

AMITY UNIVERSITY —— R A J A S T H A N ———

7.1.1 Measures initiated by the Institution for the promotion of gender equity during the last five years.

Sr.No.	Measures initiated for the promotion of gender equity	Page No.
1.	Gender Equity Measures	2
2.	Specific facilities provided for women in terms of:	
a.	Safety and security	13
b.	Counselling	27
с.	Common Rooms	36
d.	Day care center for young children	48



7.1.1 Measures initiated by Amity University Rajasthan for the promotion of gender equity during the last five years.

Amity University Rajasthan strongly believes and practice gender equality in all its academic, administrative, and social functions. Our women leaders involving Directors, deputy directors, Head and Coordinators of various departments, administrators and security guards, put in their constant efforts to ensure a safe teaching-learning-living environment for female students and staff. The university is committed to offering a bias-free supportive environment to its students and staff with an inclusive approach. Through various curricular and co-curricular based activities; efforts are made to educate university members and neighboring communities on the key areas related to gender equality and to bring out a change in attitudes through debate, discussion, and dialogue. The Gender Cell of Amity University Rajasthan strives towards activities and programs to create a gender-aware and gender-just environment within the campus. The mentor-mentee program and solution-centric counselling programs are initiatives taken to bridge the gap between the teacher and student and strengthen their bond as a family to boost their moral and emotional support. Gender equality is holistically inherent to all the academic and administrative functions of the university and is critical to recruiting, retaining, and nurturing the university members.

Programs and Activities supporting Women's Empowerment Education

- Women empowerment across all sections of the society is centric to many of our programs, and projects.
- Personalized mentorship and counselling programs are in place to give support and thrust towards progression to higher education and placement.
- Organizing meetings, seminars, workshops, and social events to improve students' profile through inclusive practices for gender, social sensitization and providing a platform of equal opportunity and co-existence.
- Participation of women in Cyber security, Computing events and international conferences have also
 promoted in eliminating hindrances to women empowerment and has also enhanced awareness
 regarding cyber-crimes and cyber security in the society as evident by special interest of female
 students for post graduate programs of M.Sc. in cyber security (40.5%) and M.Sc. in Data Sciences
 *(90%) related to Information Technology.



- Amity University Rajasthan encourages and supports lady researchers and mentors them as burgeoning Entrepreneurs by organizing Ideathons via E-Cell and incubate their ideas into reality and startups by facilitating through Amity Innovation Incubator
- Gender related program like 'Gender Dynamics and gender studies' run by Amity Institute of Behavioral and Applied Sciences (AIBAS)
- Number of academic programs offered by Amity School of Communication (ASCO) like Journalism & Communication, Animation & visual graphics are encouraging female students, thus breaking the gender bias and promoting women empowerment in the society
- AUR has a team of student Gender champions of every Institute, who work under the university gender cell and help in sensitizing and creating awareness through webinars/workshops and other activities towards a gender-bias-free community.
- Our curriculum furnishes to the cultural and professional needs of females. Public speaking, management, communication skills and Leadership are few examples to be quoted.

Health/Physical & Mental Fitness

- Many sports and cultural events, specifically for women employees and/or students, are organized to give equal opportunity for all genders.
- 24*7 Medical facilities: Two full-time qualified doctors and female nursing staff are available to provide medical care to the students. The University has MoU with leading Hospital next door to cater to any medical emergency.
- The University has a well-established counseling room open to all students and members of faculty. Qualified counseling professionals have been deputed to address the specific personal problems and mental health issues of individuals. In case of slow learners and differently-abled students, close monitoring is done by the counsellor in consultation with the respective faculty mentor
- Covid-19 Pandemic brought about many health and psychological issues, Amity University Rajasthan took a great initiative by starting Tele Counselling Sessions to resolve many of these psychological issues.
- Awareness programs and seminars are conducted on Physical, mental and menstrual health and hygiene for the female student population.
- Crèche facility: young nursing mothers or staff with small kids is authorized to bring their kids to use the crèche facility, which is supervised by trained staff so that they concentrate on their work without any mental stress and tension, and thus making them free of mental stress about their child safety.

Safety and Security

• Trained Security Squad: Dedicated security workforce, including females, is deployed all over the campus to ensure round the clock surveillance.



- High-tech 24-hour CCTV surveillance system: This is equipped with 304 high-resolution cameras, a dedicated server and operated through a centralized control room by security personnel with rotational duties.
- The Gender Cell of Amity University Rajasthan strives towards activities and programs to create a gender-aware and gender-just environment within the campus.
- The Gender cell committee members and counsellors deals with issues related to the safety and security of girls. The committee also has the mandate to ensure zero tolerance for gender-based violence and harassments.
- Awareness regarding cyber security and cyber-crimes is generated through cyber security computing events among female students and staff.
- Grievance redressal mechanism includes anti-ragging committee, internal complaints committee, prevention of sexual harassment committee and allowing access to the leadership of the University for appealing against any of the decisions/issues, which may not be duly addressed by the committees.
- Awareness programs and training Workshop on "Prevention of Sexual harassment (POSH)" is conducted through POSH trainers and gender activists
- Infrastructure to take care of gender-specific needs and creation of private spaces for faculty, students, and other staff. The University has separate residential facilities & hostels for girls and boys with strong fencing and guards. Seven female guards have been deputed around the campus including the girls hostel.

Financial Fitness/Awareness

• Amity University Rajasthan organizes many informative and interactive sessions/programs/awareness workshops on Financial Fitness & Planning for Women to make them aware of their financial liberty and investing safely for their future plans.



Mentor-Mentee Session

Psychological Counselling



		UNIVERSITY	
		Kindt Kalwar, N4-11-C, Jaipur (Rajasthari) 303000 Tal (1945-14651), Fax: 01426-405079	Kant Kan Jago (Paga F # 0
No.: AU	R/REG/6128	Date : 24/02/2022 Gender Cell	The committee will deal with : • Cases of discrimination and sexual harassment against all stakeholders in a tim
	14. d	ations on (Descention, Desk-Ibition and Deduced of Council	manner, aiming and ensuring support to the victim
Harassme	with the recent UGC Regul	ations on 'Prevention, Prohibition and Redressal of Sexual Complaints Committee (ICC) - "Gender Cell" of Amity	 Recommend appropriate action against the victimizer.
	y Rajasthan, Jaipur is re-const		Procedure to lodge a complaint :
Chairpen	ion		The victim or a third party may lodge a written complaint addressed to the Conven-
	Jayati Sharma	Dy. Director - ASCo	Committee. If the complaint is made to any of the Committee members, they shall for same to the Convener of the Gender Cell for further action.
Members			and to die sectrated of the sectors sectors include
2. Pro	f. Preeti Yadav	Professor - ABS	Letter No. AUR/REG/5404 dated 15/04/2021, of this office on the subject matter is
3. Pro	f. Tarun Kumar Sharma	Professor - AIIT	superseded.
4. Dr.	Prashant	Associate Professor - AIBAS	
5. Dr.	Ashu Vyas	Associate Professor - ALS	KIR MANUE
6. Dr.	Vigi Chaudhary	Assistant Professor - AIB	N'L
7. Ms	. Sangeeta Shekhawat	Assistant Professor - ASET	Dr. Nitin Bhardwaj Registrar
8. Dr.	Aditi Dev Deol	Assistant Professor - ASL	
External	Member		
9. Mr	. Sanjay Bhansali	Director - Sambal Foundation, Jaipur [<u>Email ID</u> - eincjupur@gmail.com]	
10. Dr.	Pramila Sanjaya	SIDART	
Eminent	Lawyer		
11. Mr	. Madhav Mitra	Designated Sr. Advocate [<u>Email ID</u> - madhavmitraadv@gmail.com]	
Student I	Representatives (to be called i	f the matter involves students)	
10. Ms	. Mohi Gaur	M.A. (J&MC) [Batch 2021-2023] [Email.ID- mobigauri22849gmail.com]	
11. Ms	. Jinal Puria	M.Sc. (Cyber Security) [Batch 2021-2023] [<u>Email ID</u> - jinal.puriyar@s.amity.edu.]	
12. Ms	. Akshata Mandloi	B.Tech. (Biotechnology) [Batch 2019-2023] [Email ID- mandloiakshata@gmail.com]	
13. Mr	. Shivam Singh	B.Tech. (CSE) [Batch 2019-2023] [Email ID- shivamningh2002@gmail.com]	
14. Ms	. Neha Mani Tripathi	Ph.D. Scholar – AIMT [<u>Email ID</u> - rehamani1994@gmail.com]	
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GENDER CELL CONSTITUTION AT AMITY UNIVERSITY RAJASTHAN



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AMITY SCHOOL OF LANGAUGES									AMITY SCHOOL OF LANGAUGES (DP)								
Course 1	Name	Cour	se Code	LTP	Credit	Semest	ter			Course N			Cou	rse Code	LTP	Credit	Semester
Indian Women Writing	g (DE)	BEG 50)4	3:0:0	3	5			Women's the Ninete	Writing in	general in Two		BEG 5	05	3:0:0	3	5
A. COURSE LE	A. COURSE LEARNING OUTCOMES (CLO:)									centuries (
CLO1 Identify	B. COURSE LEARCH OUT COMES (CLAS)																
		har are distinctive key texts, ideas, th						41	(101					ackground of			
		a historical, fiction				of this to	some	11	CLOI					eir concerns.	CER WOLDER	WINSTON CONT	
major au	thors, works, a		-					1	CL02	Internre	t and discus	s the texts	themes :	and the mano	es of the w	men uniters	ining and
		yucany about the n Ils for critical analy		d men come	ATT.			41 1			a 19 th and 2						
B. SVLLABUS	your own sid	us for critical analy	515					1	CLO 3	Explain	how the text	s written b	y the wo	men writers as	e represent	tive of their t	imps, the ideas
Module I										and the ti	herries.						
1. Introduction to	Module I 1. Introduction to Indian Women Novelists								CLO 4	Relate th	e knowledge orary times.	e of tools a	and techni	iques of wom	en variters v	oth the wome	n writers of the
 History of Indi Major Concern 											1						
	IS OF LINCOM W	Other INCOMPLISIS							CL05	Create to	erm papers b	ased on kr	owledge	conferred on	them		
Module II 1. Anita Desai – I									B. SYLLAR	RUS							
 Anita Dosai – 1 Voices in the C 			al Viens						Module I								
Shashi Despan									1. Em		on – Life, We					_	
 The Binding V Neuropean School 			d Views						2. Tea Hat	st and Analy te', 'I Felt a	ysis- "Becau Funeral in N	ne I Could dy Brain'.	i not Stop 'I Heard	p for Death', ' a Fly Buzz',	Elysium is The Soul 3	as Far as to', Selects Her O	'I had no Time an Society'.
Storm in Chan	S. Nayamtara Sahgal – Life, Works, Style Souri, 'The Soul Selects Har Own Society'. Storm in Chandigarh - Themes, Characters, Critical Views Souri Selects Har Own Society'. Storm in Chandigarh - Themes, Characters, Critical Views Souries - Life, Works, Style Text and Ambrinis - Daddy', 'Lady Lazaru', 'Soliloony of a Solipuist', 'Mirror'																
Module III	-								4. Tea Module II	st and Analy	rsis- "Daddy	r', 'Lady I	azarus ,	"Soliloguy of	a Solipsist'	'Mirror'	
 Introduction to Jimmpa Lahiri 											The Story of						
7. The Namesake			iews						 Katherine Mansfield "Bliss' - Text and Analysis Walla Cather "Coming Aphrodite" - Text and Analysis 								
EXAMINATION SCH									4. Ma					avarty Spivak	, In Other V	Vorlds,pp. 17	9-96 – Text
	CT/Mid-	Presentation	Viva	Quiz	Attendanc		EE		EXAMINA	TION SCH							
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Christopher Pa	Christopher Pareling, Popular Fiction: Ideology or Utopia?; Popular Fiction and Social SUGGESTED READINGS																
Change, ed. Christophär Pawling (London: Macmillan, 1984). • Umberto Eco. Narrative Structure in Fleming,' in the Study of Popular Culture: A 1. Ammons, Elizabeth Conflicting Stories: American Women Writers at the Turn of the Century. 2008.																	
Sourcebook, ed	Umbarto Eco, Narmitve Structure in Flaming, in the Study of Popular Culture: A Sourcebook, ed Bob Ashley (London: Pinter, 1989), pp. 124-34. Darko Sonin, On Teaching SF Critically, from Positions and Presupositions in Science Cantury																
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Gender related courses in curriculum

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AMITY UNIVERSITY	AMITY UNIVERSITY						
Course Name Course Code LTP Credit Semester	AMITY SCHOOL OF LANGAUGES						
Dimensions of Folklore Studies	Ph.D. COURSEWORK SYLLABUS (2020 onward)						
(DE) BEG 506 3:0:0 3 1	IC-II Literary Criticism, Theory & Research Methodology in Humanities						
A. COURSE LEARNING OUTCOMES (CLO:)	Module I Traditional Approaches to Literary Criticism						
After completion of the course, students will be able to							
CLO1 Helps the learners to establish relationship between gender and folklore in detail.	a) Plato b) Aristotle						
CLO 2 Creates awareness about dynamics of various media and folklore.	c) Historical-Biographical						
CLO 3 Provides a comprehensive knowledge on nature of folklore in arts, films etc.	d) Moral-Philosophical						
	Module II						
CLO 4 Endeavors to equip the learners with basic knowledge of various functions that human language plays in the society via various cultural platforms.	a) New Criticism and Formalism b) Structuralism						
	c) Russian Formalism and Bakhtin School						
CLO 5 Helps the learners to establish relationship between gender and folklore in detail.	d) Marxist Theories						
B. SYLLABUS	Module III						
Module 1: Gender and Folldore (India and abroad)	a) Post-structuralism b) New Historicism						
Women in patriarchy	b) New Historicism c) Post Colonialism						
Women's tales	d) Postmodernism						
 Role reversals and other characterizations 	e) Reader-Response Theory Module IV						
Module 2: Folklore in arts/music/paintings/films etc.	a) Feminism						
Module 3: Media & Folldore	b) Gay, Lesbian and Queer Theories						
 Folklore and Radio 	c) Ecocriticism						
 Folklore and television 	Module V RESEARCH METHODOLOGY FOR HUMANITIES						
 Folkion and Print media 	MLA Style Sheet						
	Citations						
EXAMINATION SCHEME: Components CTMid- Presentation Viva Oniz Attendance EE	 Academic Writings 						
	Recommended Readings:						
Weighinge (%) 15 10 10 10 5 50	 Devy, G.N. Indian Literary Criticism: Theory and Interpretation. Orient Longman India.2004 						
SUGGESTED READINGS	 The State of Literary Criticism. Roger Shattuck. Oct. 						
 Arya, S.P. A Sociological Study of Folklore, Calcutta: Indian Publications, 1975. 	 1995. <u>http://www.mrbauld.com/Shatuck1.html</u> A plea to return to the study of literature as literature. English Literature on the Web. Mitsuharu Matsuoka. <u>http://www.lang.nagova-u.ac.jp</u> 						
 Bausinger, Hermann. 1990. Folk Culture in a World of Technology. Bloomington: Indiana University Press. 	*7Ematsuoka/EngLit html. Very extensive listings.						
 Barkataki, S.N. [ed.]. Tribal Folk-Tales of Assam, Gauhati: Publications Board Assam, 1970. 	Literature Webliography. Mike Russo. Jul. 2003. http://www.lib.lsu.edu/hum/lit/lit.html. LSU Libraries usefu						
 Das, Yogesh. Assamer Lokvanskriti. New Delhi: NBT India, 1983 	listings.						
 Deph. Linda. 1994. American Folklore and the Mass Media. Bloomington: Indiana 	 Poetry Criticism: What is it for? Mar. 2000. http://www.poetrysociety.org/journal/offpage/ vendler perloff.html.PSA symposium with Vendler, Perloff and others.NNA 						
University Press.	 Quarterly Literary Review of Singapore. <u>http://www.olrs.com/</u>. Non-partisan and free online. 						
 Handoo, J. 2000. Theoretical Essays in Indian Folklove. Myseew: Zooni Publications. 	The Constant Critic. http://www.constantcritic.com/. Tri-weekly poetry reviews. Contemporary Poetry Review. http://www.cprw.com. Excellent reviews of poetry both sides of the Atlantic.						
 Tarpan Movie by Ministry of Information Technology, Govt. of India. 	 Literary Encyclopedia. <u>http://www.litencyc.com/</u>. Author profiles. 						

GENDER DYNAMICS AND GENDER STUDIES Course Code LTP ER STUDIES PSY204 2:1:0 Course Name Credit Semester GENDER DYNAMICS AND GENDER STUDIES A. COURSE LEARNING OUTCOMES (CLO) CLO1 Demonstrate in-depth knowledge in the major concepts and theories of the psychology of gender. CLO2 Analyze and articulate through extensive reading and writing the media, institutional and sociocultural influences on the psychological development of gender role, identity, beliefs, and behaviors. behaviors. Compare and contrast traditional biological / evolutionary approaches to the human subject with modern social psychological approaches Critically examine and reflect on gender issues with reference to transgenders and diverse CLO3 CLO4 sociocultural contexts. CL05 Evaluate scientific research on gender and synthesize their implications as explained by psychology B. SYLLABUS Course Objective: This course is designed to introduce students to primary concepts of gender psychology. The course will familiarize them with psychological theories and research findings regarding the differences and similarities between man and women and the effects of gender in social situations. Students will learn to understand the complexity and diversity of gendered experiences in the society. Course Contents: Module I: Introduction to Gender Psychology - 7 hours Rooters: Key Concepts Historical development: Role of Early Schools, eminent women, role of assessment Module II: Various Perspectives – 7 hours Biological: Role of Heredity, Hormones and Nervous System Psychological: Frendian and Neo-Freudian, Socio-Cognitive, Humanistic Sociological and Economic perspectives: Social Norms, Social Conflict, Economic models Module III: Gender Constructs & Stereotypes – 7 hours Gender Role and Gender Identity: Components of Gender Constructs Stereotype in Religious, Global/Cultural Contexts Effects of stereotypes and roles, Media and Depiction of gender Module IV: Gender Differences - 8 hours Areas of gender difference: Physical, cognitive, affective and social abilities, Health & Finass, Stress, Coping & Psychopathology, Internalizing and Externalizing Behavioral Problems Module V: Contemporary Issues - 7 hours Third gender issues: Transgender concept and approaches, global scenario Women empowerment: Feminium: Movement and Branches Need for gender sensitization

Gender Sensitization related courses in curriculum









Glimpses of International Women's Day 2020 Celebration by the Gender Cell





Gender Sensitization activity



Workshop on "Prevention of Sexual harassment (POSH)" by by Dr. Pramila Sanjaya, POSH trainer and Gender Activist on March 14, 2022





AIIT Faculty Members and Students participation in Rajasthan CYBERCOMM 2020 organized on January, 28 2020 by Federation of Indian Chambers of Commerce and Industry (FICCI), New Delhi



Webinar on World of Cyber Security- Challenges, Opportunity & Career on 20th June 2021





Webinar on IT Security Controls & Audit: Legal Mandate organized on 25th October 2021 by Amity Institute of Information Technology, AUR



Panel discussion on 'Women in leadership' IWD







Amity Innovation Incubator



Ideathon organized by Amity Innovation Incubator



NAAC CRITERIA VII INSTITUTIONAL VALUES AND BEST PRACTICES

7.1.1-a Safety and security Measures initiated by the Institution for the promotion of gender equity during the last five years

SAFETY AND SECURITY REPORT

7.1.1-a Special Facilities for Women Safety and Security

All academic and administrative activities safeguard the interests of the students, faculty and staff irrespective of their genders. The University provides safety, security & counselling facilities to all genders, students/staff members. There is a continuous effort to uphold gender balance among top management, faculty and students at AUR. The University provides a safe teaching and learning milieu for female fraternity including students and faculty staff steered by women leadership at different levels including directors, deputy directors, institutional heads and coordinators, and administrators. In order to cater the academic and non-academic issues of the female students, Amity University Rajasthan has a mentor-mentee program and solution-centric gender and psychological counselling activities being conducted regularly. Moreover, opportunities are provided by the University to organize events within and outside the University encouraging solutions to the women and community related issues. The University shows gender sensitivity through various initiatives and actions for creating secure and healthy atmosphere for all including women students. All the areas of the university are well lit so that the students and the working women could move around freely. The specific initiatives taken with respect to the safety and security measures for students and staff key areas are as follows:

Safety and Security

- The University campus has a Hi-Tech 24 hour E-surveillance system comprising 304 robust CCTV camera network across all sensitive and strategic locations frequented by students with a central monitoring facility by security personnel and IT team for immediate action. Such Hi-Tech surveillance system ensures that all female staff and students can move freely in the campus and feel assured that they are secure at all the time in the campus.
- Entry of unwanted elements is monitored through e-surveillances to anticipate a breach of security at common places such as canteens, amphitheater, parking areas etc.
- A team of Marshals and security supervisors constantly monitor classrooms and corridors. They are instructed to report any case of sexual harassment for immediate action to be taken by the Dean of Students Welfare and the Proctor. Serious cases are to be put up to the "Gender Cell".
- Grievance redressal mechanism includes anti-ragging committee, internal complaints committee, prevention of sexual harassment committee and allowing access to the leadership of the University for appealing against any of the decisions/issues, which may not be duly addressed by the committees.
- A separate Gender cell and its committee deals with issues related to the safety and security of girls. The committee also has the mandate to ensure zero tolerance for gender-based violence and harassments.
- The University offers separate hostel facilities for boys and girls. The students are thus encouraged to focus on their academics by caring wardens and a set of tight security personnel. Students are allowed outings from the hostel under a set of well-



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defined rules. All students and staff wear their id cards at all times on the campus, thus ensuring non-entry of any outsider.

- Trained Security Squad: Dedicated security workforce, including females, is deployed all over the campus to ensure round the clock surveillance.
- The campus has a strict security through biometric readers, latest IP cameras, and fire warning systems, 24-hour security guards & patrolling units and strict monitoring at the main gate to restrict unauthorized entry into campus.
- The Amity University Rajasthan has security and surveillance team comprising 11 staff members (Director, Dy Director, Office Assistant, Security Supervisor-02, Marshal, Computer Operator-02, Camera Observer-02 & Electrician cum Technician)
- The University has 79 male and female FGF security Guards and 7 HOSHI guards deployed all around the campus including girls and boy's hostels, shops, dispensary room, academic blocks, common areas etc. to create a secure environment.
- Provision of female hostel guards 24*7 at all sensitive locations including entry and exit points of women's hostel. There are strict rules to prevent entry of boys in girl's hostel.
- The students are allowed to move outside campus only on the prior consent of their parents or local guardian or special permission through their respective mentors/program coordinator / warden.
- Further, Anti-ragging Squad ensures secure environment for the new comers and the Ragging Helpline numbers are provided to all students. Female members of Gender cell could also be contacted to lodge a complaint. Exclusive Study Rooms with WI-FI and activity rooms in girl's hostel provide a space to female hostlers to study /access internet and play indoor games.
- 24*7 Medical facilities: A MI room with qualified doctor, male and female nursing staff and ambulances are available to provide medical care to the students. Specialists including Gynecologist also visit the campus on designated days. The University has MoU with leading Hospital next door to cater to any medical emergency.
- Crèche facility: Young nursing mothers or staff with small kids is authorized to bring their kids to use the crèche facility, which is supervised by trained staff so that they concentrate on their work.
- Many sports and cultural events, specifically for women employees and/or students, are organized to give equal opportunity for all genders.





Fig: Women Security guard and fencing in girls hostel (H4 A wing) at Amity University Rajasthan



Fig: Women Security guards and fencing around girls hostel (H4 B wing) at Amity University Rajasthan





Fig: Girls Hostel Warden Room



Fig: Security Department at AUR





Fig: Surveillance Room at Amity University Rajasthan



Fig: Security cameras on the campus





Fig: Security cameras on the campus



Fig: Security Guards and Dog Squad at Block A at Amity University Rajasthan





24*7 Medical Facility at at Amity University Rajasthan



Female Nursing Staff at Amity University Rajasthan





24*7 Medical Facility at at Amity University Rajasthan



Medical Facility at MI Room at Amity University Rajasthan





Fig: Main Gate Security by Fleet of Guards, Marshals, Dog Squad and 24*7 CCTV surveillance



Fig: Main Gate Security by Fleet of Guards, Marshals, Dog Squad and 24*7 CCTV surveillance





Fig: Security Check and exit register entry by Female Guards at Main Gate of Amity University Rajasthan



Fig: Security Check and exit register entry by Female Guards at Main Gate of Amity University Rajasthan





Fig: Vehicle checking gate/Boom Barrier in the campus entrance



Fig: Security Check and barrier for restricted entry at Main Gate Entry at Amity University Rajasthan





Security check and fencing at the back gate of Amity University Rajasthan



Security Guards with Dog Squad





GUARDS TRAINING BY DIRECTOR SECURITY



GUARDS TRAINING





GUARDS TRAINING



GUARDS TRAINING



NAAC CRITERIA VII INSTITUTIONAL VALUES AND BEST PRACTICES

7.1.1. Measures initiated by the Institution for the promotion of gender equity during the last five years

Outcome Report of Amity Counseling Cell (Promoting Wellbeing, Emotional Health)

There is no greater agony than bearing an untold story inside you. "Don't let mental blocks control you. Set yourself free. Confront your fear and turn the mental blocks into building blocks."

The **Amity Counseling Centre** has been established on campus, having professionally competent counseling psychologists to enhance the overall well-being of students by facilitating their emotional, interpersonal and intellectual development. The services designed to promote academic, personal, and social growth of students. The counseling psychologists listen carefully to the concerns of the students and provide them with emotional support. They impart life skills with a purpose of facilitating and empowering the students in order to help them navigate their way towards greater confidence and effectiveness. The role of a counselor is concerned with aiding people to achieve better adjustment skills which manifest themselves in increased maturity and responsibility. Counselors and comprehensive guidance and counseling programs help children and adolescent become better adjusted academically, developmentally and socially while feeling safer, having better relationships with teachers, believing their education is relevant and coping better with problems at college and outside.

Amity has a unique personalized attention to students with unique Mentor-Mentee Concept. The unique Mentor-Mentee Concept at Amity ensures a constant interaction between the faculty and the students. A faculty member is assigned to a group of 5-6 students to counsel them on their academic and personal concerns. Their experience will help you gain the confidence and skills you need to be a corporate success.



At Amity, students will never feel away from home. If they encounter any problem during their tenure concerns about course work or personal / emotional problems, Dr. Shobita Jain (Counselor) will be there for students, as there confidantes.

Dr. Shobita Jain, Counselor, Amity University Rajasthan is a full time counselor who renders her services for students and faculty members from 9:00 am 5:00 pm from Monday to Friday regularly and documents the clients' details. This information is widely circulated in the university through, posters, notices, word of mouth and mail etc.

ROLES AND RESPONSIBILITIES OF A COUNSELOR

Counseling is concerned with aiding people to achieve better adjustment skills which manifest themselves in increased maturity and responsibility. It may also involve learning about difficulties, minor conflicts, feelings of anxiety, hostility, etc. It is short term and helps clients realize their potential. Although some forms of counseling contain some advice-giving components, counseling is mostly dedicated to enhancing or restoring client's own self understanding, decision making resources, risk taking and personal growth.

The process of counseling usually ends with the client having with him an insight of the problem and a more empowered self that could help the person make future decisions.

College students face a barrage of complex events and processes that have temporary and permanent impacts on them. Substance use and abuse; changing family patterns; poor self-esteem; hopelessness; crime and violence; child abuse; and the explosion of knowledge have negative influence on these children regardless of their age or environment. That is where counselors come in as a helpful person, a friend and a guide to the child. One, who understands in depth the feelings of the person and what exactly he/she means, The counselor respects the person in the child and his/her right to freedom of choice. She not only understands the strengths in the child but also has the ability to solve his or her problems, when faced in favourable conditions. Counselors and comprehensive guidance and



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counseling programs help children and adolescent become better adjusted academically, developmentally and socially while feeling safer, having better relationships with teachers, believing their education is relevant and coping better with problems at college and outside. Effective counselors are open to and ready to accept their own experiences; are aware of their own values and beliefs; are able to develop warm and trusting relationships with others; accept personal responsibilities for their own behaviour; and have developed realistic levels

of aspirations.

Total sample size of students counseled was 1061 (till 22nd February 22). The bifurcation of students seeking counseling for different issues is as follows:

Maximum approached for counseling on stress like exam, personal stress, daily hassles, time management etc.

Subsequently students with Personality Problem like aggression, epilepsy, instability, happy in past or wish for future, Family Issues (bad childhood, separated parents), relationship issues (long distance relationship, low confidence, not able to communicate with others, over confidence etc.

Few of the students approach who had relationship and feud with friends and peers.

Some were the students who expressed family issues, concern like parents not paying attention, broken relationship of parents affect their behavior, forcing on their academic and career front.etc.

Students also turned up for the confusion, lack of clarity, worried for future, approach approach conflict, concern for career, professional/job related issues.

Likewise students complained about clinical condition like OCD, Insomnia, Anxiety, Depression, Epilepsy, self obsessed, Post Traumatic Stress Disorder, emotional baggage like too sensitive, gets hurt easily and emotionally drained.



Students were concerned about health like losing weight, gaining weight, gets rid of unhealthy eating, self identity awareness, their strengths and weakness, personality traits, low self confidence, low self esteem, low enthusiasm, mood fluctuations, future oriented, too passionate, thinks a lot, worries a lot, frustrated.

Few students came for Approach Approach Conflict, one case of blue whale game challenge, and dependent on others.































<u>Common Rooms/Student Lounge/Seminar Room Facility at Amity</u> <u>University Rajasthan</u>

Amity University Rajasthan ensures comfort for students and provides space for them to hold discussions, study, dance and singing practices, or simply relax in academic blocks and hostels, thus blending fun and function. Every hostel has a common room with comfortable seating, abundant desk area where students can meet and keep themselves updated through cable TV, newspapers and indoor games facilities too for their entertainment. The common rooms are the areas with vibrant activities by the students, thus culminating a feeling of togetherness and harmony. There is a separate music room facility with instruments like Guitar, Sitar, Tabla, Keyboard, and others, with an expert musician training the students. There are seminar rooms and conference room in the academic blocks for online and offline discussions. There are special facilities for women in all institutes like separate toilets for students, lady faculties and staff in different floors, student lounge or common room, separate cabins or cubicle for lady faculties, security arrangements like Lady guards and female wardens for girl hostels. There are four Student lounges in Academic blocks (Academic block-A, B, D and E) with following facilities:

- Comfortable seating arrangement with tables and chairs
- Newspaper stands for paper reading.
- ➢ Fully air conditioned
- ➢ Wi-Fi facility.
- Food and beverages are allowed inside the lounge
- Security cameras are fitted in the entire lounge


- R A J A S T H A N -



Student Lounge at Block D



- RAJASTHAN -



Student Lounge at Block B



- R A J A S T H A N -



Student Lounge at Block D



- RAJASTHAN -



Student Lounge at Block B





Student Lounge at Block A



- R A J A S T H A N -



Student Lounge at Block A



- RAJASTHAN -



Student Lounge at Block A





- R A J A S T H A N ------

Music Room at Student Resource Centre



Music Room at Student Resource Centre





Seminar Room at Block B



- R A J A S T H A N —



Seminar Room at Block A



- R A J A S T H A N -



Seminar Room at Block A



Seminar Room at Block D



NAAC CRITERIA VII INSTITUTIONAL VALUES AND BEST PRACTICES

7.1.1. Measures initiated by the Institution for the promotion of gender equity during the last five years

7.1.1-d CRÈCHE FACILITY REPORT AT AUR FOR YOUNG CHILDREN

Amity University Rajasthan (AUR) has been endeavoring to provide all comforts and amenities to all the dedicated faculties and staff members. Every working parent is concerned about the care, security and safety of their young children and kids, when they are at workplace. In order to keep the faculties and staff of Amity University Rajasthan free from this emotional and mental stress and making the work environment conducive, keeping this in mind, AUR has undertaken one of the important initiatives in this direction by providing the facility of the daycare center/Crèche within the University premises since last 12 years, which supports the female faculties and staff to visit their children as and when required. Located in the ground floor of Faculty Apartments, D block, the daycare center has sufficient facilities; healthy, hygienic, and full-time dedicated and trained work force including a lady supervisor, baby nursing maid, and caretaker who caters the needs of the children and ensures safety and comfort of these young ones. Taking into consideration, the requisite and ease of the faculties and staff, the Crèche is open for service from 9 am to 5 pm at very nominal charges.

The Crèche is well equipped, with a safe and thought-provoking environment, with primary learning settings for kids, along with frivolous activities and a play area. The amenities accessible include AC room with bed spreads, mattresses, cradle, refrigerator, oven, interactive basic learning charts, Toys etc. The CCTV camera makes it easy for the security staff to keep surveillance throughout the day and ensure safety of the children. There is adequate support and consideration to each child. Facilities for first aid, regular cleaning ensuring maintenance of hygienic conditions in and around crèche are managed through separate cleaning staff. Children are engaged in various activities like playing games, singing songs, and basic kindergarten reading and learning by the crèche supervisor. The children availing crèche facilities belong to the age group of six months to twelve years are being benefited from this facility. Even the school going children are entitled to have been availing



- R A J A S T H A N ------

daycare services mostly after 3:00 pm. Presently, the crèche is catering about 5-7 children, which increase during vacation time.

Parents can make unscheduled visits to crèche and are welcomed for their concerns and suggestions for improvement. The Crèche facility at Amity University Rajasthan is indeed a boon to the work force of the University, ensuring complete safety and wellbeing of their children during the working hours and thus relieving them from mental stress and focusing to deliver their best for institutional building.



Crèche facility at Amity University Rajasthan, Jaipur





Amenities at Crèche, Amity University Rajasthan, Jaipur



Outside Play area for children





Outside Play area for children



Learning and reading activities by Crèche Supervisor, Crèche facility at Amity University Rajasthan, Jaipur







Children involved in frivolous activities at crèche