological Foundations of Behaviour	National Health Protection Mission (AB-NHPM)
6.	Amity Institute of Behavioral & Allied Sciences	MPhil Clinical Psychology	II	PSY-232	Psychotherapy and Counselling	National Health Protection Mission (AB-NHPM)
7.	Amity Institute of Behavioral & Allied Sciences	MPhil Clinical Psychology	II	PSY-233	Behavioural Medicine	National Health Protection Mission (AB-NHPM)





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8.	Amity Institute of Behavioral & Allied Sciences	MPhil Clinical Psychology	II	PSY-234	Psychological therapies	National Health Protection Mission (AB-NHPM)
9.	Amity Institute of Behavioral & Allied Sciences	MPhil Clinical Psychology	II	PSY-234	Psychological therapies	National Health Protection Mission (AB-NHPM)
10.	Amity Institute of Behavioral & Allied Sciences	MA Clinical Psychology	I	BSP-143	Self-Development And Interpersonal Skills	Skill India
11.	Amity Institute of Behavioral & Allied Sciences	MA Clinical Psychology	I	PSY - 116	Clinical Psychology: Concepts, Methods & Issues	National Health Protection Mission (AB-NHPM)
12.	Amity Institute of Behavioral & Allied Sciences	MA Clinical Psychology	I	PSY-110	Psychology Advanced Practical – I	Skill India
13.	Amity Institute of Behavioral & Allied Sciences	MA Clinical Psychology	III	NTT-315	Treatise	Skill India
14.	Amity Institute of Behavioral & Allied Sciences	BA PSYCHOLOGY	I	PSY-100	Experimental Psychology – I	Skill India
15.	Amity Institute of Behavioral & Allied Sciences	BA PSYCHOLOGY	v	PSY-502	Gender Psychology	National Health Protection Mission (AB-NHPM)





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Course Title: Psychopathology-I
Course Code: PSY-115
Credit Units: 3
Course Level: PG

Course Objectives:

The students will understand signs and symptoms of psychopathology. They will be able to assess the symptoms, nature, causes and dysfunctions associated with these disorders and discuss the intervention programs with regard to the goals of therapy. It also discusses new age psychological disorders.

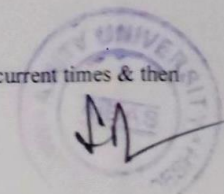
Course Contents / Syllabus:	Weightage
Module I Introduction to Psychopathology	20%
Concept and History of mental illness, Terms and concepts used in Psychopathology, Description of Symptoms and Signs, Organizing principles of classification (Organic and functional; Neurosis and Psychosis; Categories, dimensions, and multiple axes; Hierarchies of diagnosis; Comorbidity), Current Psychiatric Classifications, i.e., DSM-V & ICD-10.	
Module I Anxiety disorders	20%
Classification of anxiety disorders as per DSM-V and ICD-10, Clinical picture, Differential diagnosis, epidemiology, etiology, prognosis, treatment • Generalized Anxiety Disorder and Social Anxiety Disorder (Social Phobia) and specific phobias, Panic Disorder, Panic Attack and Agoraphobia	
Module II Schizophrenia spectrum and other psychotic disorders	20%
Classification of psychotic disorders as per DSM-V and ICD-10, Clinical picture, Differential diagnosis, epidemiology, etiology, prognosis, treatment • Schizophrenia, Schizoaffective Disorder, Catatonia, Schizophreniform Disorder, Schizotypal (Personality) Disorder, Delusional Disorder, Brief Psychotic Disorder	
Module III Depressive disorders	20%
Classification of Depressive disorders as per DSM-V and ICD-10, Clinical picture, Differential diagnosis, epidemiology, etiology, prognosis, treatment • Major Depressive Disorder, Persistent Depressive Disorder (Dysthymia), Premenstrual Dysphoric Disorder	
Module IV Bipolar and related disorders	10%
Classification of Bipolar disorders as per DSM-V and ICD-10, Clinical picture, Differential diagnosis, epidemiology, etiology, prognosis, treatment • Bipolar I Disorder, Bipolar II Disorder, Cyclothymic Disorder	
Module VI New Age Psychological Disorders	10%
Skin Picking, Temper tantrums, Hoarding disorder, Gambling disorders, Internet Gaming Disorder	

Student Learning Outcomes:

- Identify different types of anxiety and mood disorders, their clinical picture and management
- Analyse Impact of socio-occupational & personal functioning.
- Formulate the case with the help of psychological testing.
- Plan Therapeutic programs for management based on goals of therapy

Pedagogy for Course Delivery:

- Theory classes using lecture & discussion mode
- Power point presentations including videos
- Assigning students task of collecting researches/case studies relevant to each topic in current times & then having an interaction based discussion in the class





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Course Title: Behavioral Medicine

Credit Units: 10

Course Level: MPhil

Course Code: PSY-233

Course Objectives:

Health psychology, as one of the subspecialties of applied psychology, has made a notable impact on almost the entire range of clinical medicine. The field deals with psychological theories and methods that contribute immensely to the understanding and appreciation of health behavior, psychosocial and cultural factors influencing the development, adjustment to, treatment, outcome and prevention of psychological components of medical problems. The aim of behavioral medicine is to elucidate the effects of stress on immune, endocrine, and neurotransmitter functions among others, psychological process involved in health choices individuals make and adherence to preventive regimens, the effectiveness of psychological interventions in altering unhealthy lifestyles and in directly reducing illness related to various systems. Further, to provide the required skills and competency to assess and intervene for psychological factors that may predispose an individual to physical illness and that maintain symptoms, in methods of mitigating the negative effects of stressful situations/events, and buffering personal resources.

1. Appreciate the impact of psychological factors on developing and surviving a systemic illness.
2. Understand the psychosocial impact of an illness and psychological interventions used in this context.
3. Understand the psychosocial outcomes of disease, psychosocial interventions employed to alter the unfavorable outcomes.
4. Understand the rationale of psychological interventions and their relative efficacy in chronic disease, and carry out the indicated interventions.
5. Understand the importance of physician-patient relationships and communication in determining health outcomes.
6. Understand of how basic principles of health psychology are applied in specific context of various health problems, and apply them with competence.
7. Demonstrate the required sensitivity to issues of death and dying, breaking bad news, and end-of-life issues.
8. Carry out specialized interventions during period of crisis, grief and bereavement.
9. Understand, assimilate, apply and integrate newer evidence-based research findings in therapies, techniques and processes.
10. Critically evaluate current health psychology/behavioral medicine research articles, and present improved design/methods of replicating such research.
11. Demonstrate the sense responsibility while working collaboratively with another specialist and foster a working alliance.

Syllabus:

Unit – I: Introduction: Definition, boundary, psychological and behavioral influences on health and illness, neuroendocrine, neurotransmitter and neuroimmune responses to stress, negative affectivity, behavioral patterns, and coping styles, psychophysiological models of disease, theoretical models of health behavior, scope and application of psychological principles in health, illness and health care.
Unit – II: Central nervous system: Cognitive, personality, behavioral, emotional disturbances in major CNS diseases like cerebrovascular (stroke, vascular dementia etc.), developmental (cerebral palsy), degenerative (Parkinson's etc.), trauma (traumatic brain and spinal cord injury), convulsive (epilepsy), and infectious (AIDS dementia), assessment and methods for psychological intervention and rehabilitation with such patients.
Unit – III: Cardiovascular system: Psychosocial, personality, lifestyle, and health practice issues, psychobehavioral responses including coping with illness and functional loss in hypertension, MI, following CABG and other cardiovascular conditions, salient issues with regard to quality-of-life and well- being, empirically proven methods of psychological management of CVS diseases.
Unit – IV: Respiratory system: precipitants, such as emotional arousal, and other external stimuli, exacerbants such as anxiety and panic symptoms, effects, such as secondary gain, low self -esteem in asthma and other airway diseases, psychological, behavioral and biofeedback strategies as adjunct in the management.
Unit – V: Gastrointestinal system: Evaluation of psychological factors including personality characteristics and stress/coping style in functional GI disorders such as irritable bowel syndrome, inflammatory bowel





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Course Title: Psychotherapy and Counseling

Credit Units: 10

Course Level: MPhil

Course Code: PSY-232

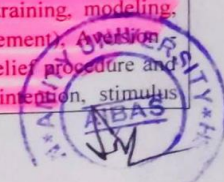
Course Objectives:

Impart knowledge and skills necessary to carry out psychological interventions in mental health problems with required competency. As a prelude to problem-based learning within a clinical context, the trainees are introduced to factors that lead to development of an effective working therapeutic alliance, pre-treatment assessment, setting therapy goals, evaluation of success of therapy in producing desired changes, and variables that affect the therapy processes. Further, the aim is to equip the trainees with various theories of clinical problems, and intervention techniques, and their advantages and limitations.

1. Describe what factors are important in determining how well patients do in psychotherapy?
2. Demonstrate an ability to provide a clear, coherent, and succinct account of patient's problems and to develop an appropriate treatment plan.
3. Demonstrate a sense of working collaboratively on the problem and ability to foster an effective alliance.
4. Demonstrate a working knowledge of theoretical application of various approaches of therapy to clinical conditions.
5. Set realistic goals for intervention taking into consideration the social and contextual mediation.
6. Carry out specialized assessments and interventions, drawing on their knowledge of pertinent outcome/evidence research.
7. Use appropriate measures of quantifying changes and, apply and integrate alternative or complementary theoretical approach, depending on the intervention outcome.
8. Demonstrate skills in presenting and communicating some aspects of current intervention work for assessment by other health professionals, give and receive constructive feedback.
9. Demonstrate ability to link theory-practice and assimilate clinical, professional, academic and ethical knowledge in their role of a therapist.
10. Present a critical analysis of intervention related research articles and propose their own methods/design of replicating such research.

Syllabus:

Unit - I: Introduction to Psychotherapy: Definitions, objectives, issues related to training professional therapists; ethical and legal issues involved in therapy work; rights and responsibilities in psychotherapy; issues related to consent (assent in case of minors); planning and recording of therapy sessions; structuring and setting goals; pre- and post-assessment; practice of evidence-based therapies.
Unit - II: Therapeutic Relationship: Client and therapist characteristics; illness, technique and other factors influencing the relationship.
Unit - III: Interviewing: Objectives of interview, interviewing techniques, types of interview, characteristics of structured and unstructured interview, interviewing skills (micro skills), open-ended questions, clarification, reflection, facilitation and confrontation, silences in interviews, verbal and non-verbal components.
Unit - IV: Affective psychotherapies: Origin, basis, formulation, procedures, techniques, stages, process, outcome, indications, and research & current status with respect to psychodynamic, brief psychotherapy, humanistic, existential, gestalt, person-centered, Adlerian, transactional analysis, reality therapy, supportive, clinical hypnotherapy, play therapy, psychodrama, and oriental approaches such as yoga, meditation, shavasana, pranic healing, reiki, tai chi etc.
Unit - V: Behavior therapies: Origin, foundations, principles & methodologies, problems and criticisms, empirical status, behavioral assessment, formulations and treatment goals, Desensitization - (imaginal, in-vivo, enriched, assisted), Extinction - (graded exposure, flooding and response prevention, implosion, covert extinction, negative practice, stimulus satiation), Skill training - (assertiveness training, modeling, behavioral rehearsal), Operant procedures - (token economy, contingency management), Aversion procedure (faradic aversion therapy, covert sensitization, aversion relief procedure, anxiety relief procedure and avoidance conditioning), Self-control procedures - (thought stop, paradoxical intention, stimulus





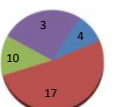
S.N o.	Name of Institute/School	Programme Name	Semester	Course Code	Course Name	I.1.1 Curricula developed and implemented have relevance to the local, national, regional and global developmental needs, which is reflected in the Programme outcomes (POs), Programme Specific Outcomes(PSOs) and Course Outcomes(COs) of the Programmes offered by the University.			
						LOCAL-1	NATIONAL-2	REGIONAL	GLOBAL

Psychology (Academic Session 2021-22)

1	of Behavioural & Allied Sciences	B.A. (Hons) Applied Psychology	1	PSY102	BASIC RESEARCH METHODOLOGY-I				
2			1	PSY103	BIOPSYCHOLOGY				
3			1	PSY104	STATISTICS IN PSYCHOLOGY-I				
4			1	PSY105	SCHOOLS OF PSYCHOLOGY				
5			1	EVS142	ENVIRONMENTAL STUDIES-I				
6			1	PSY100	EXPERIMENTAL PSYCHOLOGY-I				
7			1	BCU141	COMMUNICATION SKILLS – I				
8			1	BSU143	BEHAVIOURAL SCIENCE – I				
9			1	FLU144	FRENCH-I				
10			1	NTP130	TERM PAPER I				
11			1	CBA111	INTRODUCTORY PSYCHOLOGY			1	
12			II	PSY201	INTRODUCTION TO PSYCHOLOGY-II			1	
13			II	PSY202	BASIC RESEARCH METHODOLOGY-II				
14			II	PSY203	INTRODUCTION TO PERSONALITY THEORIES				
15			II	PSY204	STATISTICS IN PSYCHOLOGY-II				
16			II	PSY205	SOCIAL PSYCHOLOGY				
17			II	EVS242	ENVIRONMENTAL STUDIES-II				
18			II	PSY200	EXPERIMENTAL PSYCHOLOGY-II				
19			II	BCU241	COMMUNICATION SKILLS - II				
20			II	BSU243	BEHAVIOURAL SCIENCE – II				
21			II	FLP244	FRENCH - II				
22			II	NSM255	SEMINAR				
23			II	CBA211	ABNORMAL PSYCHOLOGY				
24			III	PSY301	DEVELOPMENTAL PSYCHOLOGY			1	
25			III	PSY302	POSITIVE PSYCHOLOGY			1	
26			III	PSY303	PSYCHOMETRIC ASSESSMENT				
27			III	PSY304	SOCIAL GERONTOLOGY AND HEALTH				1
28			III	PSY305	ENVIRONMENTAL PSYCHOLOGY				
29			III	PSY300	PSYCHOLOGY - BASIC PRACTICAL I				
30			III	BCU341	COMMUNICATION SKILLS – III				
31			III	BSU343	BEHAVIOURAL SCIENCE – III				
32			III	FLU344	FRENCH-III				
33			III	NTP330	TERM PAPER-II				
34			III	NSP360	SUMMER INTERNSHIP PROJECT (EVALUATION)				
35			III	CBA311	BASIC COGNITIVE PSYCHOLOGY				
36			IV	PSY401	INTRODUCTORY COUNSELING PSYCHOLOGY				
37			IV	PSY402	ABNORMAL PSYCHOLOGY				
38			IV	PSY403	INTRODUCTION TO ORGANISATIONAL PSYCHOLOGY				
39			IV	PSY400	PSYCHOLOGY – BASIC PRACTICAL II				
40			IV	BCU441	COMMUNICATION SKILLS – IV				
41			IV	BSU443	BEHAVIOURAL SCIENCE – IV				
42			IV	FLU444	FRENCH-IV				
43			IV	NCS408	CASE STUDY PRESENTATION				
44			IV	PSY404	SPORTS PSYCHOLOGY			1	
45			IV	PSY405	PSYCHOLOGY AND LIFE SKILLS			1	
46			IV	PSY406	EDUCATIONAL PSYCHOLOGY				
47			IV	PSY407	PSYCHOLOGY OF HEALTH AND YOGA			1	
48			IV	CBA 411	LIFE SPAN DEVELOPMENT				
49			V	PSY501	CLINICAL PSYCHOLOGY				
50			V	PSY502	GENDER PSYCHOLOGY			1	
51			V	PSY500	PSYCHOLOGY – BASIC PRACTICAL III				1
52			V	BCU541	COMMUNICATION SKILLS – V				
53			V	BSU543	BEHAVIOURAL SCIENCE – V				
54			V	FLU544	FRENCH-V				
55			V	NTP530	TERM PAPER-III				
56			V	NSP506	SUMMER FIELDWORK (EVALUATION)				
57			V	PSY503	PSYCHOLOGY OF MOTIVATION AND PERSONALITY				
58			V	PSY504	PSYCHOLOGICAL PRACTICES IN ORGANISATIONS			1	
59			V	PSY505	SCHOOL COUNSELING				
60			V	PSY506	FORENSIC MENTAL HEALTH				
61			V	PSY507	PSYCHOLOGY OF CAREGIVERS				
62			V	PSY508	INTRODUCTION TO COMMUNITY PSYCHOLOGY				
63			V	PSY509	SCIENCE OF WELL-BEING				
64			V	CBA 511	Psychometric Testing				
65			VI	PSY601	PSYCHOLOGY OF DIFFERENTIALLY-ABLED CHILDREN (SPECIAL EDUCATION)				
66			VI	PSY600	PSYCHOLOGY – BASIC PRACTICAL IV				
67			VI	BCU641	COMMUNICATION SKILLS – VI				
68			VI	BSU643	BEHAVIOURAL SCIENCE – VI				
69			VI	FLU644	FRENCH-VI				
70			VI	NMP601	MAJOR PROJECT				
71			VI	PSY602	PLANNING RECRUITMENT AND SELECTION				
72			VI	PSY603	INTRODUCTION TO INDUSTRIAL RELATIONS			1	
73			VI	PSY604	PSYCHOLOGY OF EXCEPTIONAL AND GIFTED CHILDREN				
74			VI	PSY605	TEACHING AND LEARNING TECHNIQUES				
75			VI	PSY606	HUMAN SKILL DEVELOPMENT				
76			VI	PSY607	PSYCHOLOGY OF AGING				
77			VI	PSY608	SCIENCE OF HAPPINESS				
78			VI	CBA611	PROJECT WORK (NTCC COURSE)				
79			I	PSY111	COGNITIVE PSYCHOLOGY				
80			I	PSY112	RESEARCH METHODOLOGY IN PSYCHOLOGY				
81			I	PSY113	PERSONALITY THEORIES				
82			I	PSY114	PHILOSOPHICAL FOUNDATIONS IN PSYCHOLOGY				
83			I	PSY115	PSYCHOPATHOLOGY - I				
84			I	PSY116	CLINICAL PSYCHOLOGY : CONCEPTS, METHODS AND RESEARCH				
85			I	NOS117	OBSERVATIONAL STUDY				
86			I	PSY110	PSYCHOLOGY- ADVANCED PRACTICAL - I				
87			I	BCP141	ADVANCED COMMUNICATION I				
88			I	BSP143	BEHAVIOURAL SCIENCE – I				
89			I	FLP144	FRENCH-I				
90			II	PSY211	APPLIED POSITIVE PSYCHOLOGY			1	
91			II	PSY212	STATISTICS AND QUALITATIVE ANALYSIS				1
92			II	PSY213	PSYCHOLOGICAL ASSESSMENT AND DIAGNOSIS				
93			II	PSY214	COMMUNITY MENTAL HEALTH AND REHABILITATION			1	
94			II	PSY215	PSYCHOPATHOLOGY - II				1
95			II	PSY210	PSYCHOLOGY- ADVANCED PRACTICAL - II				
96			II	NFW216	FIELD WORK				
97			II	BCP241	ADVANCED COMMUNICATION II				

98		II	BSP243	BEHAVIOURAL SCIENCE – II				
99		II	FLP244	FRENCH-II				
100		III	PSY311	COUNSELING SKILLS AND TECHNIQUES				
101		III	PSY312	PSYCHOPATHOLOGY - III				
102		III	PSY313	POSITIVE INTERVENTIONS IN HEALTH		1		1
103		III	PSY314	NEW AGE PSYCHOLOGICAL DISORDERS				
104		III	PSY315	DEVELOPMENTAL PSYCHOPATHOLOGY				
105		III	PSY316	POSITIVE PSYCHOTHERAPY				
106		III	PSY317	ASSESSMENT AND THERAPIES WITH CHILDREN				
107		III	NTT315	TREATISE				
108		III	NSP310	SUMMER INTERNSHIP				
109		III	PSY318	DEVELOPMENTAL PSYCHOLOGY: THEORY AND PRACTICE				
110		III	PSY319	UNDERSTANDING FORENSIC PSYCHOLOGY		1		
111		III	BCP341	ADVANCED COMMUNICATION III				
112		III	BSP343	BEHAVIOURAL SCIENCE – III				
113		III	FLP344	FRENCH-III				
114		IV	PSY411	BASICS OF NEUROPSYCHOLOGY				
115		IV	PSY412	BEHAVIOUR AND COGNITIVE THERAPIES				
116		IV	PSY413	FAMILY AND MARITAL THERAPY				
117		IV	PSY414	PSYCHOLOGY OF CONSCIOUSNESS				
118		IV	PSY415	EMOTIONS AND IMPLICATIONS				
119		IV	PSY416	PSYCHO-ONCOLOGY				
120		IV	PSY417	NEUROPSYCHOLOGICAL REHABILITATION	1	1		1
121		IV	PSY418	NEUROPSYCHOLOGICAL ASSESSMENT				
122		IV	PSY419	PSYCHODYNAMIC THERAPIES				
123		IV	NMP410	DISSERTATION				
124		IV	PSY410	SPIRITUALITY AND POSITIVE GROWTH				
125		IV	BCP441	ADVANCED COMMUNICATION IV				
126		IV	BSP443	BEHAVIOURAL SCIENCE – IV				
127		IV	FLP444	FRENCH-IV				
128		I	PSY121	COGNITIVE PSYCHOLOGY				
129		I	PSY122	RESEARCH METHODOLOGY IN PSYCHOLOGY				
130		I	PSY123	PERSONALITY THEORIES				
131		I	PSY124	PHILOSOPHICAL FOUNDATIONS IN PSYCHOLOGY				
132		I	PSY125	HEALTH PSYCHOLOGY				
133		I	PSY126	APPLIED BEHAVIOURAL ANALYSIS				
134		I	PSY120	PSYCHOLOGY ADVANCED PRACTICAL - I				
135		I	BCP141	ADVANCED COMMUNICATION - I				
136		I	BSP143	BEHAVIOURAL SCIENCE - I				
137		I	FLP144	FRENCH-I				
138		I	NOS127	OBSERVATIONAL STUDY				
139		II	PSY221	APPLIED POSITIVE PSYCHOLOGY				
140		II	PSY222	STATISTICS AND QUALITATIVE ANALYSIS				
141		II	PSY223	PSYCHOLOGICAL ASSESSMENT AND DIAGNOSIS	1			
142		II	PSY224	APPLIED COUNSELLING PSYCHOLOGY	1			
143		II	PSY225	PSYCHOPATHOLOGY - I				
144		II	PSY220	PSYCHOLOGY ADVANCED PRACTICAL - II				
145		II	BCP241	ADVANCED COMMUNICATIONS - II				
146		II	BSP243	BEHAVIOURAL SCIENCE - II				
147		II	FLP244	FRENCH-II				
148		II	NFW226	FIELD WORK				
149		III	PSY321	ORGANISATIONAL DEVELOPMENT: CHANGE AND DEVELOPMENTAL STRATEGIES				
150		III	PSY322	PSYCHOLOGY OF HUMAN STRENGTH				
151		III	PSY323	BASICS OF NEUROPSYCHOLOGY				
152		III	PSY324	POSITIVE INTERVENTIONS IN HEALTH				
153		III	PSY325	POSITIVE PSYCHOLOGY AND WELLBEING				
154		III	PSY326	PSYCHOLOGICAL PRACTICES IN ORGANISATION AND COMMUNITY DEVELOPMENT				
155		III	PSY327	OCCUPATIONAL STRESS MANAGEMENT				
156		III	PSY328	COLLEGE AND CAREER COUNSELLING				
157		III	PSY329	ORGANISATIONAL PSYCHOLOGY AND EMPLOYEE COUNSELLING				
158		III	NTT325	TREATISES				
159		III	BCP341	ADVANCED COMMUNICATION - III				
160		III	BSP343	BEHAVIOURAL SCIENCE - III				
161		III	FLP344	FRENCH-III				
162		III	NSP320	SUMMER INTERNSHIP				
163		IV	PSY421	DEVELOPMENT AND EDUCATIONAL PSYCHOLOGY				
164		IV	PSY422	PSYCHOSOCIAL AND INTERPERSONAL PSYCHOLOGY				
165		IV	PSY423	FAMILY AND MARITAL THERAPY				
166		IV	PSY424	PSYCHOLOGY OF CONSCIOUSNESS		1		
167		IV	PSY425	EMOTIONS AND IMPLICATIONS				
168		IV	PSY426	PSYCHO-ONCOLOGY		1		1
169		IV	PSY420	PSYCHOLOGY OF POWER				
170		IV	PSY428	WORKPLACE DIVERSITY - EMPLOYEE COACHING AND WELL BEING				
171		IV	PSY429	CONSUMER PSYCHOLOGY				
172		IV	PSY427	SPIRITUALITY AND POWER GROWTH				
173		IV	BCP441	ADVANCED COMMUNICATION - IV				
174		IV	BSP443	BEHAVIOURAL SCIENCE - IV				
175		IV	FLP444	FRENCH-IV				
176		IV	NMP420	DISSERTATION				
177			PSY-131	PSYCHOSOCIAL FOUNDATIONS OF BEHAVIOR AND PSYCHOPATHOLOGY				1
178			PSY-132	STATISTICS AND RESEARCH METHODOLOGY				
179			PSY-133	PSYCHIATRY				
180			PSY-134	PRACTICAL - PSYCHOLOGICAL ASSESSMENT AND VIVA VOCE				3
181			NRS-135	SUBMISSION OF FULL-LENGTH PSYCHODIAGNOSTIC REPORT				
182			PSY-231	BIOLOGICAL FOUNDATION OF BEHAVIOUR				
183			PSY-232	PSYCHOTHERAPY AND COUNSELING				
184			PSY-233	BEHAVIOUR MEDICINE		1		
185			PSY-234	PRACTICAL-PSYCHOLOGICAL THERAPY AND				
186			NRS-235	SUBMISSION OF FULL-LENGTH PSYCHODIAGNOSTIC REPORT				1
187			NMP-230	DISSERTATION				
AIBAS Psychology					4	17	10	3

Total No of Courses Relevance to the Local, National, Regional and Global Developmental Needs in AIBAS Psychology Department



■ LOCAL
■ NATIONAL
■ REGIONAL

BA APPLIED PSYCHOLOGY (AIBAS)

(Batch: 2021-2022)

Course Outcomes:

FIRST SEMESTER

S.No.	Course Code	Course Title	Course Outcomes
1	PSY-101	INTRODUCTION TO PSYCHOLOGY-I	<ul style="list-style-type: none">• Develop a base in cognitive psychology with the help of relevant example of everyday life.• Comprehend and analyze situations in life better and to enable others in the same way.• Appreciate various theories of learning in the practical world.• Identify the importance of experiments in the field of memory & how it shaped cognitive psychology.
2	PSY-102	BASIC RESEARCH METHODOLOGY-I	<ul style="list-style-type: none">• Analyse & comprehend research and its application.• Design and develop the strategy to conduct research.• Comprehend the inter relation between parameters under study.• Develop insight into procedural scientific steps of conducting research.• Identify the strategic & scientific aspects related to hypothesis testing.
3	PSY-103	BIOPSYCHOLOGY	<ul style="list-style-type: none">• Analyse the importance of the most essential fundamental physiological process underlying psychological events• Explore the various techniques used to examine brain tissue and their examination techniques• Evaluate the comprehensive exposure to Nervous system and its governing factor with various behaviours.
4	PSY-104	STATISTICS IN PSYCHOLOGY-I	<ul style="list-style-type: none">• Analyse the importance of statistics in the field of psychology• Explore the various data interpretation techniques.• Evaluate various descriptive statistics technique
5	PSY-105	SCHOOLS OF PSYCHOLOGY	<ul style="list-style-type: none">• Ability to identify, formulate, and solve complex engineering problems by applying principles of engineering, science, and mathematics.• Ability to apply engineering design to produce solutions that meet specified needs with consideration of public health, safety, and welfare, as well as global, cultural, social, environmental, and economic factors• An ability to recognize ethical and professional responsibilities in engineering situations and make informed judgments, which

			must consider the impact of engineering solutions in global, economic, environmental, and societal contexts
6	EVS-142	ENVIRONMENTAL STUDIES-I	<ul style="list-style-type: none"> • . Analyse the importance of Environmental Studies • Explore the various data interpretation techniques.
7	PSY-100	EXPERIMENTAL PSYCHOLOGY-I	<ul style="list-style-type: none"> • The rationale behind introducing the term paper for BA Students (Ist Year) is to enhance the reading and writing habits of the students and to make them aware about the process of carrying out a research work. • This helps them to develop insight into the course they are studying which creates an academic interest among the students. Presentation of the term paper plays an important role as it facilitates knowledge sharing and improvement in presentation skills which will further enhance the confidence of the students.
8	BCU-141	COMMUNICATION SKILLS – I	<ul style="list-style-type: none"> • Analyse the importance of Communication Skills • Explore the various data interpretation techniques.
9	BSU-143	BEHAVIOURAL SCIENCE – I	<ul style="list-style-type: none"> • Analyse the importance of Behavioural Science • Moral Values Life skills • Explore the various data interpretation techniques.
10	FLU-144	FRENCH	<ul style="list-style-type: none"> • Analyse the importance of language • Communication Skills skills • Explore the various data interpretation techniques.
11	NTP-103	TERM PAPER I	<ul style="list-style-type: none"> • Analyse & comprehend research and its application. • Design and develop the strategy to conduct research. • Comprehend the inter relation between parameters under study.

SECOND SEMESTER

S.No.	Course Code	Course Title	Course Outcomes
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1	PSY -201	INTRODUCTION TO PSYCHOLOGY-II	<ul style="list-style-type: none"> • Ability to identify, formulate, and solve complex engineering problems by applying principles of engineering, science, and mathematics. • Ability to apply engineering design to produce solutions that meet specified needs with consideration of public health, safety, and welfare, as well as global, cultural, social, environmental, and economic factors.
2	PSY -202	BASIC RESEARCH METHODOLOGY-II	<ul style="list-style-type: none"> • Develop a base in cognitive psychology with the help of relevant example of everyday life. • Comprehend and analyze situations in life better and to enable others in the same way. • Appreciate various theories of learning in the practical world.
3	PSY -203	INTRODUCTION TO PERSONALITY THEORIES	<ul style="list-style-type: none"> • Identify the importance of personality • Theory of personality • Cluster theory of personality
4	PSY-204	STATISTICS IN PSYCHOLOGY-II	<ul style="list-style-type: none"> • Develop a base in Social, cognitive psychology with the help of relevant example of everyday life. • Comprehend and analyse situations in life better and to enable others in the same way. • Appreciate various theories of learning in the practical world.
5	PSY-205	SOCIAL PSYCHOLOGY	<ul style="list-style-type: none"> • Develop a base in cognitive psychology with the help of relevant example of everyday life. • Comprehend and analyze situations in life better and to enable others in the same way. • Appreciate various theories of learning in the practical world.
6	EVS-242	ENVIRONMENTAL STUDIES-II	<ul style="list-style-type: none"> • Comprehend and analyze situations in life better and to enable others in the same way. • Appreciate various theories of learning in the practical world. • Develop a base in cognitive psychology with the help of relevant example of everyday life.

7	PSY-200	EXPERIMENTAL PSYCHOLOGY-II	<ul style="list-style-type: none"> The overall objective of this experimental is to develop research orientations in students and to make them understand and enhance skills in Research Methodology, Ability to identify, formulate, and solve complex engineering problems by applying principles of engineering, science, and mathematics. Ability to apply engineering design to produce solutions that meet specified needs with consideration of public health, safety, and welfare, as well as global, cultural, social, environmental, and economic factors
8	BCU-241	COMMUNICATION SKILLS - II	<ul style="list-style-type: none"> Analyse the importance of Communication Skills Explore the various data interpretation techniques.
9	BSU-243	BEHAVIOURAL SCIENCE – II	<ul style="list-style-type: none"> Analyse the importance of Behavioural Science Moral Values Life skills Explore the various data interpretation techniques.
10	FLP-244	FOREIGN LANGUAGE - II	<ul style="list-style-type: none"> Analyse the importance of language Communication Skills skills Explore the various data interpretation techniques.
11	NSM-205	SEMINAR	<ul style="list-style-type: none"> Analyse & comprehend topic an syllabus content. Design and develop the strategy to conduct research. Comprehend the inter relation between parameters under study.

THIRD SEMESTER

S.N.	Course Code	Course Title	Course Outcomes
1	PSY-301	DEVELOPMENTAL PSYCHOLOGY	<ul style="list-style-type: none"> Develop a base in cognitive psychology with the help of relevant example of everyday life. Comprehend and analyze situations in life better and to enable others in the same way. Appreciate various theories of learning in the practical world. All relevant theory
2	PSY-302	POSITIVE PSYCHOLOGY	<ul style="list-style-type: none"> Develop a base in Social, cognitive psychology with the help of relevant example of everyday life. Comprehend and analyse situations in life better and to enable others in the same way. Appreciate various theories of learning in the practical world.

3	PSY-303	PSYCHOMETRIC ASSESSMENT	<ul style="list-style-type: none"> • Comprehend and analyze situations in life better and to enable others in the same way. • Appreciate various theories of learning in the practical world. • Develop a base in cognitive psychology with the help of relevant example of everyday life.
4	PSY-304	SOCIAL GERONTOLOGY AND HEALTH	<ul style="list-style-type: none"> • Comprehend and analyze situations in life better and to enable others in the same way. • Appreciate various theories of learning in the practical world. • Develop a base in cognitive psychology with the help of relevant example of everyday life.
5	PSY-305	ENVIRONMENTAL PSYCHOLOGY	<p>Recognize the various types of psychological tests</p> <ul style="list-style-type: none"> • Organize the various steps in construction of a psychological test • Review the ethical issues surrounding psychometric evaluation in day to day life • Review the ethical issues surrounding psychometric evaluation in day to day life
6	PSY-300	PSYCHOLOGY - BASIC PRACTICAL I	<ul style="list-style-type: none"> • Appreciate the importance of psychology in health and well being • Apply the concepts of health psychology in disease prevention and health promotion in society at large.
7	BCU-341	COMMUNICATION SKILLS – III	<ul style="list-style-type: none"> • Analyse the importance of Communication Skills • Explore the various data interpretation techniques.
8	BSU-343	BEHAVIOURAL SCIENCE – III	<ul style="list-style-type: none"> • Analyse the importance of Behavioural Science • Moral Values Life skills • Explore the various data interpretation techniques.
9	FLU-344	FRENCH	<ul style="list-style-type: none"> • Analyse the importance of language • Communication Skills skills • Explore the various data interpretation techniques.
10	NTP-303	TERM PAPER-II	<ul style="list-style-type: none"> • Analyse & comprehend research and its application. • Design and develop the strategy to conduct research. • Comprehend the inter relation between parameters under study.
11	NSP-306	SUMMER INTERNSHIP PROJECT (EVALUATION)	<ul style="list-style-type: none"> • Analyse the importance of Communication Skills • Explore the various data interpretation techniques.

FOURTH SEMESTER

S.No.	Course Code	Course Title	Course Outcomes
1	PSY-401	INTRODUCTORY COUNSELING PSYCHOLOGY	<ul style="list-style-type: none"> • Evaluate various psychotherapies and schools in counseling techniques. • Develop skills of eclectic therapeutic plans. • Identify the techniques to practice in the therapy encounter and how those techniques should be implemented with a variety of disorders and psychosocial issues • Pedagogy for Course Delivery: Through lecture, role-play, video feedback and the use of creative (expressive) arts, students are provided • an in-depth experience in skill development using individual and small group counseling and therapy.
2	PSY-402	ABNORMAL PSYCHOLOGY	<ul style="list-style-type: none"> • Explain multiple definitions of the terms “normal” and “abnormal.”□ • Review psychological, biological, and sociocultural theoretical perspectives of abnormal behavior.□ • Describe the diagnostic criteria, symptoms, course, incidence, prevalence, etiology, prognosis, and correlates of major mental disorders.□ • Evaluate biological, social, learning, and developmental influences on psychopathology.□ • Apply diagnostic criteria and case formulations to the assessment and diagnosis of major mental disorders□ • Review current research findings and trends relative to the development and description of maladaptive behavior, as well as gender and demographic influences on the prevalence of psychological illness.□
3	PSY-403	INTRODUCTION TO ORGANIZATIONAL PSYCHOLOGY	<ul style="list-style-type: none"> • Describe concepts of psychology in the process of manpower training. • Design training & development process of an organizations • Apply various methods in organizational setting
4	PSY-400	PSYCHOLOGY - BASIC PRACTICAL II	<ul style="list-style-type: none"> • Will analyze the history and development of sports psychology. • Students will be able to relate to the theoretical foundation of sports psychology • Analyze the Psychological strategies of enhancement of sport performance • □ Employ skills about Sport Psychology Laboratory • □ List the Ethical & professional perspectives

5	BCU-441	COMMUNICATION SKILLS – IV	<ul style="list-style-type: none"> Analyse the importance of Communication Skills Explore the various data interpretation techniques.
6	BSU-443	BEHAVIOURAL SCIENCE – IV	<ul style="list-style-type: none"> Analyse the importance of Behavioural Science Moral Values Life skills Explore the various data interpretation techniques.
7	FLU-444	FRENCH	<ul style="list-style-type: none"> Analyse the importance of language Communication Skills skills Explore the various data interpretation techniques.
8	NCS-408	CASE STUDY PRESENTATION	<ul style="list-style-type: none"> Analyse the importance of Behavioural Science Moral Values Life skills Explore the various data interpretation techniques.
9	PSY-401	INTRODUCTORY COUNSELING PSYCHOLOGY	<ul style="list-style-type: none"> Analyse the importance of Counselling Skills Explore the various data interpretation techniques.
10	PSY-402	ABNORMAL PSYCHOLOGY	<ul style="list-style-type: none"> Analyse & comprehend research and its application. Design and develop the strategy to conduct research. Comprehend the inter relation between parameters under study.
11	PSY-404	SPORTS PSYCHOLOGY	<ul style="list-style-type: none"> Analyse the importance of sports Skills Explore the various data interpretation techniques.
12	PSY-405	PSYCHOLOGY AND LIFE SKILLS	<ul style="list-style-type: none"> Analyse the importance of Behavioural Science Moral Values Life skills Explore the various data interpretation techniques.
13	PSY-406	EDUCATIONAL PSYCHOLOGY	<ul style="list-style-type: none"> Analyse the importance of Educational Psychology Moral Values Life skills Explore the various data interpretation techniques.
14	PSY-407	PSYCHOLOGY OF HEALTH AND YOGA	<ul style="list-style-type: none"> Analyse the importance of language Communication Skills skills Explore the various data interpretation techniques.
12	PSY-404	SPORTS PSYCHOLOGY	

FIFTH SEMESTER

S.No	Course Code	Course Title	Course Outcomes
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1	PSY-501	Clinical Psychology	<ul style="list-style-type: none"> • Explain multiple definitions of the terms “normal” and “abnormal.” • Review psychological, biological, and sociocultural theoretical perspectives of abnormal behavior. • Describe the diagnostic criteria, symptoms, course, incidence, prevalence, etiology, prognosis, and correlates of major mental disorders. • Evaluate biological, social, learning, and developmental influences on psychopathology. • Apply diagnostic criteria and case formulations to the assessment and diagnosis of major mental disorders
2	PSY-502	Gender Psychology	<ul style="list-style-type: none"> • Review current research findings and trends relative to the development and description of maladaptive behavior, as well as gender and demographic influences on the prevalence of psychological illness.□
3	PSY-500	Psychology - Basic Practical III	<ul style="list-style-type: none"> • Review current research findings and trends relative to the development and description of maladaptive behavior, as well as gender and demographic influences on the prevalence of psychological illness.□
4	BCU-541	Communication Skills – III	<ul style="list-style-type: none"> • Analyse the importance of Communication Skills • Explore the various data interpretation techniques.
5	BSU-543	Behavioural Science – V	<ul style="list-style-type: none"> • Analyse the importance of Behavioural Science • Moral Values Life skills • Explore the various data interpretation techniques.
6	FLU-544	French	<ul style="list-style-type: none"> • Analyse the importance of language • Communication Skills skills • Explore the various data interpretation techniques.
7	NTP-503	Term Paper-III	<ul style="list-style-type: none"> • Explore the various data interpretation techniques.
8	NSP-506	Summer Fieldwork (Evaluation)	<ul style="list-style-type: none"> • Develop a base in cognitive psychology with the help of relevant example of everyday life. • Comprehend and analyses situations in life better and to enable others in the same way. • Appreciate various theories of learning in the practical world.

9	PSY-501	Clinical Psychology	<ul style="list-style-type: none"> Analyse & comprehend research and its application. Design and develop the strategy to conduct research. Comprehend the inter relation between parameters under study. Develop insight into procedural scientific steps of conducting research.
10	PSY-502	Gender Psychology	<ul style="list-style-type: none"> Analyse the importance of the most essential fundamental physiological process underlying psychological events Explore the various techniques used to examine brain tissue and their examination techniques Evaluate the comprehensive exposure to Nervous system and its governing factor with various behaviours.
13	PSY-500	Psychology - Basic Practical III	<ul style="list-style-type: none"> Develop a base in cognitive psychology with the help of relevant example of everyday life. Comprehend and analyze situations in life better and to enable others in the same way. Appreciate various theories of learning in the practical world.
	PSY -503	Psychology of Motivation and Leadership	<ul style="list-style-type: none"> Analyse & comprehend research and its application. Design and develop the strategy to conduct research. Comprehend the inter relation between parameters under study. Develop insight into procedural scientific steps of conducting research.
	PSY-504	Psychological Practices in Organisations	<ul style="list-style-type: none"> Comprehend and analyze situations in life better and to enable others in the same way. Practices in Organisations Appreciate various theories of learning in the practical world.
	PSY-505	School Counseling	<ul style="list-style-type: none"> School Counselling Communication to Patients and Clients
	PSY-506	Forensic Mental Health	<ul style="list-style-type: none"> . Orientation on Forensic aspects Assessment in Forensic aspects Intervention on Forensic aspects
	PSY-507	Psychology of Caregivers	<ul style="list-style-type: none"> Observation of geriatric population Design and develop the strategy to conduct research. Comprehend the inter relation between parameters under study.

	PSY-508	Introduction to Community Psychology	<ul style="list-style-type: none"> • Comprehend and analyze situations in life better and to enable others in the same way. • CBR • Decentralization of Power • Appreciate various theories of learning in the practical world.
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SIXTH SEMESTER

S.No.	Course Code	Course Title	Course Outcomes
1	PSY-601	Psychology of Differentially-abled Children (Special Education)	<ul style="list-style-type: none"> • Analyse the importance of CWSN • Moral Values Life skills • Explore the various data interpretation techniques. • Acts and regulation
2	PSY-600	Psychology Basic Practical IV	<ul style="list-style-type: none"> • Communication Skills on testing and Rapport • Explore the various data interpretation techniques.
3	BCU-641	Communication Skills – IV	<ul style="list-style-type: none"> • Analyse the importance of Communication Skills • Explore the various data interpretation techniques.
4	BSU-643	Behavioural Science – VI	<ul style="list-style-type: none"> • Analyse the importance of Behavioural Science • Moral Values Life skills • Explore the various data interpretation techniques.
5	FLU-644	French	<ul style="list-style-type: none"> • Analyse the importance of language • Communication Skills skills • Explore the various data interpretation techniques.
6	NMP-601	Major Project	<ul style="list-style-type: none"> • Analyse the importance of Behavioural Science • Moral Values Life skills • Explore the various data interpretation techniques.
7	PSY-603	Introduction to Industrial Relations	<ul style="list-style-type: none"> • Analyse the importance of language • Communication Skills skills • Explore the various data interpretation techniques.
8	PSY-604	Psychology of Exceptional and Gifted Children	<ul style="list-style-type: none"> • Design and develop the strategy to conduct research. • Comprehend the inter relation between parameters under study.



MASTER OF CLINICAL PSYCHOLOGY

PROGRAMME CODE: PSY

Duration: 2 Years Full Time

Course Outcome

Semester -1

Course structure: Cognitive Psychology - Course Code: PSY-111

Course Title: Cognitive Psychology

Credit Units: 3

Course Level: PG Level

Course Code: PSY-111

Course Outcomes:

- The Students are able to understand the concept of cognition and its application in cognitive psychology.
- Students develop the cognitive skills in themselves and others.

Course structure: Research Methodology in Psychology - Course Code: PSY-112

Course Title: Research Methodology In Psychology

Credit Units: 4

Course Level: PG Level

Course Code: PSY-112

Course Outcomes:

- Students will able to understand the basic principles of Research Methodology.
- To equip students with skills of various methods and techniques for scientific conduct of social science research
- Students will learn and discuss in-detail the sampling, data collection, analysis of data and report writing

Course structure: Personality Theories - Course Code: PSY-113

Course Title: Personality Theories

Credit Units: 3

Course Level: PG Level

Course Code: PSY-113

Course Outcomes:

- Students will able to understand the major theories and traditions related to the study of personality and personal growth.
- Student will able to clear the underlined themes, methodology and assumption of each theory to enhance understanding of personality and behaviour



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Registrar

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Course structure: Philosophical Foundations in Psychology - Course Code: PSY-114

Course Title: Philosophical Foundations in Psychology

Credit Units: 3

Course Level: PG Level

Course Code: PSY-114

Course Outcomes:

- Enable students to understand the philosophical background to psychology
- Students will develop discipline from the various schools of philosophy

Course structure: Psychopathology-I - Course Code: PSY-115

Course Title: Psychopathology-I

Credit Units: 3

Course Level: PG Level

Course Code: PSY-115

Course Outcomes:

- The students will understand signs and symptoms of psychopathology.
- Students will be able to assess the symptoms, nature, causes and dysfunctions associated with these disorders and discuss the intervention programs with regard to the goals of therapy. It also discusses new age psychological disorders.

Course structure: Clinical Psychology: Concepts, Methods & Issues - Course Code: PSY-116

Course Title: Clinical Psychology: Concepts, Methods & Issues

Credit Units: 3

Course Level: PG Level

Course Code: PSY-116

Course Outcomes:

- The purpose of this course is to acclimatize students with the field of clinical psychology.
- Students will be able to understand the concepts, methods and issues that are pertinent to the clinical psychology.




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Course structure: Psychology Advanced Practical – I - Course Code: PSY-110

Course Title: Psychology Advanced Practical – I

Credit Units: 2

Course Level: PG Level

Course Code: PSY-110

Course Outcomes:

- This course will provide each student with an exposure to the general concepts of psychology through experimentation and testing.
- Every student is expected to perform and write any 6 practical's each out of the following options

Course structure: Observational Study - Course Code: NOS-117

Course Title: Observational Study

Credit Units: 2

Course Level: PG Level

Course Code: NOS-117

Course Outcomes:

- To enable the students with the practical exposure in the area of mental health, this in turn will be the pathway to their personal and professional training.
- To develop skill to establish therapeutic communication with the psychiatric/ non psychiatric population.
- To be able to use psychological theoretical knowledge in to clinical settings.
- To be able to develop report writing skills

Course structure: Applied Positive Psychology - Course Code: PSY-211

Course Title: Applied Positive Psychology

Credit Units: 3

Course Level: PG Level

Course Code: PSY-211

Course Outcomes:

- To enable students to understand in depth, the theory and research related to Positive Psychology
- To equip students with skills to develop the use of different aspects of Positive Psychology in themselves and others in everyday life.

Course structure: Statistics & Qualitative Analysis - Course Code: PSY-212

Course Title: Statistics & Qualitative Analysis

Credit Units: 4

Course Level: PG Level

Course Code: PSY-212

Course Outcomes:

- Students will understand basic concepts of statistics and qualitative techniques as applied to psychology.
- Students will able to understand the basic principles of Research Methodology.
- To equip students with skills of various methods and techniques for scientific conduct of research in psychology



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Course structure: Psychological Assessment & Diagnosis - Course Code: PSY-213

Course Title: Psychological Assessment & Diagnosis

Credit Units: 3

Course Level: PG Level

Course Code: PSY-213

Course Outcomes:

- The course teaches the students about the objectives, characteristics and wide ranging effects of psychological testing.
- Students will able to understand the various testing methodologies and outlines capabilities and limitations of these testing methods.

Student Learning Outcomes:

- Develop capabilities of assessment of tools, methodologies and testing procedures.
- Demonstrate ability to handle ethical concerns surrounding psychological testing
- Apply the learning of test conduction and report generation in real life setting
- Demonstrate the ability to handle psychological assessment.

Course structure: Community Mental Health & Rehabilitation - Course Code: PSY-214

Course Title: Community Mental Health & Rehabilitation

Credit Units: 3

Course Level: PG Level

Course Code: PSY-214

Course Outcomes:

- The course will deals with community mental health aspects related to preventive approach, therapeutic community and rehabilitation measures which deal in detail about how to get a mentally ill person gradually on the road to recovery step by step.
- Students will able to understand the Community-based Rehabilitation in detail

Course structure: Psychopathology-II - Course Code: PSY-215

Course Title: Psychopathology-II

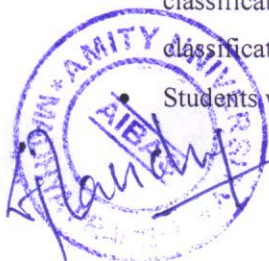
Credit Units: 3

Course Level: PG Level

Course Code: PSY-215

Course Outcomes:

- The students will learn about the psychological disorders and also make them clear about classification of these disorders, help them to arrive at a correct diagnosis based on two major classification systems, DSM-V and ICD-10 and learn about symptoms of specific disorders. Students will also understand the differential diagnosis of the disorders



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Course structure: Psychology-Advanced Practical II - Course Code: PSY-210

Course Title: Psychology-Advanced Practical II

Credit Units: 2

Course Level: PG Level

Course Code: PSY-210

Course Objectives:

- This course will provide each student with an exposure to the general concepts of psychology through experimentation and testing. Every student is expected to perform and write any 6 practical's each out of the following options

Course structure: Field Work - Course Code: NFW-216

Course Title: Field Work

Credit Units: 2

Course Level: PG Level

Course Code: NFW-216

Course Outcomes:

- To enable the students with the practical exposure in their core area of interest (Corporate Sector, NGOs, Hospitals etc.), which in turn will be the pathway to their personal and professional training.
- It will also help students to develop report writing skills.

Course structure: Understanding Forensic Psychology - Course Code: PSY-319

Course Title: Understanding Forensic Psychology

Credit Units: 3

Course Level: PG Level

Course Code: PSY-319

Course Outcomes:

- This course will provide each student with an exposure to basics of role played by psychology in forensics.
- Students will understand the concept of forensic psychology and learn how forensic psychologists contribute to the legal system.
- Students will aware the methods used by forensic psychologists to explain behavior by examining a number of studies devoted to topics related to forensic psychology

Course structure: Counselling Skills and Techniques - Course Code: PSY-311

Course Title: Counselling Skills and Techniques

Credit Units: 3

Course Level: PG Level

Course Code: PSY-311

Course Outcomes:

- The student will be introduced to the various techniques and strategies to enable better socio occupational and personal adaptation of their clients and also the skills one needs to inculcate in the process.
- Students will familiarize the students to apply this learning in professional setting.
- This course is an examination of the theoretical perspectives as well as practical prerequisites to function in the field of psychology as a mental health professional.



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Course structure: Psychopathology-III - Course Code: PSY-312

Course Title: Psychopathology-III

Credit Units: 3

Course Level: PG Level

Course Code: PSY-312

Course Outcomes:

- The students will understand of different types of sleeping, sexual and impulse control disorders and assess the symptoms, nature, causes and dysfunctions associated with these disorders.
- Students will also understand the intervention programs with regard to the goals of therapy and demonstrate an understanding of different substances and their differential impact on physical & psychological health

Course structure: Positive Interventions in Health - Course Code: PSY-313

Course Title: Positive Interventions in Health

Credit Units: 3

Course Level: PG Level

Course Code: PSY-313

Course Outcomes:

- Students will able to understand the applications of positive psychology in intervention designing and administration.
- To Develop an ability to perform need analysis for interventions
- Students will able to develop the skills to design content and deliver trainings/interventions based in positive psychology
- Help students establish the relationship between positive living and health

Course structure: New Age Psychological Disorders - Course Code: PSY-314

Course Title: New Age Psychological Disorders

Credit Units: 3

Course Level: PG Level

Course Code: PSY-314

Course Outcomes:

- Help the students to learn about the new psychological disorders and also make them clear about classification of these disorders,
- Students will able to attain at a correct diagnosis based on two major classification systems, DSM-V and ICD-10 and to make them learn about symptoms of new specific disorders.

Course structure: Developmental Psychopathology - Course Code: PSY-315

Course Title: Developmental Psychopathology

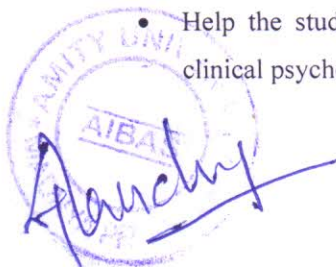
Credit Units: 3

Course Level: PG Level

Course Code: PSY-315

Course Outcomes:

- Students will aware of the nature of different psychological disorders of childhood.
- Help the students to understand about the diagnostic Classification in Childhood Disorders, clinical psychopathology, & management.




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Course structure: Positive Psychotherapy - Course Code: PSY-316

Course Title: Positive Psychotherapy

Credit Units: 3

Course Level: PG Level

Course Code: PSY-316

Course Outcomes:

- The students will understand concepts of Positive Psychology, theoretical back ground & different sub-concepts coming under positive psychology.
- Students will be equipped with the various techniques of Positive Psychotherapy.

Course structure: Assessment and Therapies with Children - Course Code- PSY-317

Course Title: Assessment and Therapies with Children

Credit Units: 3

Course Level: PG Level

Course Code: PSY-317

Course Outcomes:

- Students will aware of needs of Psychological assessment in Childhood Disorders.
- The Students will learn the techniques of collecting data from various sources in childhood assessment and the various kinds of psychological assessments.
- Students will able to deals with the psychological therapies needed for treating the mental disorders in children.

Course structure: Developmental Psychology: Theory and Practice - Course Code: PSY318

Course Title: Developmental Psychology: Theory and Practice

Credit Units: 3

Course Level: PG Level

Course Code: PSY318

Course Outcomes:

- Students will able to understand development of child through various stages.
- Students will able to develop the knowledge and skills in different aspects of Learning and Motivation as implied in Educational Settings

Course structure: Treatise - Course Code: NTT-315

Course Title: Treatise

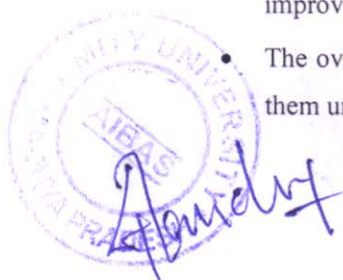
Credit Units: 3

Course Level: PG Level

Course Code: NTT-315

Course Outcomes:

- The rationale behind introducing the treatise for PG students is to enhance the reading and writing habits of the students and to make them aware about the process of carrying out a research work.
- This helps them to develop insight into the course they are studying which creates an academic interest among the students.
- Presentation of the treatise plays an important role as it facilitates knowledge sharing and improvement in presentation skills which will further enhance the confidence of the students.
- The overall objective of this treatise is to develop research orientations in students and to make them understand and enhance skills in Research Methodology



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Course structure: Summer Internship - Course Code: NSP-310

Course Title: Summer Internship.

Credit Units: 4

Course Level: PG Level

Course Code: NSP-310

Course Outcomes:

- To enable the students with the practical exposure in the area of mental health, which will turn the pathway to their personal and professional training?
- To develop skill to establish therapeutic communication with the psychiatric/ non psychiatric population.
- To be able to use psychological theoretical knowledge in to clinical settings.
- To be able to develop report writing skills.

Course structure: Basics of Neuropsychology - Course Code: PSY-411

Course Title: Basics of Neuropsychology

Credit Units: 3

Course Level: PG Level

Course Code: PSY-411

Course Outcomes:

- To introduce the basic principles of Neuropsychology.
- To discuss in-detail the nervous system and its command center of the brain.
- To equip students with skills to consider and rule out a neuropsychological origin of the psychopathology.

Course structure: Behaviour and Cognitive Therapies - Course Code: PSY-412

Course Title: Behaviour and Cognitive Therapies

Credit Units: 3

Course Level: PG Level

Course Code: PSY-412

Course Outcomes:

- To state the basic premises of behavioral and cognitive theories.
- To familiarize students with the theoretical bases of Cognitive Behavior Therapy
- To introduce students to the myriad of ways to think about and approach a client's history and current issues from a CBT perspective.
- To discuss practical and ethical issues involved in delivering CBT to clients and evaluate the effectiveness of cognitive/behavioral practice methods

Course structure: Family and Marital Therapy - Course Code- PSY-413

Course Title: Family and Marital Therapy

Credit Units: 3

Course Level: PG Level

Course Code: PSY-413

Course Outcomes:

- Students will understand the issues of family in psychopathology.
- Students will able to know the principles underlying family therapy. Family as an open system and various techniques and skills involved in family therapy are given to students.




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Course structure: Psychology of Consciousness - Course Code: PSY-414

Course Title: Psychology of Consciousness

Credit Units: 3

Course Level: PG Level

Course Code: PSY-414

Course Outcomes:

- Students will develop the knowledge and skills for overall perspective of Consciousness.
- Students will be able to apply this understanding in developing a positive integrated life style.

Course structure: Emotions & Implications - Course Code: PSY-415

Course Title: Emotions & Implications

Credit Units: 3

Course Level: PG Level

Course Code: PSY-415

Course Outcomes:

- Students will be able to understand thoroughly concept and importance of emotions
- Students will be able to develop skills in managing emotions in self and others for a happy and Healthy Life.

Course structure: Psycho-Oncology - Course Code: PSY-416

Course Title: Psycho-Oncology

Credit Units: 3

Course Level: PG Level

Course Code: PSY-416

Course Outcomes:

- Student will be able to understand and assess the mental health of a cancer-affected person
- student will analyze the likely benefit of Psycho-therapy and / or Psychological Counseling
- student will be able to offer psycho-oncology counselling services in diverse clinical setting

Course structure: Neuropsychological Rehabilitation - Course Code: PSY-417

Course Title: Neuropsychological Rehabilitation

Credit Units: 3

Course Level: PG Level

Course Code: PSY-417

Course Outcomes:

- To equip the students with skills to consider and rule out a neuropsychological origin or biochemical mediation of the psychopathology.
- students will be able to understand the knowledge and skills to carry out neuropsychological rehabilitation for their clients



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Course structure: Neuropsychological Assessment - Course Code: PSY-418

Course Title: Neuropsychological Assessment

Credit Units: 3

Course Level: PG Level

Course Code: PSY-418

Course Outcomes:

- Students will be able to know about the clinical assessment of neuropsychological functions.
- Students will be able to formulate and manage neuropsychological assessment sessions
- Help the students to assess the neuropsychological deficits of various psychiatric and neurological disorders.

Course structure: Psychodynamic Therapies Course - Course Code: PSY-419

Course Title: Psychodynamic Therapies Course

Credit Units: 3

Course Level: PG Level

Course Code: PSY-419

Course Outcomes:

- Students will be able to understand of psychotherapies, starting from psychoanalysis and proceeding towards psychoanalytic psychotherapy and other psychotherapies.

Course structure: Spirituality and Positive Growth Course - Course Code- PSY-410

Course Title: Spirituality and Positive Growth Course

Credit Units: 3

Course Level: PG Level

Course Code: PSY-410

Course Outcomes:

- Students will be able to enhance the spiritual dimensions by providing him or her insight to various Indian and western spiritual traditions and philosophies so that they can inspire positivity and peace into their personal and professional life.
- Students will be able to understand the direct proportionality between Spirituality and Positivity and how Psychology can be utilized for the same

Course structure: Dissertation Course - Course Code: NMP-410

Course Title: Dissertation Course

Credit Units: 8

Course Level: PG Level

Course Code: NMP-410

Course Outcomes:

- To enable the students practical exposure in their core area of interest (Clinical setting, special education, NGO etc.) and professional training.
- To develop report writing skills and formulation of case presentation.
- To develop research orientations and enhance skills in Research Methodology.



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MASTER OF APPLIED PSYCHOLOGY

PROGRAMME CODE: PSY

Duration: 2 Years Full Time

Course Outcome

Semester -1

Course structure: Cognitive Psychology - Course Code: PSY-121

Course Title: Cognitive Psychology

Credit Units: 3

Course Level: PG Level

Course Code: PSY-121

Course Outcomes:

- The objective of this course is to study the concept of cognition and its application in cognitive psychology.
- This will facilitate the students develop the cognitive skills in themselves and others.

Course structure: Research Methodology in Psychology - Course Code: PSY-122

Course Title: Research Methodology in Psychology

Credit Units: 4

Course Level: PG Level

Course Code: PSY-122

Course Outcomes:

- To introduce the basic principles of Research Methodology.
- To discuss in-detail the sampling, data collection, analysis of data and report writing
- To equip students with skills of various methods and techniques for scientific conduct of social science research

Course structure: Personality Theories - Course Code: PSY-123

Course Title: Personality Theories

Credit Units: 3

Course Level: PG Level

Course Code: PSY-123

Course Outcomes:

- This course enables students to become familiar with the major theories and traditions related to the study of personality and personal growth.
- It further enables the student to articulate the underlined themes, methodology and assumption of each theory to enhance understanding of personality and behaviour.



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Course structure: Philosophical Foundations in Psychology-Course Code: PSY-124

Course Title: Philosophical Foundations in Psychology

Credit Units: 3

Course Level: PG Level

Course Code: PSY-124

Course Outcomes:

- The objective of this course is to give an exposition to the philosophical background to psychology and the development of the discipline from the various schools of philosophy

Course structure: Health Psychology - Course Code: PSY-125

Course Title: Health Psychology

Credit Units: 3

Course Level: PG Level

Course Code: PSY-125

Course Outcomes:

- This course will provide each student to explore many ways in which psychological theory can impact on health, health behavior and health care systems. With a particular focus on how to promote health across a range of settings this course will be relevant for students who want to work in health settings.
- The course will provide an insight into how psychology can be used to understand important health issues for example – patient adjustment to chronic illness, how to motivate patients to change their health-related behavior or how lifespan influences shape our health beliefs and behaviors.

Course structure: Applied Behavioural Analysis-Course Code: PSY-126

Course Title: Applied Behavioural Analysis.

Credit Units: 3

Course Level: PG Level

Course Code: PSY-126

Course Outcomes:

- In this course students will learn about the basic principles of learning that govern human behavior as well as how these principles can be applied in various settings
- To help individuals reach their maximum potential. Students will also learn how to measure and analyze behavior in order to evaluate learning.

Course structure: PSYCHOLOGY ADVANCED PRACTICAL I - Course Code: PSY-120

Course Title: PSYCHOLOGY ADVANCED PRACTICAL I

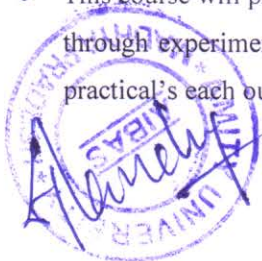
Credit Units: 2

Course Level: PG Level

Course Code: PSY-120

Course Outcomes:

- This course will provide each student with an exposure to the general concepts of psychology through experimentation and testing. Every student is expected to perform and write any 6 practical's each out of the following options.



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Course structure: Observational Study - Course Code: NOS-127

Course Title: Observational Study

Credit Units: 2

Course Level: PG Level

Course Code: NOS-127

Course Outcomes:

- To enable the students with the practical exposure in the area of mental health, this in turn will be the pathway to their personal and professional training.
- To develop skill to establish therapeutic communication with the psychiatric/ non psychiatric population.
- To be able to use psychological theoretical knowledge in to clinical settings.
- To be able to develop report writing skills.

Course structure: Applied Positive Psychology - Course Code: PSY-221

Course Title: Applied Positive Psychology

Credit Units: 3

Course Level: PG Level

Course Code: PSY-221

Course Outcomes:

- To enable students to understand in depth, the theory and research related to Positive Psychology
- To equip students with skills to develop the use of different aspects of Positive Psychology.




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MASTER OF APPLIED PSYCHOLOGY

PROGRAMME CODE: PSY

Duration: 2 Years Full Time

Course Outcome

Semester -1

Course structure: Cognitive Psychology - Course Code: PSY-121

Course Title: Cognitive Psychology

Credit Units: 3

Course Level: PG Level

Course Code: PSY-121

Course Outcomes:

- The objective of this course is to study the concept of cognition and its application in cognitive psychology.
- This will facilitate the students develop the cognitive skills in themselves and others.

Course structure: Research Methodology in Psychology - Course Code: PSY-122

Course Title: Research Methodology in Psychology

Credit Units: 4

Course Level: PG Level

Course Code: PSY-122

Course Outcomes:

- To introduce the basic principles of Research Methodology.
- To discuss in-detail the sampling, data collection, analysis of data and report writing
- To equip students with skills of various methods and techniques for scientific conduct of social science research

Course structure: Personality Theories - Course Code: PSY-123

Course Title: Personality Theories

Credit Units: 3

Course Level: PG Level

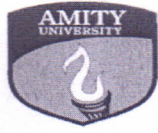
Course Code: PSY-123

Course Outcomes:

- This course enables students to become familiar with the major theories and traditions related to the study of personality and personal growth.



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M.PHIL CLINICAL PSYCHOLOGY

PROGRAMME CODE: PSY

Duration: 2 Years Full Time

Course Outcome

Yearly Programme

Course Title: Psychosocial Foundations of Behavior and Psychopathology

Credit Units: 10

Course Code: PSY-131

Course Outcome:

- The psychosocial perspectives attempt to understand human cognition, motives, perceptions and behavior as well as their aberrations as product of an interaction amongst societal, cultural, familial and religious factors.
- The overall aim is to introduce conceptualizations of mental health problems within the psychosocial framework, considering contextual issues.
- Each unit in this paper pays attention to the different types of causal factors considered most influential in shaping both vulnerability to psychopathology and the form that pathology may take.

Course Title: Statistics and Research Methodology

Credit Units: 10

Course Code: PSY-132

Course Outcome:

- The aim of this paper is to elucidate various issues involved in conduct of a sound experiment/survey. With suitable examples from behavioral field, introduce the trainees to the menu of statistical tools available for their research.
- To develop their understanding of the conceptual bases of these tools. Tutorial work will involve exposure to the features available in a large statistical package (SPSS) while at the same time reinforcing the concepts discussed in lectures.



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Course Title: Psychiatry

Credit Units: 10

Course Code: PSY-133

Course Outcome:

- The aim is to train in conceptualization of psychopathology from different etiological perspectives, eliciting phenomenology and arrive at the clinical diagnosis following a classificatory system and propose/carry out psychological interventions including psychosocial treatment/management for the entire range of psychological disorders.
- Also, to train in assessing the caregivers' burden, disability and dysfunctions that are often associated with mental disorders and intervene as indicated in a given case.

Course Title: Practical- Psychological Assessment

Credit Units: 18

Course Code: PSY-134

Course Outcome:

- To provide hands-on experience in acquiring the necessary skills and competency in selecting, administering, scoring and interpreting psychological tests often employed in clients with mental or neuropsychological disorders. Since psychological assessment involves integration of information from multiple sources, the trainees are required to be given extensive exposure in working up of cases and carrying out the assessment at all levels.
- Typical areas of focus for psychological assessment includes (not necessarily limited to): cognition, intelligence, personality, diagnostic, levels of adjustment, disability/functional capacity, neuropsychological functions, clinical ratings of symptomatology, variables that help/direct treatment, and assess treatment outcomes.

Course Title: Psychological Assessments Report Submission

Credit Units: 12

Course Code: NRS-135

Course Outcome::

- To familiarize the trainee with the formulation and Reporting of Psychodiagnostic evaluation.
- To enable the trainee with the writing format of psychological formulation and reporting.
- To familiarize the trainee with the formulation and reporting of IQ assessments.
- To familiarize the trainee with the formulation and reporting of Neuropsychological testing.
- To familiarize the trainee with the formulation and reporting of Personality testing




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2nd Year

Course Title: Biological Foundations of Behavior

Credit Units: 10

Course Code: PSY-231

Course Outcome:

- Brain disorders cause symptoms that look remarkably like other functional psychological disorders.
- Learning how brain is involved in the genesis of normal and abnormal behavioral/emotional manifestation would result in better clinical judgment, lesser diagnostic errors and increase sensitivity to consider and rule out a neuro-psychological origin or biochemical mediation of the psychopathology.
- Also, current researches have indicated many pharmacological agents dramatically alter the severity and course of certain mental disorders, particularly the more severe disorders. Therefore, the aim of this paper is to provide important biological foundations of human behavior and various syndromes. The main focus is the nervous system and its command center – the brain.

Course Title: Psychotherapy and Counseling

Credit Units: 10

Course Code: PSY-232

Course Outcome:

- Impart knowledge and skills necessary to carry out psychological interventions in mental health problems with required competency. As a prelude to problem-based learning within a clinical context, the trainees are introduced to factors that lead to development of an effective working therapeutic alliance, pre-treatment assessment, setting therapy goals, evaluation of success of therapy in producing desired changes, and variables that affect the therapy processes. Further, the aim is to equip the trainees with various theories of clinical problems, and intervention techniques, and their advantages and limitations.

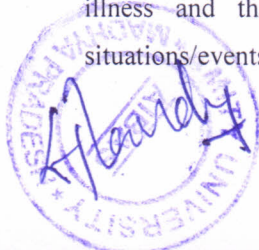
Course Title: Behavioral Medicine


Credit Units: 10

Course Code: PSY-233

Course Outcome:

- Health psychology, as one of the subspecialties of applied psychology, has made a notable impact on almost the entire range of clinical medicine.
- The field deals with psychological theories and methods that contribute immensely to the understanding and appreciation of health behavior, psychosocial and cultural factors influencing the development, adjustment to, treatment, outcome and prevention of psychological components of medical problems.
- The aim of behavioral medicine is to elucidate the effects of stress on immune, endocrine, and neurotransmitter functions among others, psychological process involved in health choices individuals make and adherence to preventive regimens, the effectiveness of psychological interventions in altering unhealthy lifestyles and in directly reducing illness related to various systems. Further, to provide the required skills and competency to assess and intervene for psychological factors that may predispose an individual to physical illness and that maintain symptoms, in methods of mitigating the negative effects of stressful situations/events, and buffering personal resources.




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Course Title: Practical: Psychological therapies and viva voce

Credit Units: 18

Course Code: NRS-235

Course Outcome:

- To provide hands-on experience in acquiring the necessary skills and competency in selecting, administering, psychological therapies often employed in clients with psychological and neuropsychological disorders. Since psychological therapies involves integration of information from multiple sources, the trainees are required to be given extensive exposure in working up of cases and carrying out the assessment at all levels for therapeutic intervention. Typical areas of focus for psychological therapies includes (not necessarily limited to): cognition, intelligence, personality, levels of adjustment, disability/functional rehabilitation, neuropsychological rehabilitation, clinical ratings of symptomatology, variables that help/direct treatment, and assess treatment outcomes.

Course Title: Therapy Report Submission

Credit Units: 12

Course Code: NRS-235

Course Outcome:

- To familiarize the trainee with the formulation and Reporting of psychotherapeutic intervention.
- To familiarize the trainee with the formulation and reporting of IQ intervention.
- To familiarize the trainee with the formulation and reporting of neuropsychological rehabilitation.
- To familiarize the trainee with the formulation and reporting of family therapy, group therapy for various psychological disorders.

Course Title: Dissertation

Credit Units: 10

Course Code: NMP-230

Course Outcomes:

- To familiarize them to use scientific methods and evidence to inform the assessment, understanding, treatment and prevention of human problems in behaviour, affect, cognition or health.
- Trainee will acquire and demonstrate knowledge and skills necessary to plan, conduct, evaluate, and disseminate research in areas relevant to clinical psychology




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