

	<b>Dr. N.K. Mungreiphy</b>
<b>Designation</b>	<b>Assistant Professor - II</b>
<b>Educational Qualification (Highest Degree and Alma Mater)</b>	<b>Ph.D. Post-doc. Department of Anthropology, University of Delhi, Delhi</b>
<b>E-mail</b>	nkmungreiphy@amity.edu
<b>Specialization</b>	Biological Anthropology, Anthropological Epidemiology and Public Health
<b>Research Interests</b>	Epidemiology, Lifestyle diseases, Biosocial dynamics of health and diseases, Bone health, Tribal study, Growth, Nutrition and Physiological Anthropology
<b>Research Experience</b>	<b>Number of Years: 10</b> <b>Details</b> <u>Post-Doctoral Research</u> <ul style="list-style-type: none"> <li>• Post-Doctoral International Visiting Fellow: The University of Nottingham, England, United Kingdom, 2014</li> <li>• Post-Doctoral fellow (UGC): Department of Anthropology, University of Delhi, 2012-14</li> <li>• Post-Doctoral Research Associate (DBT): Faculty of Anthropology, IGNOU, Delhi, 2011-12</li> <li>• SERB-TARE project 2018</li> </ul> <u>Doctoral Research- JRF &amp; SRF (Ph.D.- 5 Years):</u> Department of Anthropology, University of Delhi, India, 2004-2009
<b>Teaching Experience</b>	<b>Number of Years: 6.5 years</b> Amity Institute of Anthropology, Amity University UP
<b>Research Projects</b>	<b>Ongoing Projects (1)</b> 1. <b>SERB-TARE</b> (From 2019) - Science and Engineering Research Board -Teachers Associateship for Research Excellence - research project entitled “Assessing Osteoporosis and its association with Calcium intake, Vitamin D and Nutritional Status among adult tribal males and females of Manipur, Northeast India” (Principal Investigator).  <b>Completed Projects (2)</b> 1. <b>Post-Doctoral Research Project, 2011-2012</b>

Sponsored by: Department of Biotechnology (DBT), Ministry of Science and Technology, Govt. of India

Title of the project: "Women health and nutrition"

Host institutions: Faculty of Anthropology, IGNOU, Delhi

## **2. Post-Doctoral Research Project, 2012-2014**

Sponsored by: University Grants Commission (UGC)

Title: Nutritional status and cardio-metabolic Health

Institutions: Dept of Anthropology, University of Delhi

## **Publications (30)**

### **International**

1. Satwanti Kapoor, Renu Tyagi, Meenal Dhall, Prerna Bhasin, **N. K. Mungreiphy**, Kiran Saluja & A.K. Kapoor. "Ethnic Diversity with Preventable Risk Factors for Cardiovascular Diseases". *Journal of Life Sciences* (Taylor & Francis Group, UK; KRE, Delhi), Vol 9, 2017 Iss 1. Pp 1-10
2. JB Mamza, **NK Mungreiphy**, I Idris. Metabolic outcome following conversion from a biphasic 'low-mix' to a 'mid-mix' insulin lispro 50/50 in insulin treated diabetes patients: an evaluation of clinical practice from six secondary care services in England. *Diabetic Medicine*, 2016; 33 (1), 154-155.
3. **N.K. Mungreiphy**, J. Mamza, A.F. Lakhdar, M. Bannister, J. Elliott, I. Idris. Clinical use and efficacy of biphasic insulin lispro 50/50 in people with insulin treated diabetes: a nationwide (England) evaluation of clinical practice. *Current Medical Research & Opinion*, March 2015; 31(3):493-501. [Impact factor: 2.372].
4. **N.K. Mungreiphy**, Satwanti Kapoor. "Efficacy of obesity indices and age in predicting diabetes: study on a transitional tribe of NE India" *Ethnicity & Disease*, 2014, 24[3]:342-348. [Impact factor: 1.119].
5. Prerna Bhasin, **N. K. Mungreiphy** and Satwanti Kapoor. Bio-social Evaluation of Adiposity Levels in Women: Reinventing the Ecological Model Approach. *The Open Social Science Journal*, 2014, 6, 16-28
6. **N.K. Mungreiphy**. "Infiltration of obesity and hypertension among the Tangkhul Nagas". In Book 'Encountering Modernity: Situating the Tangkhul Nagas in Perspective' edited by R Vashum, AS Yaruungam, AS Shimreiwung and Y Kapai. Chicken Neck; Bibliophile South Asia Publication, Delhi, 2014, pp 319-341.
7. **N.K. Mungreiphy**, Satwanti Kapoor. "Diabetes, Hypertension and Obesity: Relationship With Socioeconomic and Lifestyle Change among Tangkhul Nagas, a Transitional Tribe of Northeast India" *Journal of Diabetes*, 2013, 5 (1): 117
8. **N. K. Mungreiphy** and S Kapoor. "Association of lung functions with nutritional status, age and smoking status: Study among Tangkhul Naga males of NE India". *Indian Anthropologist*, 2012, 42(2): 83-96.
9. **N.K. Mungreiphy**, Satwanti Kapoor and Rashmi Sinha. "Relationship between nutritional status, respiratory performance and age: Study among Tangkhul Naga females of Northeast India" *Acta Biologica Szegediensis*. 2012, 56(1):31-36
10. **N.K. Mungreiphy**, Meenal Dhall, Renu Tyagi, Anup Kumar Kapoor and Satwanti Kapoor et al., "Ethnicity, Obesity and Health Pattern among Indian Population" *Journal of Natural Science, Biology and Medicine*, 2012, 3 (1): 52-59
11. **N. K. Mungreiphy** and Satwanti Kapoor. "Emerging waves of obesity and high blood sugar level among Tangkhul Nagas, a transitional tribe of Northeast India", *Journal of Diabetes & Metabolism*, 2012, 3:8
12. Rashmi Sinha, Satwanti Kapoor, **N.K. Mungreiphy** and Anup Kumar Kapoor. "Environmental and Genetical Differences in Linear and Adiposity Dimensions Among Adolescents Boys", *The Open Anthropology Journal*, 2012, 5, 1-5
13. **N. K. Mungreiphy**, Satwanti Kapoor and Rashmi Sinha. "Association between BMI, blood pressure and age: Study among Tangkhul Naga Tribal males of Northeast India", *Journal of Anthropology*, Volume 2011, Article ID 748147, 6
14. **N. K. Mungreiphy** and Satwanti Kapoor. "Socioeconomic Changes as Covariates of Overweight and Obesity among Tangkhul Naga Tribal Women of Manipur, North-East India", *Journal of Biosocial Science* (Cambridge University Press), 2010(42), pp 289-305. [Impact factor: 1.086]
15. Kapoor S, Tyagi R, Sinha R, Bhardwaj S, **Mungreiphy N K**, Rongmei K S, Tandon K, Saluja K, Tungdim M G, Kumar AK, Kapoor A K. "Ethnicity and obesity - both general and regional", *International*

Journal of Obesity, 2007, 31: S175–S217. [Impact factor: 5.386]

16. **N. K. Mungreiphy**, Rashmi Sinha and Satwanti Kapoor. “Body composition, Physiological functions and Menopause among Rajput women of Uttaranchal”, Indian Anthropologist, 2007, 37: 2, pp 81-91.

#### **National**

1. **N.K. Mungreiphy**. ‘Health outcome of Socioeconomic and Lifestyle alteration: Study among the Tangkhul Naga males of Northeast India’ Chapter in book entitled, “North-East India: Issues and Challenges” 2019; pp 137-150. Bookwell Publications, Delhi.
2. **N.K. Mungreiphy** and Somishon Keishing. Socio-demographic correlates of lifestyle diseases. Chapter in book ‘Anthropology and Health’ edited by Rashmi Sinha. 2019. Rawat publication, New Delhi
3. **N.K. Mungreiphy**. ‘Health Impacts of Globalization among Tribals of North East India’ Chapter in book entitled, “Globalization of Indian Tribes: Past, Present and Future Dynamics”. 2019; Pp 87-92. Bookwell Publications, Delhi.
4. **N. K. Mungreiphy**. “Unit 5: Contemporary Arenas in biological anthropology”. Course Materials for BA (G) Anthropology, IGNOU; Course: Fundamentals of Biological Anthropology, BANC- 132, Block 1: Introducing Biological Anthropology (Published by Director, School of Social Sciences, IGNOU, New Delhi. 2019
5. **N. K. Mungreiphy**. “Unit 4: Relationship and Applications of Biological Anthropology”. Course Materials for BA (G) Anthropology, IGNOU; Course: Fundamentals of Biological Anthropology, BANC- 132, Block 1: Introducing Biological Anthropology (Published by Director, School of Social Sciences, IGNOU, New Delhi. 2019
6. **N. K. Mungreiphy**. “Unit: Origin of modern humans”. Course Materials for Anthropology, IGNOU; Course: Fundamentals of Human Origin and Evolution Block 1: Homo erectus to Modern Homo sapiens (Published by Director, School of Social Sciences, IGNOU, New Delhi. 2018
7. **N. K. Mungreiphy**. “Unit 3- Forensic Anthropology”. Course Materials for Postgraduate Diploma in Forensic Anthropology, IGNOU; Course: Understanding Forensic Science through Anthropology, Block:1 Introduction to Forensic Anthropology. (Published by SOSS, IGNOU, New Delhi). 2018
8. **N.K. Mungreiphy**, Meenal Dhall, Satwanti Kapoor. Habitual Physical Activity, Body Composition and Cardio-respiratory Health: Study among Rajput Women of District Kangra, Himachal Pradesh. In Book entitled, ‘Human Growth and Nutrition: A Biocultural Synthesis’ edited by Rajesh K. Gautam and Prasanna K., Patra Kalpaz Publications, Delhi. Pp 177-199. 2016.
9. **N.K. Mungreiphy**. P04-Indian Anthropology. M-01: Approaches to the study of Indian society, culture and civilization. e-PG Pathshala. 2016: pp 1-15.
10. **N.K. Mungreiphy**. Paper: P04. Indian Anthropology. M-14: Definition and identification of tribe/scheduled tribe. e-PG Pathshala. 2016: pp 1-11.
11. **N. K. Mungreiphy**. “Definition, concepts and historical background of physique and constitution”. Study Materials for Master in Anthropology (M.A.), IGNOU; MANE-002 Human Growth and Development; Unit 1 of Block 7: Human Physique. 2012.
12. **N.K. Mungreiphy** and Satwanti Kapoor. “Emerging epidemic of obesity: Health consequences, assessment and its implications”, In ‘Obesity: A multidimensional approach to contemporary global issue’ edited by Sinha R and Kapoor S. Dhanraj Book House, New Delhi, 2009, pp 208-219.
13. **N. K. Mungreiphy**. “Obesity and Overweight among the Tangkhul Nagas of Manipur”, The Legacy, 2008, Vol 6 (6), pp 16-20.
14. **N. K. Mungreiphy** and Satwanti Kapoor. “Prevalence of Overweight and Obesity among Tangkhul Naga Women of Manipur, North East India”, Research Proceedings in Anthropology, Published under UGC- SAP, Department of Anthropology, University of Delhi. 2008, pp 99-114.

<b>Seminars/Workshops/ Conferences Attended</b>	<b>National - 17</b> papers presented in National Seminars/Conferences
	<b>International - 4</b> papers presented in International Conferences