

AMITY UNIVERSITY

CHHATTISGARH

(ESTABLISHED UNDER THE CHHATTISGARH PRIVATE UNIVERSITIES (ESTABLISHMENT AND OPERATION) (AMENDMENT) ACT, 2014)

POLICY FOR THE CENTRE FOR GUIDANCE AND COUNSELLING

AMITY UNIVERSITY, CHHATTISGARH

POLICY FOR THE CENTRE FOR GUIDANCE AND COUNSELLING

Title	:	Policy for the Centre for Guidance and Counselling
Authority	:	Registrar, Amity University Chhattisgarh
Purpose of this Policy	:	The Amity Centre for Guidance and Counselling (CGC) aims to provide comprehensive support to students in their academic, personal, and career development.
Date of Incorporation	:	14 July 2023
Date of Review	:	Once in three years. This can also be reviewed as per the requirements of University

1. Purpose

The Amity Centre for Guidance and Counselling (ACGC) aims to provide comprehensive support to students in their academic, personal, and career development. The services offered by ACGC are intended to support students' social, intellectual, and personal development. The role of ACGC is to ensure the personal, psychological, and social well-being of students. They can meet professional counselling psychologists to discuss their personal concerns and issues. This policy outlines the framework for services offered, ensuring a safe, inclusive, and confidential environment.

2. Vision

To provide a comprehensive, developmental counselling programme that addresses the academic, personal, social and emotional needs of students to make them mentally strong as overall well-being of students is of utmost importance.

3. Objectives

To offer professional counselling services that address the mental, emotional, and social well-being of students.

To provide career guidance that helps students explore academic and professional opportunities.

To foster personal development and resilience through workshops, seminars, and individual support.

To promote a culture of awareness regarding mental health and well-being within the university community.

To ensure their success, happiness and well-being.

4. Services Offered

Individual Counselling: One-on-one sessions to address personal issues, stress management, and mental health concerns.

Group Counselling: Facilitated support groups for students dealing with common challenges.

Career Counselling: Services that include career assessments, resume building, interview preparation, and job search strategies.

Workshops and Seminars: Regularly scheduled events on topics related to mental health, personal development, and career planning.

Crisis Intervention: Immediate support for students in distress or facing emergencies.

5. Confidentiality

All counselling services are confidential. Information shared during counselling sessions will not be disclosed without the student's consent, except in situations where there is a risk of harm to the student or others, or as required by law.

6. Accessibility

The ACGC shall ensure that services are accessible to all students, including those with disabilities or from diverse backgrounds. Efforts will be made to provide resources in multiple formats and languages as necessary.

7. Staff Qualifications

All counselling staff must hold relevant qualifications and licenses in counselling, psychology, or related fields. Continuous professional development will be encouraged to maintain best practices.

8. Referral Services

The ACGC may refer students to external services or specialists, when necessary, especially in cases requiring intensive support or treatment beyond the scope of the Centre.

9. Evaluation and Feedback

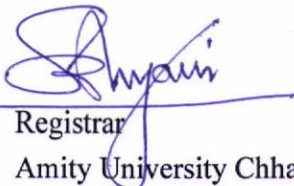
The ACGC will regularly assess the effectiveness of its services through student feedback and outcome measurements. This information will be used to improve and adapt services to better meet the needs of the student population.

10. Promotion and Awareness

The Centre will engage in ongoing efforts to promote its services through campus-wide communication, including orientation sessions, workshops, and informational materials.

11. Policy Review

This policy will be reviewed once in three years or as decided by the competent authority, and necessary amendments will be made to ensure its relevance and effectiveness.


Registrar
Amity University Chhattisgarh

