



Amity University Madhya Pradesh



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Social Activity Program

SAP

Submitted To :-

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Objective

- Our main objective of visiting the “**OLD AGE HOME**” was to make out the Ashramites happy and to bring the divine and beautiful smiles on their faces. Our main aim of the visit was to feel the effortless love of the old people.
- Our visit also led us to feel the struggles of the old people and make us realise that how they feel without their family and their beloved ones.
- Our objective was so successful in realizing us the value of our grandparents and the tenderness with which we need to take care of them.



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Description

On **2nd September** we the group of 10 people went to the Narayan old age home situated in Laxmi Ganj Gwalior. As the part of SAP we have thought of conducting various activities and had brought fruits and cakes along with us. There we gathered all the people and staff members of the home and had started with the initial cutting of the cake which was followed by the talk

where they talked about their experiences and family member whom they miss so strongly. They tried to co relate us with their grand son and grand daughter in order to seek happiness.



The experience was really touching to the core of our heart. Their heartfelt stories left us with wet eyes. We then went for the bhajan in the nearby Mandir along with them. We had a synchronous evening on the beat of different instruments played by our group members in the Mandir. We had a great time and the smile on their faces had once again left us with a huge inner satisfaction and inner contentment.



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Conclusion

During our SAP , we visited Narayan old age home .

The whole experience was highly emotional and memorable. There we celebrated the birthdays of old people , played antakshari with them , sang bhajan with them. This experience of us to the old age home , made us feel that how privilege we are , that we have spend our life with our grandparents . The experience made us realized the true value of our grandparents and their importance in our lives.



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Thank

You



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