

Report on SDG 3 - Good Health and Well-Being

Health and wellbeing through knowledge and awareness Programmes:

Amity University Madhya Pradesh conducted the health and wellbeing awareness and knowledge programs for faculty members, staff, and students to reduce incidence of communicable diseases and for better mental health. University being followed appropriate measures and best practices for post Covid-19 pandemic era.

Help is here.

The Student Wellness Centre is the go-to hub for counselling, education, and many other supports for students. There are two units of National Service Scheme (NSS) in Amity University Madhya Pradesh. There are 100 students in each unit. Social work is done by NSS time to time. Various villages adopted by the NSS and conducted motivational and awareness program through camp for education, LPG, hygiene and cleanliness, use of Bio toilets.

Close to home

Amity University Madhya Pradesh has taken strong community initiatives in India major project **Swachh Bharat Abhiyan**. The University staff & Students contribution can be seen in Outreach collaborative program, which helps those peoples and displaced citizen who are marginally housed, homeless or at risk of homelessness; and the outreach initiative Amity University Madhya Pradesh Students & Staff members delivers programming for young people aged seven to 14 through free lectures from professors and workshops facilitated by students.

AUMP also organized the deaddiction camp for awareness and told all the villagers about the harm caused by smoking, tobacco, gutkha, paan masala, and liquor. Through the camp university also informed about the benefits of quitting the habit of intoxicants.

University organized the camp for Swachh Bharat Abhiyan for the people residing in the DD Nagar Gwalior and provided the necessary precautionary step for Malaria and Dengue prevention. NSS also organized the health care camp for peoples residing in the village of kishan pura, Malanpur, Bhind.

In addition to by the university in august 2021 during pandemic to combat the spreadness of covid information and necessity regarding the importance of Mask, sanitizer and vaccination

shared among the peoples of the nearby villages e.g., Maharajpura, Girwai, Gangapur, Mohanpur, and Behta under the Unnat Bhart Abhiyan



NSS & NCC Social Activities @AUMP:

Outreach programs and activities: Amity University Madhya Pradesh has 02 Units of NSS in its campus comprising 200 students (100 each in a unit) and one unit of 52 cadets of NCC. A total of 139 students of NSS were awarded with 'B' Certificate

AUMP has adopted two villages.

Village Chakraipur, District – Gwalior, with total population of 1283

Village Sigora, District – Gwalior, with total population of 2224

AUMP has carried out various activities in these villages like

- Awareness of Hygiene and Sanitation, Cleanliness Drive
- Awareness camp on Clean Drinking Water
- Awareness camp on Toilet usage
- Awareness camp on clean kitchen and hygienic practices
- Awareness camp on Waste Management

Amity University Madhya Pradesh has been selected under **Unnat Bharat Abhiyan**, a flagship program of Ministry of Human Resource Development (MHRD) Government of India. In this program Funds have been allotted to carry out the survey of the five identified villages: Maharajpura, Girwai, Mohanpur, Gangapur and Behata. Rs 10,000/- per village **(Total Rs. 50,000/-)** is earmarked to carry out the survey. A survey of these villages is being carried out to identify the challenges and problems faced by the villagers.

A project titled "Rainwater Harvesting for Domestic Use" worth Rs. 85000/ has also been sanctioned to AUMP under Unnat Bharat Abhiyan.

Dr. Rachna Kathal, Assistant Professor, NSS units of AUMP and the entire AUMP faculty and staff family have been appreciated by the Blood Bank Authorities of Gajra Raja Medical College, on 15 February 2022.



रक्त कोष-पैथोलॉजी विभाग

गजराज चिकित्सा महाविद्यालय एवं
जयारोग्य चिकित्सालय समूह, ग्वालियर (म.प्र.)



प्रशस्ति-पत्र

यह प्रमाणित करते हुए अत्यन्त हर्ष है कि

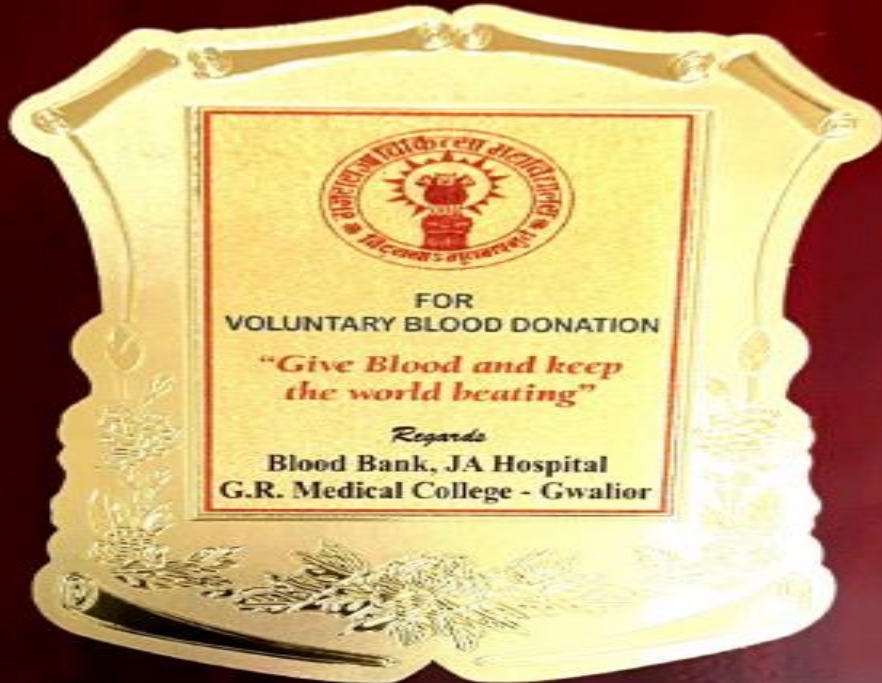
डॉ० रचना कठल एमिटी विश्व विद्यालय मध्य प्रदेश

रक्त दान आरंजन / रक्त दान के प्रोत्साहन द्वारा
मानवता की सेवा में किये गये सराहनीय कार्य को सम्मानित करते हुये
यह प्रशस्ति-पत्र प्रदान किया जाता है।

दिनांक 15-02-2022

Dr. Rana
माध्यमिक एवं विभागाध्यक्ष

Rana
रक्तकोष प्रजारी



*Donor Motivators Under Blood Safety Programme
2021-22*



Sports

Sports and games are important for all-round development and are an important part of our routine. Moreover, along with routine education, they help to shape our personalities. Also, they keep our bodies strong, healthy, and fit. They give us a change from the same old routine and relax our mind and body. Moreover, they are important because they are a useful means of entertainment as well as for doing physical activity. Furthermore, they build character and give a huge amount of energy and strength.

