



## Community Outreach Program Report

**Amity Institute of Pharmacy (AIP), AUMP, Gwalior 474005 India**

23<sup>rd</sup> January 2021(Saturday)

### Objective:

1. To organize a team, visit to Birja Village of Government Hospital, Morar, (Gwalior)
2. To forge a link between the institution and the stakeholders of the villages by mutual trust.
3. To identify the real-life problems of the people of the village related to diseases caused by lifestyle, such Diabetes, Cardiovascular disease, and infectious diseases etc.
4. To conduct awareness programs such as workshops, seminars, and counselling sessions to sensitize the people to understand and practice lifestyle changes to reverse these diseases.

### Program Detail:

Amity Institute of Pharmacy, Amity University Madhya Pradesh organized a community outreach programme. This community outreach programme was dated Birja Village - Government Hospital, Morar, (Gwalior) dated on 23<sup>rd</sup> January 2021(Saturday). This program was conducted under the guidance of AIP Director Dr AN Nagappa and Deputy Director Dr S. Mohana Lakshmi. All the teaching and non-teaching staff members were actively involved in this program. This program was coordinated by Dr Naveen Sharma, Dr Pawan Kumar Gupta, and Dr Jovita Kanoujia. In this programme, 15 students from 3<sup>rd</sup> year and 2<sup>nd</sup> year actively participated.

The programme aim was to identify the real-life problems related to their health. Many of the people and some patients were gathered at that place, our students discussed their problems and distributed sanitizers and mask in a proper manner, and they followed COVID-19 protocol.

Staff members also interacted with local people and patients, found real-life problems of the people of the village; they have been suffering from various disorders and diseases caused by lifestyle, such Diabetes, Cardiovascular disease, and osteoporosis etc. We conducted counselling sessions to sensitize the people to change their lifestyle practices so that they can keep their healthy life.

Director, Amity Institute of Pharmacy, Dr. AN Nagappa and other faculty members appreciate the volunteers' efforts and contribution to complete this social activity.



## **Program Outcomes:**

The services provided to the public free of cost, and it is valuable in motivating the individual to get alert and practice healthy lifestyle. It is a preventive health care initiative which can prevent individual patients getting hospitalized due to negligence of diet and exercise. It also reviews the current medication and its contribution to health. In this process the patient also gets motivated and takes active steps to remain healthy. Pharmaceutical care ensures patient safety and therapeutic outcomes which are very important to achieve a good quality of life. The patients share their experiences with their diseases with the pharmacist by monitoring weekly the condition of the patient.



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## Photographs of Community Outreach Program





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